

March 2013 Midwest Region GSR Teleconference Minutes

March 16, 2013

Chair opened call. Delegate lead group in recitation of the Serenity Prayer. Chair read Tradition 3 and Concept 3.

Attendees: Elmhurst IL
Homewood IL
Springfield IL
Shawnee KS
Maryland Heights MO (GSR and Alternate)
RSC Members: Chair
Vice Chair
Delegate
Mentor
Outreach Committee Chair
Secretary

Teleconference Minutes. Teleconference minutes from February were unanimously approved as submitted.

Treasurer Reports. Treasurer Reports were unanimously approved as submitted.

Old Business

MOTION: As it relates to participation in the 3rd Annual Assembly, contact of all groups is to be made a priority and should be completed before the next GSR teleconference. Contact is made to for the purpose of securing feedback from each NFG. A written report of findings (who was contacted, when contact was made, comments made) be made during the next GSR monthly teleconference. **Motion was seconded.** Discussion points: how will the information be used; one cannot force anyone to participate if they choose not to do so; what questions would be asked; are groups aware of the services and support the region can provide to them; even if the groups choose not to be a part of the region, it is the region's responsibility to provide information to them; if there was a list of question, a GSR was willing to make calls to get responses to the questions for those groups where she has a contact; list of standard questions is important to insure consistency in feedback. Individual making the motion volunteered to create the standardized list of questions that will be asked of the groups and will make said list available to GSRs for feedback and comment before implementation. **Motion was tabled** and will be revisited when the question list is complete. A role call vote was taken and there was unanimous agreement.

OUTREACH

Outreach Monthly Challenge. This month's challenge is to provide Nar-Anon literature to police stations. Be aware literature placed in racks can cover the title of the brochure (position to avoid this if possible). Newcomers can be an excellent source of energy for outreach efforts. Don't overlook them as details for challenges are launched. Chair advised GSRs that going forward, the Outreach Committee will present the Monthly Challenge during the GSR monthly call, for launch at the beginning of the following month. A survey form to assess how the challenges are working for the individual groups is being created by the Outreach Committee and will be disseminated to the GSRs.

Upcoming NA Conventions.

- MARCNA, Lawrence, KS Apr 5 – 7
 - KC Nar-Anon will be supporting with their attendance and will have a literature table
 - Will participate in informational panel
- RRCNA, Rockford Apr 26 – 28
 - Will have a literature table
 - Investigating possibility of having a private room
- World Convention for NA and NarAnon, Philadelphia Aug 29 – Sept 1
 - Seeking good high quality speakers for this meeting; if you know of a speaker that might be appropriate, please notify an RSC member with details
- St Louis Area Convention for Narcotics Anonymous, St Louis Nov 15 - 17
- GIRCNA, Galesburg, IL Nov 15 – 17
 - An individual from GIRCNA (the Convention Chair) visited the Nar-Anon literature table at the Cabin Fever and expressed his desire to have Nar-Anon support this meeting
- Chair attended the Area 10 Convention and collected some pieces she found to be very valuable (specifically there was a piece on the Relaxed 12 Step Program). She will forward these resources to GSRs for review and sharing in their meetings via the Region's Secretary.

WSO Website. The Serenity Connection currently has only 529 individuals world-wide who have requested this publication. Chair encourages GSRs to print out the newsletter and make it available to FHG members. To visit the WSO website, go to www.naranon.org. GSRs are encouraged to visit the website on an ongoing basis as improvements are being made weekly.

Regional Website. Rod S, Shawnee, and Teri S, Naperville, comprise the Website Committee.

- A detailed review of the website was provided.
- Feedback was solicited and encouraged on an ongoing basis.
- Any special instructions – in terms of room number, how to access room, whether handicap accessible – should be forwarded to the Website Committee.
- If your specific meeting location is not provided on the website, please forward these details to the Website Committee.
- If GSRs have member sharing stories from their NFG – how Nar-Anon has helped them (no more than a couple of paragraphs) -- please forward them to the Website Committee.
- Regarding the calendar, groups that have a speaker or a special event should contact the Website Committee to get these events incorporated into the calendar.
- The contact form when completed goes to Rod's cell phone within a minute.
- If GSRs would like to see additional links added to the contact tab, please contact the Website Committee with details.
- The Member Services area is password protected. It includes call minutes, financials. It was determined that the GSR Roster should not be housed there due to privacy concerns.

UNITY

Planning for 4th Annual Assembly.

- Meeting will be held on October 19, 2013.
- The Homewood group has volunteered to host the meeting, with support from Elmhurst and Munster.
- Hotels in Chicagoland can be expensive. Efforts will be made to locate economical accommodations for those requiring an overnight.

- MOTION: The 4th Annual Assembly is to be hosted by Homewood NFG in conjunction with Elmhurst and Munster. Meeting location:
St. Andrew's Lutheran Church
845 W. Strieff Lane
Glenwood, IL 60425
Motion was seconded and was approved unanimously.

ACTION ITEMS

- Joseph L will create a list of questions to be asked of GSRs of groups who did not support the 3rd Annual Assembly. Once created, the list will be circulated among all GSRs for comments and feedback before interviewing process is initiated.
- GSRs are asked to share the details of this month's Outreach Challenge with their home groups.
- GSRs are asked to share feedback from their NFG's Outreach activities during next month's GSR teleconference.
- Chair will send resource materials collected at the Area 10 Conference/Convention to all GSRs.
- GSRs are encouraged to make their NFG members aware of the availability of the Serenity Connection newsletter via the WSO website and invite all to subscribe electronically to receive quarterly issues.
- GSRs are asked to provide feedback on the Midwest Region's website on an ongoing basis to the Website Committee (Rod S and Teri S).
- GSRs are to notify the Website Committee if there are any special instructions – such as room number, how to access meeting room, whether handicap accessible, etc – specific to their meeting.
- If your specific meeting location is not provided on the website, GSRs are asked to forward these details to the Website Committee for inclusion in the meetings tab.
- If GSRs have member sharing stories from their NFG – such as how Nar-Anon has helped them (no more than a couple of paragraphs, please) – they should be forwarded to the Website Committee.
- Regarding the calendar, any NFG that has a speaker or a special event scheduled should contact the Website Committee to get these events included in the website calendar.
- If GSRs would like to see additional links added to the contact tab on the Midwest Region, please contact the Website Committee with details.