



NAR-ANON MIDWEST REGION



APRIL 2013 Outreach Challenge

Hello Nar-Anon Family,

April showers remind me of the tears that we all shed over our addicts. We need to keep doing outreach to let others that are searching for the help they need find our group meetings. Some of us have been sick this winter and have been to see the doctor. Some of us visit a doctor on a regular basis. Those that have to deal with someone suffering with the disease of addiction also visit the doctor. A doctor's office is a good resource.

Doctor's Offices

This month's challenge is to put meeting lists, and literature in DOCTORS Offices.

We recommend your group place; 4-What is Nar-Anon.
6 - Affect by a loved ones addiction? Nar-Anon offers hope.
Place the local meeting lists inside each brochure.
Along with any other outreach literature from the WSO website
<http://nar-anon.org/naranon/catalog/949> your group decides is appropriate.



So on your next visit to the doctor, or just stop by and bring some of our literature in with you. Ask the receptionist if they you can place some literature in the waiting area. A lot of times you will need to speak with the office manager. Some times they will have you ask the Dr., but they have not denied me yet.

We have all sat in the waiting room and just picked things up and read them. It's a good way for us to bring attention to Nar-Anon and to give other families a place to find some help.

Now that it has warmed up and we are going to be out and about, we should put some of our meeting list and literature in our glove box.

Check out our regional web site @ www.naranonmidwest.org

- ✓ Don't forget to keep a list of places you have been.
- ✓ Remember to check places you have been to before and refill as needed.
- ✓ Always keep the Nar-Anon traditions in mind when doing outreach.