

January 2014 Midwest Region GSR Teleconference Minutes

January 18, 2014

Chair opened call. The group was lead in the Serenity Prayer by our Delegate. Chair read Tradition 1 and Concept 1.

Roll Call: Glen Carbon, IL – Kelly S
 Homewood, IL – Bill S
 Rockford, IL (Thurs) – Shannon E
 Rockford, IL (Tues) – Roy Y
 Shawnee, KS – Luanne K (Alternate)
 Topeka, KS – Zack (Alternate)
 Kansas City, MO – Rod S
 Maryland Heights, MO – Joseph L and Barb (Alternate)
 St. Peters, MO – Dana M

RSC: Chair – Tonia M
 Vice Chair – Cyndee D
 Secretary - Marge
 Delegate – Jan F
 Alternate Delegate – Ruth M
 Outreach Chair – Mike Z

Teleconference Minutes: November 2013 minutes have not been prepared. December 2013 Minutes were approved (vote necessary).

Treasurer Report: Our outgoing Treasurer (Donna) has forwarded two financial reports. After ensuring the check to WSC cleared the banking system, she will forward the remaining regional funds to Tonia M Chair.

Delegate Report: The first CAR conference call will be held on January 19, 2014 at 7 pm. These calls will be recorded, such that members may access and listen to the calls at their convenience. Jan F sent an email with the teleconference number and access code, along with an attachment covering a breakdown of the Motions. If there are any questions concerning any motion, Jan F and Ruth M will investigate and provide region members with further information. The Guide to Local Services (GLS) and Guide to World Services (GWS) are free downloadable documents, found on the WSO web site (www.nar-anon.org). Many of the documents involved with 2014 World Service Conference (WSC) may also be found on the regional web site, under Member Services. Please see: <http://www.naranonmidwest.org/member-services/> Access code is “nmw13”. A date for submission of your home group's tally sheet will be set shortly. If you or your members have any questions or comments on this information, please email Jan F Delegate (naranon@scorpio57.com) or Ruth M Alternate Delegate (ruthnowhere@gmail.com).

Outreach Challenge: The January Monthly Outreach Challenge is directed to Town Hall meetings and area Health Fairs (often hosted by area hospitals). Several GSRs discussed their experience on who bears the cost of our Nar-Anon literature table at Narcotics Anonymous Conventions. Some NA areas/regions are requiring our members to bear the cost of a literature table (generally \$25.00), arranged through the venue or through the NA area hosting the event. Discussion was held on NA Traditions and Nar-Anon Traditions 4, 6 & 7. Nar-Anon members at NA Conventions should consider paying the registration fee for attending the NA Convention, as a show of support and a courtesy to NA. Paid registration provides a nametag. Wearing that nametag demonstrates our support of the time, effort and finances of the NA event. Different GSRs provided their experience with the cost of a meeting room and/or a table at various Narcotics Anonymous Conventions. Joseph L GSR Maryland Heights will provide to Tonia M Chair (for distribution) the language his home group uses for table signs at NA and Town Hall events. This language addresses the “spirit of cooperation” between the two fellowships, honoring both fellowships’ Traditions. If you are holding a Nar-Anon meeting during a NA Convention, please consider “passing the basket” at the meeting. At the recent Rockford Convention, enough funds were raised to pay for the room (\$50.00), with the excess forwarded to the region.

ITEM FOR DISCUSSION: Location of the 5th Annual Regional Assembly. Branson, MO has offered to host the Assembly, and Kansas City groups are holding discussions. Members considered travel time within the region, and prior Assembly attendance. Although one home group may host the Assembly, it is suggested that a collective effort of several local groups produces a synergy for Assembly planning and participation of necessary details (flyers, printing, food and recording). Each of the Assembly locations may suggest this as a “weekend destination site”, (ie Chicagoland’s “shopping destination”). One of the regional goals is to have our Assembly travel to different areas within our region, sharing all our experiences, home group members while sharing the burden of hosting.

OLD BUSINESS:

1. Purchase of banners for the region has been tabled to permit information from WSC and WSO.
2. Review of regional provided literature to New Groups – whether the region should also include an Outreach Package was discussed. In the past, the approved motion was to send 3 SESH, 10 Newcomer Packages, 10 small Blue Books and a New Group Package to any newly formed home group. The Treasurer would place the order with WSO, to have the literature sent directly to the new group. Because many new groups had already paid for the New Group Package, the former Chair offered the representative their choice of other literature, based on the same cost (suggesting the Outreach Package as one option). After discussion, the matter will be tabled to permit a written motion to include the costs of New Group literature options.

3. Cyndee D and Luanne K will be working on a special project for the region – a check sheet for newly forming groups within the region – to ensure continuing contact from different RSC members over time.
4. Should the region add downloadable and printable literature to the regional web site? Rod S reported that it would be advisable to have links to WSO downloads for literature printing, rather than having to keep track of changes in literature (requiring constant updates). The regional website (www.naranonmidwest.org) currently has WSO links to all Nar-Anon literature that can be downloaded and printed for distribution to our members and the public.
5. The Nar-Anon logos (copy right protected) will be used within the region on business matters. The new group Welcoming Letter and Information Sheet is being updated to reflect changes within the region.

NEW BUSINESS:

1. Volunteer group(s) for the 5th Annual Assembly was previously discussed.
2. The region is still seeking volunteers for needed service positions – Treasurer and Outreach Convention Community. Chair announced that the region is also in need of a volunteer to act as temporary secretary. Members thanked Marge for her gracious service as temporary secretary.
3. Joseph L GSR Maryland Heights, MO asked if upcoming NA conventions are being covered, including Flight to Freedom, Lake Carlyle, IL. Please pass on any NA Convention flyers (in PDF form) to Rod S (rod@nar-anon.org) for placing on the regional web site – especially those where Nar-Anon will have a presence.
4. Ruth M thanked Rod S GSR Kansas City, MO for work on the regional web site – one of the most powerful Outreach tools available to our members and the public.

FRIENDLY REMINDERS:

1. Please send proposed topics or written motions to Tonia M Chair (tonia4moore@yahoo.com) for upcoming GSR teleconferences, and inclusion on the agenda.
2. To ensure that your home group's information is correct, please regularly check the following web sites: WSO (www.nar-anon.org) and Regional (www.naranonmidwest.org). If you have any closings (due to holidays) or other information of special note (accessibility, interpreters, etc.), please email Rod S (rod@nar-anon.org) to add to your home group meeting information.
3. Please send any flyers for NA conventions or activities, where Nar-Anon has a presence, to Rod S (rod@nar-anon.org) to be placed on our region web site.
4. To access the Members Only section of our regional web site see www.naranonmidwest.org, GSR access code is "nmw13". There you will find valuable information to assist your home group members in carrying the message of experience, strength and hope to the public. You will also find

prior GSR minutes, financial reports, agendas, Monthly Outreach Challenges and other important information to fulfill responsibilities as GSR.

Having no other business, the teleconference call was adjourned.

Next meeting: Saturday, February 15, 2014, at 9:00 a.m.

Respectfully submitted,

Luanne K, Secretary Pro Tem