# **Midwest Region July GSR Teleconference Minutes**

July 16, 2016

Call to order by Chair, Cyndee Delegate, Ruth led group in recitation of Serenity Prayer Chair read Tradition 7 and Concept 7

#### **GSR Attendees:**

AR Fayetteville, Elizabeth

IL Elmhurst, Janis (Interim Secretary)

IL Rockford T, Jan

IL Rockford TH, Lynn

IL Schaumburg, Ilene

IL Willow Springs, Don

IN Indianapolis, Patty

KS Leawood, Rose

MO Chesterfield, Dale

#### **RSC** Members in attendance:

Chair, Cyndee

Treasurer/Webmaster, Rod

Delegate, Ruth

Alt. Del., Theresa

Outreach Chair, Jim

Convention Chair. Dian

Secretary (Interim), Janis

Interim Secretary thanked for willingness to step forward and fill the gap left by the resignation of the region's secretary.

### **Teleconference Minutes (by Shannon):**

Nov. 2015, Dec. 2015 and Jun. 2016 minutes: Unanimously approved (Nov 2015, Dec 2015 as submitted; Jun 2016 as edited)

### **Financial Report (Rod):**

Starting Balance: June 1<sup>st</sup> \$2,485/Ending Balance \$2,474. (4 contributions)

- -Renewed website
- -1 New meeting package: Brazil

Good News! For the first time, the MWR has exceeded our donations forecast by \$507! Thanks everyone for doing a great job! And for so generously passing donations up the service structure!!

Q: May the Alligare funds (a reserve for Outreach Lit.) be used for MWA 2016 expenses?

A: No. This was not a use that had been recommended by the review committee, nor approved by the GSRs. There are, however, limited funds available in the general regional budget to support outreach material expenses for the MWA 2016.

Q: Should our group pass excess funds onto Midwest Region or World Service Organization?

A: It is up to each individual group to decide through the Group Conscience process.

Chair Cyndee extends thank you for all the group's generously contributed donations.

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# **Outreach Report (Jim):**

- 1. Tradition 7 is not only "fiduciary" but, could include "Outreach."
- 2. Good news! WSO signed off on 13 new, 4-color, 8x11, Outreach posters @\$1.50. (Available at naranon.org/STORE/Naranon Family Literature/Outreach)

  Presently working with Rod to be certain of more direct link through our MWR Website.
- 3. Outreach Purpose: to increase awareness of Nar-Anon
- 4. Objective: to encourage persons affected by a loved one's addiction to come to a meeting (Archive of Outreach Challenges Available Here).

# **Convention Report (Dian):**

St. Louis area to host NA Convention, day after MWA 2016 (Naranonmidwest.org calendar). Any Nar-Anon member coming to St Louis for the Assembly is invited to attend.

**Website Report (Rod):** 1. Changes in progress on "Sponsorship" & "Working the Steps" 2. Volunteers needed: a.) opinions and suggestions b.) Website Committee Members; (Rose, KS offers her services to join committee.) 3. Additional Readers to provide objectivity Chair Cyndee thanks Rod for service.

# **Delegate Report (Ruth/Theresa):**

- 1. No new literature available from WSO/ but FREE Lit; i.e., trifolds are downloadable.
- 2. WSO needs Spanish & Russian bilinguals for translation of Nar-Anon literature.

#### **Old Business**

**Assembly Host Committee Report:** Dale, Chesterfield, MO Assembly Host Com Chair 1. **2016 Midwest Region Annual Assembly** 

- a. Save the date: Saturday, October 15; Chesterfield, MO
- b. Theme: "Gateway to a New and Better Way"
- c. Break Out/Workshops/Panel Discussion topics in need of Volunteers
  - i. Keeping Meetings Healthy
- iv. Sponsorship/Share Partners
- ii. Keeping Members Coming Back
- v. Service Traditions
- iii. Welcoming Newcomers
- vi. Outreach
- d. Update 5 of 8 Groups, w/in 45 min drive, have agreed to meet in Committee
- e. How can YOU support the Assembly?
  - i. Share Assembly info with group; insure "Save the Date" notices, Registration Forms are available to members
  - ii. Volunteer to lead one of the breakouts/workshops/panel discussions
  - iii. Volunteer as an MRA Host Committee Member
  - iv. If you have attended an Assembly in the past, tell others of your experience encourage and invite them!
  - v. Send/bring Raffle Basket(s) or send assorted gift cards (please insure the retailers/restaurants are available throughout the five state area) and the MRA Host Com will make a basket for you.
  - vi. Attend the Assembly and Actively Participate!!
- **2. Positions Open for Election** to be filled October, 2016:
  - f. Vice Chair IMP; on the job training for 2017 position as CHAIR

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(Refer to GLS, pp 6-1, 6-2 for job description)

- g. **Secretary** (Refer to GLS, pp 6-2 and 6-3 for job description)
- h. **Treasurer** (Refer to GLS, p 6-2 for job description)

#### **New Business**

### 1. Identifying Obstacles to Service, Management & Personal Impact

Theresa: There are term limits on RSC service positions; It's not "forever" Recovery means that I do my part and just my part; allow HP to lead us

## 2. GSR/Alternate GSR Registration Form - Revised Form Approved Unanimously

- a. Insures voice and one vote for each group represented at Assembly
- b. A revised version of form which appears in GLS p 13-5
- c. Will be provided to you in Information Packet at the Assembly
- d. No term limits on GSR Service

### 3. GSR 'Open Microphone'

- a. Group was revitalized by a review; used Inventory Form, "Rating your Meeting"
- b. Thanks to Rod, for his help & suggestions with, "Keeping Meetings Healthy"

# 4. Please suggest Topics you would like to address during our August GSR Teleconference

The Region is very grateful for everyone's service and contribution. Next call is Saturday August 20, 2016. Call Adjourned.

GSRs are *invited* and *encouraged* to email any RSC member with discussion topic recommendations, for next month's agenda, prior to the first Saturday of the month.

Please make donations payable to "Midwest Region of Nar-Aon" and forward to:
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann 6239 Howe Drive Fairway, KS 66205

 $\underline{www.naranonmidwest.org} \\ (The password for the Member Service section on the Midwest Website: nmw13)$