

Minutes of Midwest Region March GSR Teleconference March 18, 2017 9 am Central

Call to Order by Chair, Cyndee

Serenity Prayer: Led by Dian Tradition 3, Concept 3: Read by Cyndee

Attendees: *Nar-Anon Family Groups:*

AR Van Buren, Karen
IL Glen Carbon, Kevin
IL Homewood, Bill
IL Schaumburg, Ilene
IL Schaumburg, Terri
IL Springfield, Linda
IL Willow Springs, Don
IN Indianapolis, Patty
IN Richmond, Stephen
KS Shawnee, Lori
KS Topeka, Jenny
KS Topeka, Sherry
MO Chesterfield, Debbie
MO Des Peres, Cynthia

RSC Members:

Chair, Cyndee
Vice Chair, Dale
Treasurer/Webmaster, Rod
Outreach Chair, Jim
Convention Chair, Dian
Alternate Delegate, Theresa

Guest: Welcome!

OK Tulsa, Victoria

Approval of February 2017 Teleconference Minutes

Motioned by Sherry; Seconded by Linda

Financial Report: Rod, Treasurer

MWR Beginning Balance: \$5545

General Fund's ending Balance: \$7006

Alligare Donation Program Balance: \$1461

Above our Financial Needs: \$2085

Website Report: Rod, Web Committee Chair

Updated Roster; details deleted may be accessed on the Nar-Anon MWR website

Outreach: Jim, Outreach Committee Chair

September is "Recovery Month," sponsored by Substance Abuse & Mental Health Agencies. With help of Theresa & Ilene, Jim's concerns are about how to;

1. raise awareness of “Recovery Month”
2. has solicited the aid of IL Schaumburg, GSR Ilene to help create events around this in specific parts of the region, i.e., Chicago, Illinois area meetings
3. to the GSRs: please share any ideas you may have as to how to “celebrate”

Conventions: Dian, Convention Committee Chair

New Calendar of Conventions and Events; April-Oct, 2017 (available on website)

Delegate Report: Theresa, Alternate Delegate

No new updates

Old Business

1. How the RSC has addressed *2016-2017 Regional Priorities* of the GSRs
 - a. Guest Speaker Resources
“Midwest Region Guidelines for Open Nar-Anon Speaker Meetings”
 - b. Increase GSR Participation: floor open for suggestions and comments
 - c. MARCH Focus: Increase Member Volunteerism. Volunteerism is fun!

A: Attending events shows members that this is a national org/greater than NFG

RSC’s question to GSRs is, “What can GSRs do to increase volunteerism both within their meeting and/or in the Midwest Region?”

2. 2017 Midwest Region Annual Assembly – Seeking a Host Family Group/s
Any group with potential interest in volunteering to host the 2017 Assembly is welcomed to contact former Assembly Hosts for more detailed information

Bill S – Homewood IL 2013 Assembly Host Chair.

Janis A – Elmhurst IL. 2015 Assembly Host Chair.

Dale S – Chesterfield MO. 2016 Assembly Host Chair.

Midwest Region Website Assembly Resources available for review:
Go to “Member Services” (Password Protected: nmw13), “Midwest Region Assembly Information”

a. <http://www.naranonmidwest.org/wp-content/uploads/2014/03/6th-Annual-Assembly-A-How-to-Guide-Final-Report-1.pdf>

b. <http://www.naranonmidwest.org/wp-content/uploads/2013/03/4th-Annual-Assembly-Notes.pdf>

3. Service Opportunities

- a. Secretary (Refer to GLS pp 6-2 and 6-3 for job description)
- b. RSC is willing to consider alternative arrangements; Anyone raising their hand for regional service will have access to one or more mentors; Open service positions may be accepted on a trial (ie., 90 day) basis

New Business

GSR Question of the Month:

Do you ever do activities with other NFGs in your area?

Do you get together with group members outside a meeting?

GSR “Open Microphone”

An NFG seeks advice about where to find information to generate “shares” during meetings and how to access literature from which we can learn about Nar-Anon.

Next GSR Teleconference: Saturday, April 15, 2017, 9AM Central

GSR Teleconference Minutes respectfully submitted by
Interim Secretary, Janis A