



Nar-Anon Midwest Region



JUNE OUTREACH CHALLENGE 2013

From the outreach committee

Treatment centers

Here we are again NFG's,

Father's Day is this month. What do most fathers do? If there is a problem we fix it. If you have a drug problem, we'll get you some professional help and send you to a rehab facility. That was my first option, but it was at Family Night when we listened to some members of an Al-Anon group that I learned of Nar-Anon. We need to get into those facilities and let people know we are there for them. Some facilities are looking for just this kind of help for the parents and they are willing to work with us.

Now this challenge is not going to be easy! This one is going to be the most complicated one you will ever do. It's also the one you will address the people who need us the most. You get the largest return for your efforts. (If you are behind in challenges you can skip this one and work on getting caught up but save it for when your group is willing and able to do it. Nothing says you can't make calls and send letters now. It takes a while to get in and talk to the right people.)

Let's get the word out there where we're needed!

This month we are going to target the rehab and treatment facilities. For research, many of us know of the ones our own addicts have been to. We can look up drug treatment centers in the yellow pages as well as at YP.com. We can also use SAMSHA at www.findtreatment.samhsa.gov to find local treatment centers in your area. There are more than you think out there. I have 31 facilities within a 20-mile radius of me.

We suggest handing out; Meeting Lists For Your Local Area, To The Concerned Family Member, Open Letter, Nar-Anon Offers Hope, as well as some information for treatment facilities. It is up to you to decide how many to leave at each facility. Keep in mind these are the people looking for our help.

Also attached you will find a letter "To Treatment Centers" put out through the outreach folder. When you get a contact name, you should mail this to them along with some literature.

In a later challenge we will be aiming for doing the presentation at some of the facilities. That contact person is important to further outreach.

This contact is a very important one for outreach. There are many treatment facilities that offer a program for families, in which the families get a session before visiting the addict in treatment. Outreach committee members may go into these facilities to present information about the Nar-Anon program and share their stories of recovery in these family sessions. *(It is suggested that two or more members attend these events, as no one person should be a representative of the Nar-Anon Family Group Fellowship.)* We also need to get contact information from these facilities, which is usually the Program Manager.

Presentations may vary depending on the location. It is important to include local meeting lists, outreach literature, website address and local contact information. It is suggested to allow a question and answer period at the conclusion of each presentation.

NOTE

We are dealing with professionals. They don't normally deal with someone who does not give them their name. There is going to have to be phone calls, mailings and e-mails sent. One member is going to have to leave their full name & phone number, as well as a return address on the letters. I have dealt with them for quite sometime and without the info they just throw the info in the trashcan. *(Although we want to keep the traditions of Nar-Anon in mind when giving information, we must also be willing to give information we don't normally give in order to reach addicts and families that need us.)*

If you are having any problems or concerns with this challenge, please feel free to contact the Outreach Chairperson.