

January 2016 Midwest Region GSR Teleconference Minutes

January 16, 2016

Chair opened call

Delegate lead group in recitation of the Serenity Prayer

Chair read Tradition 1 and Concept 1

Attendees:

Groups:

AR Van Buren, Karen

IL Glen Carbon, Kelly

IL Homewood, Bill

IL Rockford TH, Lynn

IL Schaumburg, Ilene

IL Springfield, Linda

IN Indianapolis, Patty

KS Shawnee, Mary (welcome to your first call!)

MO Maryland Heights, Gwen/Kim

RSC Members:

Chair, Cyndee

Treasurer/Webmaster, Rod

Secretary, Shannon

Delegate, Ruth

Alternate Delegate, Theresa

Outreach Chair, Jim

Convention Chair, Dian

Other Participants:

RSC Volunteer, Luanne

Teleconference Minutes (Shannon):

([Archive of Minutes Available Here](#))

No minutes ready to approve at this time.

Treasurer's Report (Rod):

([Archive of Treasurer's Reports Available Here](#))

Outreach Report (Jim):

Wants to remind the groups that there are resources available to home groups. One of which being a reimbursement up to \$55 per group to be used for outreach material. Only 6 groups have taken advantage of this so far and is available until September 2016. Here is the [process](#) and [literature list](#).

There is an archive of prior outreach challenges on the Midwest Region Website for use ([Archive of Outreach Challenges Available Here](#)).

Convention Report (Dian):

Please notice any additions to the calendar, she will continue to update this and get the information to you.

Please contact Dian with any questions, suggestions, or updates!

Delegate Report (Ruth/Theresa):

- (Ruth) Will give update later on the call

(See new business for the Tradition 7 workshop we did at this time)

Old Business:

- 2016 World Service Conference
 - CAR Report
An email was distributed with the CAR material on January 11 with several attachments. First CAR conference call tomorrow, Sunday January 17th from 8-9.
712-432-1500 Access Code 900219# The recordings will be available for members
Groups are encouraged to get together and discuss motions that people have questions on.

New Business

- New RSC Initiative: Reaching out to Non-Participating Midwest Region Groups
In the next few weeks, RSC members will begin routinely contacting the groups within the Midwest Region to see if the RSC can support them in any way. We are hoping by increasing communication we can gain a better understanding of the needs of the groups within the Region and also an increase in participation.
- Tradition 6 workshop (please contact Theresa for attachment)
 - Gwen and Dian read page 199 (July 17) out of the SESH
 - Question posed and comments:
- 1) On a scale from 1-5 (one being needy and 5 being independent) where am I at in my recovery program in regards of being self-supporting (emotionally, spiritually, physically etc) Can I not be effected by the moods/control attempts of others? Can I live (not just survive?)
 - Dian (Convention Chair, attends Des Peres MO) would like to have this sent to her for further consideration.
 - Ruth (Delegate, attends Elmhurst IL) Shared that in the past she has struggled with knowing what is her responsibility and what is not. There is a difference between being self-supporting and being self-sufficiency. It's more about each of us doing our part, not doing everything. That is what makes us strong, we each have an important role.
 - Theresa urges groups to take the CAR/CAT motions seriously
 - Shannon was grateful for the topic and Cyndee was glad to hear more about how Tradition 7 is about much more than just money.
 - Thank you Theresa and all who shared
- Group Talk
 - 1) What does your group pay for your meeting space and how does your group address reporting of finances to group members?
 - Lynn (Rockford IL) In the past we were paying 90% of our donations, we moved and now and they asked us what we would pay and we agreed on 20% of our basket. It now allows us to send money to the region. The finances are reported monthly at the business/group conscience meetings. A report is also sent out via email to group members that may not have been able to attend.
 - Bill (Homewood IL) His group pays \$20/month set by the facility. Finances are reported each week during announcements.
 - Ilene (Schaumburg IL) People are active at the church they meet in so the space is free. Now and then they give an at-will donation for the space. They do not do treasurer reports.

- Kelly (Glen Carbon) has been attending for a few years and is not sure what they pay for the space, she now wants to find out.
 - Patty (Indianapolis IN) They are located in a hospital and use space at no charge. Her group's treasurer reports their finances each week during announcements.
 - Karen (Van Buren AR) Their group pays \$15/month to the NA group that rents out the building.
 - Dian (representing Des Peres) Never found out and there is rarely a report of finances since there is no Treasurer. Will find out and report back.
 - Dale (Chesterfield MO) reports monthly during announcements. At another meeting he attends there is no
 - Linda (Springfield IL) They give donations to the church (no set amount) and report the finances each week.
 - Theresa (Alt Delegate, attends Shawnee) shares that her group reports finances every four months and could answer questions upon request.
- 2) What questions would you like to address during February's call? Please contact any member of the RSC.
- The Region is very grateful for everyone's service and contribution. The first CAR call is tomorrow night at 8pm and the next monthly conference call is Saturday February 20th, 2016. Call Adjourned.