

October 2015 Midwest Region GSR Teleconference Minutes

October 17, 2015

***NOTE: First part of meeting was not recorded. If anyone has notes or list of attendees, please help fill in the large blank.

Chair opened call. Delegate lead group in recitation of the Serenity Prayer.
Chair read Tradition 10 and Concepts of Service 10.

Attendees: (Not recorded)

RSC Members: Interim Chair - Cyndee
Interim Vice Chair - Luanne K
Treasurer & Webmaster - Rod S
Secretary - Shannon E
Delegate - Jan F
Alternate Delegate - Ruth M

Minutes: Assembly 2014 minutes approved unanimously.

Treasurer's Report: (Not recorded, please see treasurer's report for details)

Outreach: Please continue to use the regional archives for your Home Group's Outreach projects. There is a whole library of specific Outreach Challenges for your Home Group to undertake. These are located on the region's website: www.naranonmidwest.org

Delegate Report: Jan reported that a new piece of literature has been sent from World Service Literature Committee, and forwarded to all GSRs/Alternates entitled "Loss of a Loved One." Please share with your Group and provide feedback to World Literature no later than November 8, 2015. Jan is looking forward to meeting everyone next week at the Assembly. Ruth reported that a member of her group who is passionate about Outreach (Frank) will have a table set up with literature and items for Outreach.

OLD BUSINESS

1. 2015 Assembly Update - Janice reported that 34 registrations have been received to date. The hotel meeting room accommodations are in place. Tote bags are ready with all materials available for GSRs/Alternates/Substitutes and members. There are 8 volunteers ready to help make this Assembly run smoothly. This region appreciates all the hard work and efforts by the Host Committee members to make this Assembly a wonderful day of

fellowship. For those arriving on Friday, please feel free to meet in the hotel lobby at 6pm for an impromptu dinner before the formal Assembly begins.

2. Ballot for RSC open positions - Cyndee has placed her name on the ballot for Regional Chair; and, Ruth has placed her name on the ballot for Delegate. In addition to those positions, openings include: Vice Chair, Alternate Delegate, Outreach Chair and Convention Chair. Please feel free to add names to all positions with people who have a passion for service and this recovery program.

NEW BUSINESS:

1. The Assembly Business Agenda has been sent out in email form to all GSRs/Alternates. There will be an Introduction; RSC reports; Committee Reports (Narateen, Donation, Website, Step Meetings); Budget for 2016; ending with Election of Officers.
2. Narateen Preview - Janice reported that the Narateen report will cover an Introduction, Discussion of the role of Facilitator; Background checks; Certificate/Screening; and, the Process Person (record keeper).
3. Donation Preview - Rod reported that the process and form is available on the regional website. 6 Home Groups participated in receiving their materials at the Assembly. All Home Groups are encouraged to place an Order with WSO for the approved materials and to send a copy of that receipt for reimbursement up to \$55.00 from the Regional Treasurer.
4. Step Meeting Preview - Theresa reported that a document has been forwarded and will be available at the Assembly for discussion and questions. This report covers many methods of holding Step Meetings, as well as answering common questions from members. Holding meetings twice a month for approximately 1 hour takes about $\frac{3}{4}$ to 1 year to complete. This is a group of peers who want to “work the Steps”, with a Facilitator who also works the Steps, and handles issues of scheduling, time, homework, etc. Growth within your Home Group meetings is enhanced as people work the Steps and share their thoughts on these self discoveries in their general meetings. Cyndee noted that the Step Committee members were Theresa, Shannon and Luanne. All 3 will be available at the Assembly to answer any questions or concerns your group has in going forward.
5. Budget Preview - Rod reported that the current and proposed 2016 Budget has been sent to all GSRs/Alternates. Where possible, please review these documents prior to the Assembly. Anticipated figures were used for certain categories. The amount for New

Group Literature was increased to \$1000.00, as the region has already spent \$843.00 to date on this item. Cyndee noted that the Budget portion of the Business Meeting has been lengthy in prior Assemblies. By providing this information earlier, it is hopeful that this portion of the Business Meeting will go smoother.

6. Theresa asked a question concerning information provided to Newcomers, its cost, especially when people may not return after their first meeting. As her group has had a large influx of new members, the cost of providing both the package and the Blue Book needed to be reviewed, along with the benefits anticipated. Her group gives out the Newcomer Package (\$2.50), plus the smaller Blue Book (\$1.00) to each new member - a cost which needs to be examined with the increasing numbers of newcomers. Many GSRs shared on their group practices as to literature provided newcomers. Some groups had Blue Books marked as "Group Copy" which anyone could use during the meeting. Other groups considered the cost of the Blue Book to be Outreach - providing people with information they could refer to, whether they returned or not. Most groups sell both the small version and large print version of the Blue Book in their meetings. It was noted that the Blue Book is copyright protected, and as such should not be photocopied for distribution within the meeting. Inside the Blue Book cover it states "Reproduction of Literature violates our Copyright". WSO generates needed funds for world wide efforts through the sale of Nar-Anon literature (which is all produced in house). All Nar-Anon Literature is clearly marked as to whether it is able to be copied - or copyright protected. Often photocopying material is not cost effective given the low price for Nar-Anon literature. Cyndee noted that every group should be willing to weigh the costs and benefits of all information given to their newcomers/members, as we are to be financially self supporting (Tradition 7).
7. Cyndee listed several annual NA Conventions in the coming months where Nar-Anon might have a presence. Please see if your group would consider having a literature table at any of these Conventions.
 - a. Urbana, IL - November 6-8 - it is unknown whether any Home Group will have coverage.
 - b. A Marathon meeting November 28, in South Bend, Indiana
 - c. St. Louis, MO November 20-22 - SLACNA at West Port Plaza - two groups will be attending this event.
 - d. January 7-10, Chicagoland, Hyatt McCormick - Bill reported that their group has always attended and supported a literature table.
8. A Nar-Anon event being hosted by the Shawnee group - the 2nd Annual Fall Retreat, being held at Hollis Renewal Center, Kansas City, KS on October 31st. Theresa reported on this upcoming event, including the general agenda, communal soup/bread/dessert luncheon, guest speakers, and family meetings. This year the retreat is centered around Step 11. Registration is \$20.00, and the flyer is on the regional web site. Cyndee shared her

experience in attending this event last year - which provided much assistance throughout the coming holiday season. Theresa offered to make available a simple agenda with notations on items involved for use by any Home Group interested in holding their own retreat.

Safe travels to the Assembly next week - we look forward to sharing our journey.

The next GSR teleconference is set for: **Saturday, November 21, 2015, at 9:00 a.m.**

Thank you for your service!

Meeting called.

If you have any questions or comments, please contact any member of the RSC. If you have a Home Group concern, please reach out!

Please forward all Midwest Region donations to:

Rod Seemann
6239 Howe Dr.
Fairway, KS 66205

Please do not put Nar-Anon on the envelope.

Please make checks payable to **Midwest Region Nar-Anon**

Respectfully submitted,

Luanne K
Secretary Pro Tem

Nar-Anon World Website: www.nar-anon.org

Nar-Anon Midwest Region Website: www.naranonmidwest.org

Member Services password: nmw13