



# Nar-Anon Midwest Region

## MARCH OUTREACH CHALLENGE

### 2014

From the outreach committee

School counselors

Greeting NFG's,

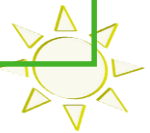
Spring is upon us with the long cold winter the school year will be extended. This month we are going to reach out to the schools. We are going to visit the counselors and principles (in middle & high schools) to inform them of Nar-Anon; letting them know there is a resource for the family and friends of addicts.

Each visit will only take about 5-10 minutes of their time. We just want to let them know we are out there. If they run into a situation concerning addiction they can have some literature to give them and that there is a resource out there.



We recommend you leave 6 of each: (all white literature from the outreach packet) Your Local Meeting Lists, What is Nar-Anon, To the Concerned Family Member or Friend, An Open Letter to My Family, Affected by a Loved One's Addiction.

You may also want to print out this "information about Nar-Anon general letter" to leave with them. <http://www.nar-anon.org/naranon/sites/default/files/O-404-12-04-25-Letter%20Information%20About%20Nar-Anon.pdf>



- ✓ Always keep Nar-Anon Traditions in mind when doing outreach.
- ✓ Don't forget to keep a list of places you have been to.
- ✓ Remember to check places you have been before and refill as needed.
- ✓ Don't forget to update postings on Craig's list, EBay and local cable providers.

Visit our website to see changes and the members section to keep up to date on all that is going on. <http://www.naranonmidwest.org/>

If you have any questions or need any help with outreach feel free to contact the outreach committee @ [Outreachmidwest@yahoo.com](mailto:Outreachmidwest@yahoo.com)

GSR Teleconference is on the third Saturday of the month at 9 AM. Please attend.

*Spring is the season with the greatest growth for us. Between January and the end of the school year is when the families have the most time to check out our family group meetings. It is so important to get the word out now. By having the literature out there they can find our groups. Nar-Anon does not advertise. It is only by outreach and word of mouth that we can bring in new members and grow!*

If you accept the challenges, put them in place the group will grow. The members that help put out literature will be doing service (step 12) and paying it forward.