

# November 2012 Midwest Region GSR Teleconference Minutes

November 17, 2012

Chair opened call. Jan F lead in unison recitation of Serenity Prayer. Chair read Tradition 11 and Concept 11.

Attendees: Elmhurst IL  
Hartford IL  
Homewood IL  
Shawnee KS  
Maryland Heights MO  
RSC Members: Chair  
Vice Chair  
Secretary  
Delegate  
Outreach Committee Chair  
MidWest Regional Mentor

**Teleconference Minutes.** Recordings from the Assembly are in the process of being transcribed. Is a task that will take some time given the sheer volume of recordings. As available, the notes will be shared with all GSRs.

## 3<sup>rd</sup> Annual Assembly Wrap Up

- Total of 46 attended. 1 invited guest. 30 attendees registered in advance with 14 registering at the door and one who chose not to register.
- Three workshops were offered. One was lead by Karen M on Outreach, another was a panel discussion on traditions, and finally was "Gateway to Newcomers Growth" hosted by Elmhurst.
- Included a Midwest Region Assembly business meeting.
- Included a "Wisdom Stick" NFG meeting.
- Financial Summary
  - Registrations/T Shirts \$ 1185.00
  - Gift Basket Donations 296.00
  - 50/50 Raffle 94.00
  - NarAnon Store 75.00
  - Total Income \$ 1650.00
  - Expenses \$ 828.74
  - Net Proceeds 821.26
  - Seed Money Repayment 300.00
  - "New Choices" Donation 100.00
  - Total \$ 1221.26
  - Cashiers Check for \$1221.26 to be Forwarded to Treasurer (less the cost for Cashiers check)
- Meeting Evaluations. Completed for Assembly in General as well as for each of the three workshops. Verbatims were collected and compiled. All this information will be forwarded to GSRs upon availability. GSRs are encouraged to share this information with their NFGs when received.

- Positive comments from GSR attendee as well as RSC Chair as to the quality of the event. It was suggested that 3<sup>rd</sup> Annual Assembly Host consider putting together a few meeting notes to help those who volunteer to act as host for future meetings.
- MOTION: Midwest Region adopt the third Saturday of October as the date for future annual assembly. Role call vote was taken. Approved unanimously.
- Literature Table. There were a number of items left over which are available for sale to the GSRs. Additionally extra newcomer packets and new group packets were purchased. An inventory of the remaining pieces will be forwarded to all GSRs. If any group is interested in purchasing, they will have the opportunity to do so and use for conventions, etc.
- MOTION: Send a 'Thank You' to the "New Choices" volunteers for their work efforts in the planning and execution of the Assembly and the resulting spectacular results. Role call vote was taken. Approved unanimously.

**Treasurer's Reports for Oct 20 and Nov 17.** MOTION: To approve both reports. Role call vote was taken. Approved unanimously.

**2012 - 2013 Proposed Budget.** This budget was presented at the Assembly and has been proposed by the RSC. A copy of last year's budget was included for comparison and contrast purposes. Points of discussion:

- % of the budget dedicated to Delegate expenses to attend the WSC
- The amount of the Delegate expenses that need to be accumulated/year (since WSC is held every other year)
- There will be no revenue sharing from WSO to help defray cost of Midwest Region Delegate expenses for the next WSC
- Costs are anticipated to be higher for the next WSC than they were for the previous one (2012)
- Payment for WSC is due December 2013 (tho a payment plan is available if necessary)
- Are the allocations of funds firm? What are the ramifications of the numbers in the second line? What happens if the funds in the line item exceed the budget? It was noted that in some cases this is due to expenses paid in 2012 but yet to be reimbursed.
- Moneys can be shifted from one budget category to another. If region makes this decision, it simply requires a Motion as to how much money is to be transferred and to what account.

MOTION: approve the 2012 – 2013 Budget as proposed. Role call vote was taken. The budget was unanimously approved.

It was suggested next month's agenda include taking the final budget and re-spread it as appropriate. Goal is to avoid having protracted discussion on this in re-occurring topic during future calls.

**MidWest Region Goals for 2012-2013.** Suggestions were solicited from GSRs. Last year's goals were (1) Unity and (2) Outreach.

- Continue the goals from last year.
- Add enhanced participation and service. Only 17% of the regions GSRs were on the teleconference in November. Appears we are not meeting the GSRs needs because if we were, would anticipate more engagement. Perhaps this could fall under 'Unity'?
- Add sponsorship. Pursue how we can increase sponsorship for our Newcomers. This is the strength for recovery. (EG, Families Anonymous is developing a concept of co-sponsorship. Gain sharing between those working the steps as there are no sponsors at this time (too new)). Perhaps this could fall under 'Unity'?
  - Qualifications for sponsors? Active member of NarAnon for 1 year or more? Has completed Step 4 of the 12 Step program? Some other qualification or combination of qualifications?
  - Insure that we gather successful elements from those already participating in sponsor/sponsee relationships

MOTION: Continue with Outreach and Unity goals, incorporating a sponsorship element into Unity. Role Call vote was taken. There were 4 yeas and 1 abstain. The motion passed.

**Conventions.** Please add to your calendar and support with your attendance (as well as your NFG member attendance) as possible:

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|---|-----------------|
| • "Freedom to Change" Convention, Kansas City                               | Dec 29 - Jan 1  |
| • 25 <sup>th</sup> Chicagoland Regional Convention, Hyatt Regency - Chicago | Jan 3 – 6       |
| • "Cabin Fever Prevention Convention #21", Lake of the Ozarks, MO           | Feb 1 – 3       |
| • World Convention for NarAnon, Philadelphia                                | Aug 29 – Sept 1 |
| • St Louis Area Convention for Narcotics Anonymous, St Louis                | November        |

#### ACTION ITEMS

- Assembly meeting evaluations and verbatim to be forwarded to all GSRs as available.
- Chair to send "Thank You" to volunteers for the 3<sup>rd</sup> Annual Assembly.
- Chair to compile remaining literature inventory and forward to Secretary for distribution to all GSRs.
- Include a "re-spread" of the 2012-2013 Budget on the December GSR teleconference agenda.