August 2016 Midwest Region GSR Teleconference Minutes

August 20, 2016

Chair opened call Alt. Delegate, Theresa, led group in recitation of the Serenity Prayer Chair read Tradition 8 and Concept 8

Attendees:

Groups:

AR Fayetteville, Elizabeth AR Van Buren TH, Karen IL Rockford Tues, Jan IL Springfield, Linda IL Vandalia, Leanne IN Indianapolis, Patty IN Munster, Diana KS Leawood, Rose MO Chesterfield, Dale MO Maryland Heights, Gwen

RSC Members:

Chair, Cyndee Treasurer/Webmaster, Rod Delegate, Ruth Alternate Delegate, Theresa Outreach Chair, Jim Convention Chair, Dian

Teleconference Minutes:

(<u>Archive of Minutes Available Here</u>) July 2016 approved unanimously.

Treasurer's Report (Rod):

(Archive of Treasurer's Reports Available Here)

Outreach Report (Jim):

September is "National Recovery" month so we will all receive an email with an attachment from the website: Outreach Challenge #7. (*Archive of Outreach Challenges Available Here*). Please contact Jim with any questions or suggestions!

Theresa: opportunity for Outreach is to participate in a "Health Fair" as she will be doing on Sept. 20th.

Ruth: will be distributing new, free, downloadable posters from the world service, naranon.org, found under "literature" for distribution to all and asking each member to take at least one and post it.

Convention (Dian):

New calendar will be available: September teleconference. Flyer sent to 100 people: Theresa's Retreat. Please contact Dian with any questions, suggestions, or updates

Website, Rod:

The Website Committee, Theresa, Rose, and Janis will edit and review website content

Delegate Report, Ruth:

New literature available: Steps 1-12 @ \$10.00 ea; Steps 10, 11, & 12 @ \$4.00 ea; and "Boundaries."

Update on Outreach and Step Literature Grant: (Rod)

Eligible groups have until the end of September to take advantage of the \$55 in free literature due to the Alligare gift. The list of eligible literature has been updated to include the new Step Books as well as color posters. Please note, GSRs attending the Assembly have the opportunity to pick up their literature order at the Assembly to avoid shipping costs.

Assembly Host Committee Report (Dale):

Need presenters for "Keeping Meetings Healthy" and "Sponsorship/Share Partners" Those who have volunteered please send a paragraph to the Host Assembly Committee (ie, Dale, Chesterfield, or Dian, Convention Chair) that previews what their talk will include. Reminder: The Assembly registration form has been emailed as an attachment prior to this meeting;

Thus far 4 RSC and 3 others have already registered. - Thank you!

Old Business:

- 1. Positions Open for Election
 - a. Vice Chair (special importance this Assembly election cycle) (Refer to GLS pp 6-1, 6-2 for job description)
 - b. Secretary (Refer to GLS pp 6-2 and 6-3 for job description)
 - c. Treasurer (Refer to GLS p 6-2 for job description)

New Business:

- 1. Interim RSC Member Process approved unanimously.
- 2. Vote of Confidence for Interim Secretary, Janis A., approved unanimously.
- 3. Midwest Region's "Fact Sheet"

The revised Fact Sheet was shared with GSRs. They were encouraged to review and share with their family groups.

4. A Journey into Service (Share by Rod S, KS):

"Nar-Anon has brought joy back into my life." As a new member, he offered to help create an Excel Roster because he knew how to do that. After 6 months, he was asked to be a GSR. He felt unworthy and suggested others who had more recovery might be a better choice.

Minutes for August GSR Teleconference Created and Submitted for Review by Janis A., Interim Secretary Page 2 of 3 But no one volunteered. Later, he became the webmaster, too. He stressed it is important to continue to attend meetings, work the program, and give back.

5. GSR "Open Microphone" Any suggestions on how to increase those numbers? Change the meeting day, Conduct meeting even if only 2 members; consistency Engage everyone in set-up, clean-up or leading Write a script for the lead, treasurer and secretary report and a Pass a calendar so that anyone can volunteer to lead. RSC can be of help too; please feel free to reach out to us.

The next call will be held Saturday September 17th, 2016. Call Adjourned.

Submitted by Interim Secretary, Janis A.