

## Midwest Region June GSR Teleconference Minutes

Sat, June 18, 2016 9:00am Central

**Call to Order:** Chair, Cyndee

**Serenity Prayer:** led by Alternate Delegate, Theresa

Tradition 6 & Concept 6: Chair

**Roll:** GSRs in attendance: Rose (Leawood, KS)  
Ilene (Schaumburg, IL)  
Don (Willow Spring, IL)  
Valerie (Rogers, AR)  
Dian (representing Des Peres, MO)

RSC Members: Cyndee (RSC Chair)  
Rod (RSC Treasurer and Website)  
Dian (Conventions)  
Ruth (Delegate)  
Theresa (Alt. Delegate)

**Approve Minutes:** None available to approve at this time.

Chair reported that our secretary, Shannon, resigned 2 weeks ago due to personal hardship. She asked that we hold Shannon close in our thoughts. Anyone who is interested in filling the interim secretary position to *please contact Cyndee directly.* [cyndee.davies@yahoo.com](mailto:cyndee.davies@yahoo.com) tel: 314-609-1036

**Finance report:** Finance Chair, Rod

Starting balance May: \$1,312.01 Revenue: \$1,216.39 Expenses: \$42.95 Ending balance: \$2,485.45  
Alligare Donation Account: \$2,011.24 Total Resources Available: \$4,496.69 Refer to treasurer's report email 6/13 for additional detail.

**Outreach Committee Chair:** Absent. No report.

**Conventions:** Convention Committee Chair, Dian

Conventions Document updated. Refer to Event Calendar email 6/16. Upcoming events are also listed on the [naranonmidwest.org](http://naranonmidwest.org) website calendar.

**Website:** Webmaster, Rod

Hosting contract has been renewed. Rod has requested assistance from web service to repair a small problem with the calendar window. When clicking the closing x, it brings all things calendar up, instead of closing down. The easy fix for this, while we wait a permanent solution, is to simply refresh your computer screen.

**Delegate Report:** MWR Delegate, Ruth

Literature approved by the World Service Conference is now in the hands of the Literature Committee. There is no definitive schedule for new literature publication, however, the new 1-12 Step Study book is anticipated to be available in July. The *Boundaries and Consequences* pamphlet and the *Sharing Recovery* (the Serenity Connection Collection) book are now available at the web store on the World Services website, [naranon.org](http://naranon.org). If you have not visited the website lately, you are urged to do so. Recovery and Outreach literature is available there for very reasonable prices.

**Alt. Delegate Report:** Theresa

Save the date for New Perspectives NFG Fall Retreat on Sat. Sept 17. KC, KS Flyers coming soon.

**Assembly Host Committee Report:** Chair (Dale, Chesterfield, MO GSR and Assembly Host Committee Chair, absent)

**Old Business**

- **2016 Midwest Region Annual Assembly**

- Save the date: Sat, Oct 15
- Theme: "Gateway to a New and Better Way"
- Breakout Sessions, Workshops, Panel discussion topics in need of ENTHUSIASTIC volunteers!
  - Keeping meetings healthy
  - Keeping members coming back
  - Welcoming newcomers
  - Sponsorship/Share partners
  - Service traditions
  - Outreach

Host Committee Chair's goal is to have all major metropolitan areas within the region represented as leaders on these topics. He is looking for people who are willing to serve and have some positive recovery time. Please contact Dale directly if you, or your group, want to choose one of these topics and come up with an interesting, useful and interactive presentation. These topics can be approached in any way you can imagine. Dare to take a risk! Open your minds and consider this a real growth opportunity!

- Housing

We are ever mindful to keep the Assembly affordable for attendees. The hotel room block in is the Holiday Inn Airport West, Earth City, MO, a 12 - 15 minute drive from this year's assembly site, The United Hebrew Congregation. 2 Queen beds per room at \$95 per room per night. The Assembly registration form is in development and will be sent out soon. Registration is typically \$20-30. A catered group meal on Sat eve will be offered at an additional cost of \$15 per person and includes beverage (wine as well as soft beverages), a three-course meal and entertainment. Most attendees from out of the area stay for 2 nights, Friday and Saturday, arriving after work on Friday and leaving before noon on Sunday.

- Alternate Housing

In an effort to remove all barriers to attend, members of the hosting NFG, "To Life", are opening their homes to those travelers who wish to use this option. No hotel fee will greatly reduce the cost to attend. We are grateful to the hosting group for this selfless act of service and benevolence. *Please contact Dale directly for in home placement.* 636-346-8665 [2lifetoday@gmail.com](mailto:2lifetoday@gmail.com)

**New Business**

**Raising your Hand to Serve/ Service at the Region level: A share by Convention Committee Chair, Dian**

- Testimony of moving from family group service to regional service.

Highlights included her awe and gratitude for all the thought and effort that goes into service on all levels. Sometimes we just don't know what to do to help. Early on, Dian entered service, not with reluctance, but with fear and the uncertainty of knowing what was expected of her. She questioned

whether she was worthy, whether she had the skills required for service. She has found over time that others serve us not by helping us fix our addicts, but by helping us fix ourselves. We get “shored up” by others. Although we start out alone, we become part of something big, then bigger still- a family, worldwide, that is built on shared experiences, strength and hope. Service starts with a spirit of giving, all that time and support and experience that was given to you, and in that same giving spirit, you want to give back for all you have received. We do that by showing up to a meeting, by stepping up when someone is suffering, by opening up when your own heart is broken, by setting up the meeting space, by chairing a meeting, by carpooling to an event. Service is a “we”, not an “I”. Sometimes we serve, and sometimes we are served. We are all in this together.

### **2016 Midwest Region Assembly Elections**

- **RSC Positions up for Election - Filling the Ballot**
  - Vice-Chair (Refer to p6-1,6-2 GLS for job description)
  - Treasurer (Refer to p6-2,6-3 GLS for job description)
  - Secretary (Refer to p6-2 GLS for job description)

These roles require WILLINGNESS, not experience. We are still a relatively new region. If you have interest in any of the above roles, individuals having formerly held these positions are happy to answer your questions, just ask. Individuals holding these positions in the past are willing and prepared to mentor any incoming member to facilitate an easier transition. If you are interested in seeking any of these positions, please contact an RSC member.

### **GSR “Open Microphone” What’s on your mind?**

- Drop off in attendance and participation possibly due to one needy member who keeps run on conversation all about her.

Responses: Refocus on the keeping meetings healthy introduction, esp the 3-5 mins to share. Say things positively, but slip in a reminder about group conduct. Explain to newcomers what cross-talk is and how to avoid it, do a group inventory form at next meeting- allows for anonymous or public comments.

- Question on outreach literature that can be photocopied.

Responses: Naranon website naranon.org has a list of items that can be photocopied. Typically they are printed on white paper and are stamped with THIS MAY BE PHOTOCOPIED.

Call adjourned 10:05am.

Minutes submitted by Theresa C.