



2017 MWR Nar-Anon Annual Assembly Minutes

When: Saturday, October 28, 2017
Hilton Garden Inn
Olathe, KS

I. A. Welcome from Host Committee: *Theresa and Rod*

B. Assembly Called to Order: *Cyndee, Chair*

Serenity Prayer: All holding hands

Stacey H., Shawnee, K. read, "About Addiction"

Voting Members in Attendance:

AR Van Buren	Karen S
IL Elmhurst	Cathy C
IL Evanston	Sam B
IL Homewood	Bill S
IL Rockford Thurs	Sherry R. (Substitute)
IL Rockford Tues	Jan F
IL Vandalia	Leanne B
IL Villa Park	Christina G
KS Leawood	Rose H
KS Shawnee	Roberta H
KS Topeka	Ginny P
KS Wichita	Regina B
MO Chesterfield	Debbie S
MO Pleasant Valley	Kathy S
OK Tulsa	Victoria P
MO Maryland Heights	Laura D

II. State of the Region: *Cyndee, Chair*

- A. There were 60 meetings located in the Midwest Region's 5 states; Oct., 2016.
2 meetings were added as of Oct., 2017, and thus, MWR now encompasses 6 states.
There were 13 new meetings, but 11 meetings closed; more than in any other year.
(Many of these were *new* meetings that closed w/in first 150 days.)
- B. 2016-17 Midwest Region Goals/Priorities
 1. Creation of a Family Group Meeting Resource
Guest Speaker Guidelines; written by Ruth and Theresa
 2. Increase GSR participation: the RSC created "Touch 'n Talk"
This was not successful, so... Alternative approach = Mentorship program
Active Engagement? Yes, increased #GSRs who participate in monthly calls,
("open mike" = GSRs 10-15 min at monthly calls' end)
Increased attendance at Annual Assemblies



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3. Raise the level of Volunteerism – hasn't changed since 2016
Please fill out form; "Where am I willing to serve?"
This may become a priority for 2017-18 Assembly, TBD by the Assembly
Cyndee closes this presentation, and her tenure as MWR Chair, with Gratitude.

III. Proposed 2018 Budget: *Rod S, Treasurer*

Revenue: \$4,500.00 and Expenses: \$4,500.00

MOTION: The Midwest Region accepts the budget for 2018 as proposed

Motioned by Bill S., Homewood, IL

The motion was seconded and a vote was taken as follows

Voting members:

Yes - AR Van Buren - Karen S

Yes - IL Elmhurst - Cathy C

Yes - IL Evanston - Sam B

Yes - IL Homewood - Bill S

Yes - IL Rockford Thurs - Sherry R. (Substitute)

Yes - IL Rockford Tues - Jan F

Yes - IL Vandalia - Leanne B

Yes - IL Villa Park - Christina G

Yes - KS Leawood - Rose H

Yes - KS Shawnee - Roberta H

Yes - KS Topeka - Ginny P

Yes - KS Wichita - Regina B

Yes - MO Chesterfield - Debbie S

Yes - MO Pleasant Valley - Kathy S

Unanimously approved: 14 yes – 0 no – 0 abstain

Surprise performance by Judy, Shawnee, KS and the "Crazy Co-Dependents 2"

"I'm a believer...I'm at peace...Fear was out to get me..."

IV. Webinar: *Rod S, Webmaster*

A. Walk-through; Password protected, etc. for Midwest Region

Avg hits prove increased visitors; for 2016/17: we had 25-30 visitors/day

ROD offers to assist anyone interested in creating a website for your State,

i.e., Meeting minutes of the Regional Committee, updates, member stories.

Please alert Rod if, and when, NFG meeting changes date/time/opens/cancels

IV. B. WSO website

Intro to and explains how to access and use "Nar-Anon.org"



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i.e., Menu bar, “newcomers” dropdown box; click on “Forum” to read posted shares and also to find an on-line Nar-anon meeting
Q?A Group Wide: Candy prizes!

