

# **Minutes of Midwest Region February GSR Teleconference**

February 18, 2017 – 9 am Central

Call to Order by Chair, Cyndee

Serenity Prayer: Led by Ruth, Tradition 2, Concept 2: Led by Cyndee

Attendees

*Nar-Anon Family Groups:*

AR Van Buren, Karen

IL Elmhurst, Janis

IL Homewood, Joanie

IL Maryville, Kevin

IL Rockford Tues, Jan

IL Schaumburg, Ilene

IL Springfield, Linda

IL Vandalia, Leanne

IL Willow Springs, Don

IN Carmel-Indianapolis, Barb

KS Leewood, Rose

KS Shawnee, Lori

KS Topeka, Jenny

KS Topeka, Sherry (new meeting)

KS Wichita, Regina

MO Chesterfield, Debbie

MO Maryland Heights, Gwen

MO Des Peres Cynthia

*RSC Members:*

Chair, Cyndee

Vice Chair, Dale

Treasurer/Webmaster, Rod

Interim Secretary, Janis

Outreach Chair, Jim

Convention Chair, Dian

Delegate, Ruth

Alternate Delegate, Theresa

## **Approval of January 2017 Teleconference Minutes (as amended)**

Motioned by Ilene; seconded by Linda

## **Financial Report: Rod, Treasurer**

MWR Beginning Balance: \$5667

Alligare Donation Program Balance: \$1516

General Fund's Ending Balance: \$7056

Above our Financial Needs: \$2350

## **Website Report: Rod, Web Committee Chair**

No new updates

**Outreach: Jim, Outreach Committee Chair**

News: Calling cards have been posted on website to be printed by NFG for outreach activities

**Conventions: Dian, Convention Committee Chair**

No new updates; Request for anyone w/info to let her know about it

**Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate**

No new updates

**Old Business**

GSR Gwen motioned the document, "Midwest Region Guidelines for Open Nar-Anon Speaker" be approved as written; seconded by Rose. MOTION UNANIMOUSLY APPROVED.

2017 Midwest Region Annual Assembly – Seeking a Host Family Group/s for  
Saturday, Oct. 21, 2017

**Service Opportunities**

- a. RSC Secretary (Refer to GLS pp 6-2 and 6-3 for job description)
- b. RSC Committee Membership
- c. Cyndee solicits GSR letters addressing what regional participation has meant to them, to their group that could be included with future "New GSR Welcome Packet"

**New Business**

GSR Question of the Month \*NEW\* Theresa, Alternate Delegate:

How do you determine who leads the meeting? Who selects the topic?  
GSRs contributed their experiences, thoughts and discussion ensued.

**GSR 'Open Microphone'**

Willow Springs IL GSR asked for experiences of others on NFG meetings that go beyond the typical 60 minute length

Carmel IN NFG seeks suggestions on how to address a member who engages in cross-talk, is negative and sometimes threatening. Group believes this member's behavior is discouraging newcomers from returning.

Next GSR Teleconference: Saturday, March 18th, 9AM Central

Minutes respectfully submitted by Janis A.,  
Interim Secretary