

**July 2017 Midwest Region GSR Teleconference Minutes  
July 15, 2017**

Chair opened call, started tape  
Dian lead group in reciting of the Serenity Prayer  
Chair read Tradition 7, Concept 7

**ATTENDEES:**

**Groups:**

AR Van Buren, Karen  
IL Homewood, Bill/Joni  
IL Schaumburg, Ilene/Terri  
IL Springfield, Linda  
IL Vandalia, Leanne  
IL Maryville, Kevin  
IN Carmel, Barb  
IN Indianapolis (Monday), Myra  
IN Indianapolis (Thursday), Patty  
KS Leawood, Rose  
MO Chesterfield, Debbie  
MO Des Peres, Cynthia  
MO Maryland Heights, Laura  
OK Tulsa, Victoria

**RSC Members:**

Chair, Cyndee  
Vice Chair, Dale  
Treasurer/Webmaster, Rod  
Delegate, Ruth  
Alternate Delegate, Theresa  
Outreach Chair, Jim  
Convention Chair, Dian

**Guest:**

Mo Chesterfield, Kim

Chair reminded members that in August 2016 guidelines were developed for Interim Regional Service Committee Service Positions; Kim is on the call today indicating a desire to try out the roll of regional secretary through the end of the current term. Kim spoke briefly about her desire to serve. Vote of confidence held; voice vote held, unanimous approval.

**Approval of Minutes:** None at this time.

**Treasurer's Report (Rod):** Please refer to Treasurer's Report dated June 30, 2017 (available on Midwest Region's website). Rod informed GSRs that a change was made in the Financial Needs section; he received information from the WSO that the total cost for delegates' participation in the World Service Conference 2018 was going to be \$3800 (had estimated the cost to be \$4000). Monthly Financial Need for this line item will be reduced by \$33 to reflect the lower cost.

**Outreach Report (Jim):** GSRs were reminded that September is Recovery Month. Encouraged all to check with their local community to see if there is something you can cooperate with; the intent is to raise awareness of Nar-Anon. No large regional event has been developed at this time. Alternate Delegate Theresa is working on some ideas in the KC area as well as IL Schaumburg, Ilene. We will continue to look for opportunities to cooperate with either NA or any other local organizations that would be supportive of Nar-Anon. Ilene is putting something together that will be held in lieu of their Monday night meeting; might show a documentary or have a speaker.

Rod indicated special activities family groups are doing can be added to the website and calendar; if groups have events going on, send him information. A flyer is preferable because it looks better, but sending him detailed information will get the job done.

**Convention Report (Dian):** New calendar will be issued prior to the August GSR call. GSRs were asked to send her anything being planned for recovery month and/or any other event.

**Website Report (Rod):** Three new groups recently formed: 1) Indianapolis – Mondays; 2) Dixon, MO; and 3) Geneva, IL. The Benton, IL meeting closed in July, 2017. The roster has been updated.

Comment from Myra, Indianapolis - Mondays: Thank you for the starter books; we had 8 newcomers at the first meeting.

**Delegate Report:** None at this time.

## **Old Business**

### **1. 2017 Midwest Region Annual Assembly, October 28-29 (NOTE this is FOURTH weekend!) – Kansas City (or more accurately, Olathe) Kansas**

- **Update from Host Committee Co-Chair, Rod:** Registration forms - look at website <http://www.naranonmidwest.org/midwest-regions-annual-assembly/> -- available here; also included with GSR teleconference materials. Assembly to be held at Hilton Garden Inn and is pricy on rooms, but other hotel options available in the area. Hilton Garden Inn and Holiday Inn right next to each other. Cheaper rates might be available through loyalty program memberships. Co-Chair Theresa made up list of 10 things to do and also a list of NA meetings available in the area. 2017 Assembly theme: "We do recover. Slowly, new persons emerge. Change is taking place." Registration fee \$30 by September 30 or \$40 at the door. Call Theresa or Rod with questions.
- **Immediate Need and Service Opportunity:** Afternoon session will be a combined presentation on keeping new members coming back and keeping meetings healthy, Rod and Theresa. A member who leads the North Kansas City group and Outreach Chair Jim are going to speak about outreach. A volunteer is needed to lead session, "Family Member In Crisis" (20 to 30 minutes).
- **How can your Family Group support the Assembly?:** Attendance, participate in the Assembly, basket donations, monetary donations; this is an important fund raiser as well as an important face-to-face growth in recovery and fellowship opportunity.

