



January Outreach Challenge

2014

From the outreach committee

211 / United Way

Here we go Nar-Anon Families,

A new year and new challenges to get us started off. This one is a little known place that people go for help or assistance for services in their community. It is a vital link for us because there are no services like what we offer in the community. Have you ever donated or heard of United Way? Or 211? They are a 24/7 connection to resources in the community.

Call 211 or go to the website; <http://www.211helps.org/> Ask for help or search help for: "Help for Family of addicts." Do this for your area, you can use your zip code or your city and state. You will see a list of some of the ways 211 helps people everyday. With basic needs, physical and mental health resources, job programs, support for seniors and those with disabilities, support for children, youth and families, as well as disaster and weather. Under the physical and mental health resources is a category for support groups. That is where we fit in.

Now when you are on the find help page; <http://mo2-1-1.bowmansystems.com/> [This one being for my area, St. Louis, Mo.] On the top center of the page there are three links, click the one on the right;" **Get Listed** " This will take you to a page that will explain how to apply. #2 on the list will take you to the **New Agency Survey Form-Form #1**

- Make sure you list your group first. [Use the WSO later in the forms.]
- Use a mailing address that can be reached every three years.
- Use someone's phone number that can be contacted in case they have questions.
- Also have an alternate contact phone and contact email address ready.
- On form #2 list other group/s in your area.
- Next form fill out a description of our service. We are a self-help family group. You can download files that will help them understand what we offer. You also can give links to our regional and WSO websites to help them fully understand all we have to offer.
- Then submit form. It will take them about a month or so to get back to you after they research our organization.

I have spoken personally with the person in charge of new listings and they are in need of our resources. When they give help for any of their services, they also add three other services that they deem the applicant might need. They update the services every three years, odds are Nar-Anon is not listed. We all need to be on these lists for each area. This is a place people go seeking help.

◆ If you need any help with this challenge contact; outreachmidwest@yahoo.com We will be glad to help you through it.