

# Midwest Region 4<sup>th</sup> Annual Assembly Business Meeting Minutes

## **"Winds of Change"**

*October 19, 2013*

Opening comments by Chairperson. Serenity Prayer recited en masse and lead by Delegate. Traditions and Concepts of Service read by group members.

### GSRs, Alternates and Substitutes in Attendance:

Elmhurst, IL Ruth M and Dennis S  
Glen Carbon, IL Kelly S  
Homewood, IL Bill S  
Naperville, IL Dick K  
Kansas City, MO Rod S  
Maryland Heights, MO Joseph L  
Rockford, IL Beverly (substitution form collected)  
Shawnee, KS Karen L (substitution form collected)  
Munster, IN Olivia (substitution form collected)

### RSC Members in Attendance:

Chairperson  
Vice Chair  
Treasurer  
Secretary  
Delegate  
Outreach Committee Chair

GSR Introductions. Each attending GSR shared briefly on their NFG and what they are currently working on.

### Reports

- Chairperson. Personal comments regarding her journey in service. '7 Deadly Needs': These needs can come between an individual and service (for a copy, please contact Luanne K directly). Nar-Anon is not only a 'me' program but is a 'we' program. She has experienced growth through her two years of service as Chair while the region has grown as well – and extends her thanks for the opportunity.
- Vice Chair. Nar-Anon has been a life saver for her personally. She has experienced growth and thanks those that have been.
- Secretary. Provided background on entry into service. Reviewed role responsibilities. Encouraged anyone interested in serving on the RSC to approach members individually with questions. Challenged group to serve.
  - September Minutes. Electronic copies sent out prior to the meeting. Hard copy available at the meeting. Minutes were approved unanimously without changes, corrections or amendments.

- Treasurer. Provided insight as to why she chose to serve and continues to do so. 'I serve because I want to give away what has been so freely given to me. I serve because I want to be a guardian of the Nar-Anon program.'
  - Treasurer's Reports. Ending balance (as of Oct 15, 2013): \$4,508.61.
  - Proposed Budget 2014.
    - RSC proposes an increase of approximately 10%
    - It is proposed a line item be added (new for 2014): WSO Donation
    - Discussion
      - Last year GSRs voted to define prudent reserve as 10% of the total budget.
      - MOTION: Midwest Region should send \$350 to WSO. Seconded. Floor opened for discussion. It was questioned as to the advisability of sending money to WSO at this time as there continue to be outstanding expenses. It was shared that some groups are donating directly to the WSO. Unfortunately we have no idea how much. It was shared that we currently have outstanding expenses. We need to have a full budget plus 10%; any funds that exceed that amount should be sent to the WSO. Midwest Region did not meet the 2013 Budget (collections were less than the regional budget). AMENDED MOTION: At the end of the year, with full year expenses and revenues accounted for (to include all Assembly related expenses), a balance that exceeds our prudent reserves will be sent to WSO (up to a limit of \$350). The AMENDED MOTION PASSED UNANIMOUSLY.
      - Treasurer's Report. MOTION TO APPROVE. Unanimously APPROVED as presented.
      - 2013-2014 Proposed Budget. MOTION TO APPROVE budget of \$5,695.00. Unanimously APPROVED (8 yes votes).
- Delegates Report
  - Shared regarding her personal journey to service. 'If I had waited to begin service on my terms, I wouldn't be serving now.' 'Service is helping me find my voice.'
  - Number of groups as of Oct 2013: 34
    - IL – 14 groups (2 new meetings (Pekin and Glenview))
    - IN – 8 groups (1 new meeting (North Vernon), 1 closed (Lebanon))
    - KS – 4 groups (1 new meeting (Topeka))
    - MO – 8 groups
  - World Service Committee Conference, May 2 – 5, 2014
    - Attended by Delegate and Alternate Delegate
    - Meets every two years in Torrence, CA
    - Meeting of Delegates, Alternate Delegates, Committee Chairs (10 – 12 functions represented) and Board of Trustees and WSO Staff
    - CAR Report – will be issued December 3, 2013
      - Will include all the motions to be addressed at the WSC

- December 31, 2013 – Regions have to formally inform the WSO of their intention to participate and must pay equalized expense sum for their participants.
  - February 1, 2014 – CAT Material (service literature) will be distributed
  - March 3, 2014 – Deadline for submission of regional reports and minutes
  - April 2, 2014 – Agenda is distributed to attendees
- Materials with Copyrights. Take care to insure any literature that is photocopied is notated on the piece 'approved for photocopying' or anything that is downloadable. Handbooks from committees can also be photocopied.
- Outreach Committee Chair Report
  - Review of some of the conventions supported by the Midwest Region in 2013
    - 'The Journey Continues', Chicago, IL
    - 'Cabin Fever', Lake of the Ozarks, MO
    - 'Flight to Freedom', Lake Carlisle, IL
- Web Site Committee Chair Report
  - MWR Web Site Summary document available for those desiring additional detail (contact Rod S for document)
  - 4516 hits in 6 ½ mos
  - Most visitors come to our website via the Google search engine or via nar-anon.org
  - Solicited contributions to "Member Share" page. Answer the questions 'why do you keep coming back?' and 'what does Nar-Anon do for you'? The following attendees committed to submit a contribution:
    - Jan F
    - Ruth M
    - Donna
    - Beverly
    - Christine
  - If anyone would like to use a nar-anonmidwest eMail address, as opposed to using their personal account, contact Rod S directly
- Election of New Officers
  - Positions are two years in length as determined by vote in the 2012 Assembly
  - Terms have been purposefully set in such a way as to stagger terms so that at no point will the entire RSC membership be new in their roles.
  - Discussion from the floor as to the history of chairperson. There was a point of difference between the chairperson and the GSR on the floor. There was further discussion as to how the chairperson role is filled when they roll off the committee. Does the vice chairperson automatically fill the position or is there a vote before the Assembly? Consensus that vice chair term in this situation would be for a single year.
  - Chairperson – Tonia (5 yes, 1 abstain, 1 no)
  - Vice Chairperson – Cyndee
  - Treasurer – Open
  - Secretary – Open
  - Alternate Delegate – Ruth M