V. World Service Organization Report, Ruth M., Delegate

2018 World Service Organization Conference will be attended by;
Midwest Region Delegate, Ruth M., Elmhurst and Alternate Delegate Theresa, KS

1. History of Nar-anon
2. History of Midwest Region of Nan-anon
3. Why a GSR? Connection vs. Isolation
4. What is the role of RSC to the groups in Midwest Region? Inclusion vs. Isolation
5. How and why do we serve? Traditions 1 and 2
6. Why do we send a Delegate and Alt. Delegate to WSO?
7. World Service Conference: our story and motions in the past
8. *Together is better*: seeing our higher power at work in the whole picture.

A very brief history of 12 step Recovery:

1918- Lois married the founder of Alcoholics Anonymous, Bill W.

1934- Bill had a spiritual awakening in an institution, which began “Recovery” as we know it.

1936- Al-Anon was started partly by Lois W. (1951 was first Alanon WSC);

1968- Nar-anon asks permission to use Alanon’s Lit, 1968.

1971- In Southern California, Nar-Anon became a legal entity which is where the World Service Organization offices came into being in 1976, and are currently located.

1972- The “3 C’s” originated from Al-Anon, but were adopted by Nar-anon.

2006- First World Service Conference (WSO) of Nar-anon- this event has occurred bi-annually since that time- At the WSC the Midwest region gives back to Nar-anon as a whole in sending a delegate and alternate delegate who carry the voice and vote of our region. Fellowship literature is revised and conference approved. Service Literature and Service Guides are prepared and approved for the fellowship of Nar-anon.

VI. Elections, Voting and Formal Results: Cyndee, Chair

A. RSC elections:

Chair:

Dale - no new nominees from floor -positions uncontested

Vice-Chair:

No nominees



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Position Open

Secretary:

No candidate - Cathy C added name to slate - position uncontested

Outreach Committee Chair:

Leanne - no new nominees from floor - position uncontested

Convention Committee Chair:

Victoria - no new nominees from floor- position uncontested

Nara-teen Committee Chair:

Kathy S - no new nominees from floor- position uncontested

Ballots were distributed to all voting member of the Assembly and votes were cast to elect the nominees to the Regional Service Committee positions listed above - all positions unopposed

Send Delegate and Alternate Delegate to WSC

MOTION: Will the Midwest Region support sending both the Delegate and Alternate Delegate to the WSC 2018?

Voting members:

Yes - AR Van Buren - Karen S

Yes - IL Elmhurst - Cathy C

Yes - IL Evanston - Sam B

Yes - IL Homewood - Bill S

Yes - IL Rockford Thurs - Sherry R. (Substitute)

Yes - IL Rockford Tues - Jan F

Yes - IL Vandalia - Leanne B

Yes - IL Villa Park - Christina G

Yes - KS Leawood - Rose H

Yes - KS Shawnee - Roberta H

Yes - KS Topeka - Ginny P

Yes - KS Wichita - Regina B

Yes - MO Chesterfield - Debbie S

Yes - MO Maryland Heights - Laura D

Yes - MO Pleasant Valley - Kathy S

Yes - OK Tulsa - Victoria P

Final tally: 16 yes – 0 no – 0 abstain

Vote of confidence for Delegate and Alternate Delegate

MOTION: Do you support giving your Vote of Confidence to the Delegate and Alternate Delegate at the WSC 2018?

Voting members:

Yes - AR Van Buren - Karen S



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Yes - IL Elmhurst - Cathy C
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VII. Host Committee Game: “Getting to Know You!”

VIII. Workshops

- A. The Family Members in Crisis
- B. Growing healthy member, healthy meetings and healthy groups: *We do recover. Slowly new persons emerge. Change is taking place.*
- C. Making a Nar-anon Family Group Outreach Plan

IX. Chair and GSRs: Set Region goals for Nov. 2017-Oct. 2018

X. Evaluation and Raffle Drawings

Respectfully submitted by Janis