## MIDWEST REGION OUTREACH

## August Monthly Challenge

Hello NFG's, August 2013

Here we are again, another monthly challenge on the hottest month of the year. No one wants to be out in the heat more than they need to. So in order to keep things simple, we are going to be posting our meetings on Craigslist weekly.

This is something that members can do in the comfort of home and *do step 12*. Doing *service* not only helps the person doing it, but also helps others affected by the disease of addiction.

A simple posting that can be placed on Craigslist. Craigslist will email you a link to the post in which you will be able to repost and update weekly. There are a whole lot of people that use Craigslist so we will be reaching out to people that are looking for some kind of meeting or group to go to.

On Craigslist, top left corner. Click on "post to classifieds."

Next page click on "Community." Then "continue."

Next page click on "Groups." Then "continue."

Next page "fill out your post." Then "continue."

You can up load a picture or not.

(We posted a pic of our meeting sign to have something visual for them to see and get use to seeing our logo.)

Then click "done with images."

Then click "publish"

They will send you an email confirming the post and a link to managing the ad.

That way it is simple to repost the same ad weekly or edit as needed.

\* Always keep Nar-Anon traditions in mind when doing outreach.

A sample posting is here; http://stlouis.craigslist.org/grp/3933109546.html

Remember to check the places you have been to before and refill as needed. Keep a list of places you place the literature so you can keep them filled. Don't forget to update your Craig's list posting.