Planned Agenda 9:00 a.m. – 5:00 p.m. Saturday; this is the official time frame. Business meeting and discussion in the morning, lunch provided, then three afternoon workshops, basket raffle at end of day. Friday night dinner optional as group. Saturday night dinner on your own or as a group. Plan to offer a Nar-Anon family group meeting Saturday evening; additional details will be shared as plans are finalized.

Chair reminded GSRs that Assembly is not just for the GSRs. Assembly topics can be relevant to any of your family group members. Consider sharing the ride and sharing the room to make more affordable.

**2. Report from the Donation Committee (Rod Chaired, members were Bill, Leanne, and Amanda):** Rod turned over to IL Homewood, Bill. Bill made motion for Midwest Region to donate \$1400 to WSO – seconded by Leanne. Opened discussion regarding financial needs, prudent reserve, detailed Treasurer's report, committee recommendations. Bill commented region is well above the prudent reserve and sending \$1400 to WSO still leaves a very comfortable cushion going forward. Call to roll vote, passed unanimously.

**MOTION: Motion by Bill that the Midwest Region donate \$1400 to WSO of Nar-Anon and seconded by Leanne. Passed unanimously.**

**3. Regional Service Opportunities (Cyndee):** Chair reiterated the positions that are going to be open as of our election at this year's Assembly are included on the agenda. There are specific details for these positions that can be found in the Guide to Local Services. GSRs were reminded that the Guide to Local Services can be found on the World Service website (go to Naranon.org., Members tab, Service Literature, then Guide to Local Services). This guide is available as a PDF or can also be purchased through the literature store for \$6.

The Midwest Region flourishes and grows when willing hearts serve others. Discussion with open question to all GSRs: 1) What is your role in ensuring the ongoing health of our region? 2) Is your higher power tapping you on the shoulder encouraging you to serve? 3) Is now the time for you to serve? Direct any questions to an RSC member.

**New Business:**

**1. Alternate Delegate, Theresa: Question of the month: How do the Family Groups do business? What service positions are available in your family group?**

--*IL Vandalia, Leanne*: GSR, facilitator, treasurer, outreach person; people take turns as leader.

--*MO Maryland Heights, Laura*: Kevin leads meeting and Maureen does everything else (secretary, welcomes newcomers, treasurer.)

--*KS Leawood, Rose*: Treasurer, outreach committee, facilitate via rotating calendar.

--*Alternate Delegate, Theresa*: Any group that has the same facilitator all the time?

--*IL Homewood, Bill*: We try to get others involved, but 2 main facilitators currently.

--*IL Homewood, Joni*: Likes idea of a rotating calendar for people to sign up. They are still working on how to get people back. Would like to know: How do you get them back? Do you text, email, or call those that haven't returned in a while? Do you make personal contact to find out why they're not returning? Don't want to pressure people.

**2. Open microphone: IL Homewood, Joni's questions were posed to others for discussion: How do you get newcomers back? Do you text, email, or call those that haven't returned in a while? Do you make personal contact to find out why they're not returning?**

--*OK Tulsa, Victoria*: Met individual in need outside meeting so kids could play while they talked.

--*MO Maryland Heights, Laura*: Member Maureen sends inspirational and encouraging text messages to newcomers. She also spends time after meetings reaching out to newcomers – listening and making them feel welcome. Laura said this is one of the biggest reasons she kept coming back. They provide phone list with names and numbers of members willing to be called if questions or in crisis.

--*Alternate Delegate, Theresa*: Texts or emails letting them know not to feel obligated to respond, but just letting them know she is thinking of them and hopes that things are going okay.

**Next GSR Teleconference:** August 19, 9:00 a.m. Central.

Call adjourned.

Minutes respectfully submitted by Kim C, Interim Secretary

**Action items to consider:**

- Print Assembly materials (registration form, "Things to Do in KC", hotel information) and make available to family group members.
- Determine if or how your family group will support this year's Assembly through a group conscience (Attend? Send a basket for raffle? Lead a session? etc)
- Thoughtfully re-consider open service positions -- whether they might be a fit for you or for a member of your family group. Any questions? If so, ask an RSC member (all members' contact information is provided at the very bottom of the GSR Roster).
- Forward any topic you think important to address on a future GSR Teleconference to any RSC member.