

**September 2017 Midwest Region GSR Teleconference Minutes
September 16, 2017**

Chair opened call, started tape
Alternate Delegate lead group in reciting of the Serenity Prayer
Chair read Tradition 9, Concept 9

ATTENDEES:

GROUPS:

AR Van Buren, Karen	IL Elmhurst, Cathy
IL Homewood, Bill/Joni	IL Schaumburg, Ilene/Terri
IL Vandalia, Leanne	IL Villa Park, Christina
IN Carmel, Barb	MO Chesterfield, Debbie

RSC MEMBERS:

Chair, Cyndee
Treasurer/Webmaster, Rod
Delegate, Ruth
Alternate Delegate, Theresa
Outreach Chair, Jim
Convention Chair, Dian
Interim Secretary, Kim

Approval of Minutes: Motion by IL Vandalia Leanne, seconded by IL Schaumburg Ilene; approved as submitted.

Treasurer's Report (Rod): Please refer to Treasurer's Report dated Aug. 31, 2017 (available on Midwest Region's website.) Proposed budget to GSRs at next call; will have one week to review before Assembly.

Outreach Report (Jim): GSRs were reminded that September is Recovery Month. Outreach Chair noted that NCADA-St. Louis event coming up on September 28, 2017. DVD "The Anonymous People" now available. IL Schaumburg Ilene noted two walk/run events coming up and the movie "The Anonymous People" will be shown at a theater with seating for 250 people. These events cannot be added to the website as they are not sponsored by NA or Nar-Anon. Chair will email flyer to everyone.

Convention Report (Dian): New calendar will be updated with 4 events mentioned during outreach discussion.

Website Report (Rod): Joey in Indiana is looking at possibility of starting a new meeting. No meetings have shut down.

Delegate Report (Ruth/Theresa): Serenity Connection – new edition within the last week. Free via email or \$8 annually to have it mailed. Can use all information as topics at meetings as it is conference approved. Suggestion that all family groups should have Serenity Connection at meetings. Webmaster will demo how to get Serenity Connection at the Assembly. Chair shared that this month's edition is very good. GSRs should let groups know that they are always looking for new articles.

Old Business

1. 2017 Midwest Region Annual Assembly, October 28-29 (NOTE this is FOURTH weekend!) – Kansas City (or more accurately, Olathe) Kansas

- **Update from Host Committee Co-Chairs (Rod and Theresa):** Theresa would like to know if presenters would like to have any presentation materials included in folders; if so, send to Rod at rodsee1947@gmail.com. Discussion ensued regarding types of baskets that can be donated as well as cash donations that can be added to registration. Baskets and financial donations (checks can be sent to Rod stating donation for Assembly) appreciated even if family group not represented. Convention Chair will be hostess on Friday evening at the hotel hospitality room; please let either Dian, Rod, or Theresa know if you are bringing snacks or beverages. The clubhouse has been secured for Saturday evening group meal; details still in the works. Member in Crisis presentation after lunch by Patty Bledsoe; would like to have a backup. Please let Theresa know if you are aware of anyone that might be interested. Rod stated that the reduced lodging rate at Hilton Gardens and Holiday Express good through September 27;

instructions on website. Also price break on Assembly fee is \$30 by September 30, goes up to \$40 after that. Chair would like as many groups represented as possible. Explained the Substitution Form again for process to carry the vote when GSR unable to attend; reach out to Chair or Vice Chair if questions.

2. Regional Service Opportunities (Cyndee): GSRs were reminded of the regional service positions (Chair, possibly Vice Chair, and Secretary) being vacated as of October's Assembly (most due to RSC members completion of their 2 year terms). It was again discussed that should the Vice Chair be elected as Chair at the Assembly, the result will be that the Vice Chair position would then be open as well. Chair, Vice Chair, and Secretary must vacate any home group position currently held; sub-committee Chair positions (Outreach Chair, Convention Chair, and Narateen Chair) do not. The Candidate Form has been revised; it can be completed, scanned, and emailed now.

New Business:

1. Midwest Regional Objective for 2017-2018: Group Mission and Vision statements on Midwest website. Ask GSRs and Alternates for priorities for region for upcoming years. Priorities from the 2016 Assembly: Help with guest speakers and GSR participation. RSC provided a guidance document for guest speakers and implemented the TNT program for GSR participation. Please start thinking about the goals for 2017 Assembly.

2. Question of the Month (Theresa): Please submit ideas to Theresa for future questions. Today's question is concerning Tradition 9; in your groups, how do they organize in order to accomplish things – subcommittee or do people just jump in? Theresa has trouble getting a GSR. Do any of the GSRs have recommendations on how to approach this? Discussion ensued: Voice important, discuss conference calls as group, group conscious, briefly mention role of a GSR, keep it simple emphasizing service, group autonomous, together not alone, progression – takes time.

3. Open Microphone: IL Schaumburg, Ilene: A newcomer's addict son came to meeting and talked at length about dying; no one knew how to handle. Discussion ensued: Meeting for family, not addict; try not to give the floor to them in order to keep focus on Nar-Anon. IL Vandalia Leanne suggested having information available such as crisis/suicide hotline phone number to offer to the loved one. Delegate Ruth shared that while suicide threats can be a manipulation tactic, these behaviors are the cry of an ill person and shouldn't be ignored, although Nar-Anon not equipped to handle. We can't save people from themselves.

IL Vandalia Leanne asked if Narateen active in Chicagoland area. Delegate Ruth intends to reach out to the GSR from Palos Hills to find out. Alternate Delegate Theresa stated that the work from Narateen committee at world level can be viewed on their website.

Next GSR Teleconference: October 21, 9:00 a.m. Central.

Call adjourned.

Minutes respectfully submitted by Kim C, Interim Secretary

Action items to consider:

- Print Assembly materials (Registration Form, "Things to Do in KC", hotel information, GSR Substitution form, RSC Candidate Form) and make available to family group members.
- Determine if or how your family group will support this year's Assembly through a group conscience (Attend? Send a basket for raffle? Cash donation? Snacks and beverages?)
- Thoughtfully re-consider open service positions -- whether they might be a fit for you or for a member of your family group. Any questions? If so, ask an RSC member (all member's contact information is provided at the very bottom of the GSR Roster).
- Print Serenity Connection for your meetings.
- Be thinking about the priorities and goals to be discussed at 2017 Assembly.
- Forward any topic you think important to address on a future GSR Teleconference to any RSC member.
- Submit any ideas for Question of the Month to Theresa for future consideration.