

**August 2017 Midwest Region GSR Teleconference Minutes  
August 19, 2017**

Chair opened call, started tape  
Alternate Delegate lead group in reciting of the Serenity Prayer  
Chair read Tradition 8, Concept 8

**ATTENDEES:**

**GROUPS:**

IL Elmhurst, Cathy	IL Homewood, Bill/Joni
IL Schaumburg, Ilene/Terri	IL Maryville, Kevin
IL Springfield, Linda	IL Vandalia, Leanne
IL Villa Park, Christina	IL Willow Spring, Don
IN Carmel, Barb	IN Indianapolis (Thurs), Patty
KS Leawood, Rose	MO Chesterfield, Debbie
MO Maryland Heights, Laura	MO Pleasant Valley, Kathy

**RSC MEMBERS:**

Chair, Cyndee  
Treasurer/Webmaster, Rod  
Delegate, Ruth  
Alternate Delegate, Theresa  
Outreach Chair, Jim  
Convention Chair, Dian  
Interim Secretary, Kim

**Approval of Minutes:** Motion by IL Homewood Bill, seconded by IL Maryville Kevin; approved as submitted.

**Treasurer's Report (Rod):** Please refer to Treasurer's Report dated July 31, 2017 (available on Midwest Region's website.) Chair reminded GSRs of the motion that passed in July to donate \$1400 to WSO. WSO has acknowledged receipt of donation.

**Outreach Report (Jim):** GSRs were reminded that September is Recovery Month. Outreach Chair noted that NCADA-St. Louis invited Nar-Anon to be part of an event coming up on September 28, 2017. IL Schaumburg Ilene experienced a setback with showing the movie "The Anonymous People" due to \$250 cost in order to show to over 10 people; Outreach Chair looking into purchasing to pass around the Region. Discussion ensued about other potential outreach events led by different Family Groups.

**Convention Report (Dian):** New calendar complete and should be available soon.

**Website Report (Rod):** IN Portland meeting forming in September 2017. KS Topeka-Wednesdays closing down. Updated member services today with calendar.

**Delegate Report (Ruth/Theresa):** None at this time.

**Old Business**

**1. 2017 Midwest Region Annual Assembly, October 28-29 (NOTE this is FOURTH weekend!) – Kansas City (or more accurately, Olathe) Kansas**

- **Update from Host Committee Co-Chairs (Rod and Theresa):** Theresa indicated everything is going well. Needs: Snacks and beverages for hospitality room; baskets; might need some drivers. Kathy will be in charge of baskets and raffle tickets; her Family Group is helping. Rod provided information on Annual Assembly forms that are available on website <http://www.naranonmidwest.org/midwest-regions-annual-assembly/>. Registration fee \$30 by 9/30, \$40 after 9/30 and at the door.
- **Immediate Need and Service Opportunity:** Theresa indicated that they are still looking for volunteer or volunteers to share real life experience for "Family Member In Crisis" workshop. Discussed different scenarios such as one or more members sharing their experience, a member willing to share their story in writing and shared by another member, or a panel discussion.

**2. Regional Service Opportunities (Cyndee):** GSRs were reminded of the regional service positions being vacated as of October's Assembly (most due to RSC members completion of their 2 year terms). It was also discussed should the Vice Chair be elected as Chair at the Assembly, the result will be that the Vice Chair position would then be open as well. GSRs were reminded that in order for them to vote in the region's elections at the Assembly, they must have a Registration form on file; Rod has posted this form on the Midwest Region's website. It is also published in the Guide to Local Services (p 13-6). If the GSR cannot attend the Assembly but the family group has chosen to send a representative from the group to carry their voice and vote, in order for that representative to have voting privileges, a Substitution Form must be completed and filed with the Midwest Region (in the GLS, p 13-7). The Substitution Form should be signed by the GSR indicating the GSR is passing their right to vote on to another member (their Substitute). The absence of a Substitution form in this scenario will result in their family group being unable to participate in the voting process at the Assembly.

**New Business:**

**1. Re-Structuring of Secretary's Role:** Chair informed GSRs that IN Indianapolis Patty will manage the roster effective immediately; keep sending information to Cyndee and she will distribute.

**2. GSR-Teleconference for October in addition to Assembly?** Chair asked GSRs if they still wanted to have teleconference on 3<sup>rd</sup> Saturday in October considering Assembly/Business Meeting will be held on 4<sup>th</sup> Saturday of October; discussion ensued.

**MOTION: Motion by IL Homewood Bill to have teleconference on 3<sup>rd</sup> Saturday and seconded by IL Maryville Kevin. Passed.**

**3. Question of the Month (Theresa):** None this month.

**4. Open Microphone:** IL Homewood Joni asked other GSRs if and how they limit members in their shares.

--MO Maryland Heights, Laura: Verbal mention that share time limited to 3-5 minutes.

--IN Carmel, Barb: Verbal mention of time limit; volunteer keeps track of time, Chair will remind.

--Chair, Cyndee: Pass hourglass sand timer to person who shares so they can keep their own time.

--IL Maryville, Kevin: Keep meeting healthy; politely and privately share concerns with member(s).

--IL Schaumburg, Ilene: Group Inventory pamphlet, available on Nar-Anon website (PDF free) --anonymous way to gauge feelings of group and then have group conscious; generally comments are better received coming from a group, not just an individual.

-- Alternate Delegate, Theresa: Healthy functioning of group: Address problems immediately or will get worse.

--IN Indianapolis, Patty: Consider having a vibrant sponsorship program.

--IN Indianapolis, Barb: Share how Nar-Anon has given hope and comfort, not your war stories.

**Next GSR Teleconference:** September 16, 9:00 a.m. Central.

Call adjourned.

Minutes respectfully submitted by Kim C, Interim Secretary

**Action items to consider:**

- Print Assembly materials (Registration Form, "Things to Do in KC", hotel information, GSR Substitution form, RSC Candidate Form) and make available to family group members.
- Encourage early registration.
- Determine if or how your family group will support this year's Assembly through a group conscience (Attend? Send a basket for raffle? Lead a session? Snacks and beverages?)
- Thoughtfully re-consider open service positions -- whether they might be a fit for you or for a member of your family group. Any questions? If so, ask an RSC member (all member's contact information is provided at the very bottom of the GSR Roster).
- Forward any topic you think important to address on a future GSR Teleconference to any RSC member.