

**July 2015 Midwest Region GSR Teleconference Minutes**  
*July 18, 2015*

Chair opened call  
Delegate lead group in recitation of the Serenity Prayer  
Chair read Tradition 7 and Concept 7

**Attendees:**

**Groups:**

AR Van Buren, Karen  
IL Elmhurst, Janis  
IL Rockford (Thursday), Lynn  
IL Rockford (Tuesday), Roy  
IN Indianapolis, Patty  
KS Leawood, Rose  
KS Shawnee, Theresa  
MO Chesterfield, Susan  
MO Maryland Heights, Gwen  
MO St Peters, Mike

**RSC Members:**

Chair, Cyndee  
Vice Chair, Luanne  
Treasurer/Webmaster, Rod  
Secretary, Shannon  
Delegate, Jan

Cyndee requests that everyone be sure to check their information on the Roster each month for accuracy and completion.

**Teleconference Minutes:**

([Archive of Minutes Available Here](#) )

No Minutes ready to approve at this time.

**Treasurer's Report:**

( [Archive of Treasurer's Reports Available Here](#) )

- Starting Balance: 5988.73  
Revenue: 30.24  
Expenses: 417.35  
Ending Balance: 5601.52 (+1871.52)
- The Treasurer reports that we took in one donations and some interest. We advanced \$300 for the assembly and purchased one new group packet.

**Outreach Report:**

We do not have an Outreach Chair, but there is an archive of prior outreach challenges on the Midwest Region Website for use ([Archive of Outreach Challenges Available Here](#)). We are currently looking for someone to fill the Outreach Chair Position.

**Delegate Report:**

- Reminds us the World Literature Committee has distributed that step 12 for Fellowship Review. The deadline for member feedback is August 16<sup>th</sup>.
- Delegate expense has been raised from \$1800.00 to \$1900.00

#### Old Business:

- Outreach Chair and Convention Chair positions are still open; please pass this on to your groups. Please consider filling a position on a trial basis. These are very important positions to the Region. Also, please consider what positions we may have open in the future including Chair, Vice Chair, and Alternate Delegate. Please let any RSC member if you have questions about any of these positions. We hope to build the ballot prior to the assembly.
- The 6<sup>th</sup> Annual Assembly is going to be held on Saturday October 24, 2015. Please share this event with your groups and join us if you can!
  - Rod asked last month why the Assembly date is the 4<sup>th</sup> Saturday rather than the 3<sup>rd</sup> as it usually is. There was a prior motion stating that our Assembly would take place on the 3<sup>rd</sup> Saturday in October each year. Therefore, a limited motion would be required to approve the Assembly to be held on the 4<sup>th</sup> Saturday this year only.
  - Elmhurst makes a **limited motion** to hold this year's assembly on the 4<sup>th</sup> Saturday. Maryland Heights seconds this motion.
  - Vote: Yes (9) No (1) Motion Passed
  - Update:  
Now that the date has been confirmed, we can create a registration form. The plan is to have business meeting in the morning, Chicago pizza provided for lunch, workshops in the afternoon, dinner, and then Nar-Anon Family Group meetings in the evening. While there is business in the morning, this event is for all Nar-Anon members. We are asking that each group bring a themed basket to auction. Registration is expected to be \$25, the hotel is \$99 and breakfast is included.
- Honorarium
  - Cyndee distributed a document capturing the main points of the letter and asks that the GSRs share that with their groups
    - (Rockford IL Tuesday) Has discussed it with their group and the general consensus was an interest in using the money for outreach
    - (Rockford IL Thursday) Discussed the possibility of using it for newcomers packets. Also wondering if the money would be kept aside to be used for this. Also how it would be managed?
    - (Shawnee KS) Mentions that there are over 30 groups within the Region but only 10 on the call. Are we in touch with the other groups? Are they in thriving groups? Why are they not engaged in the Region?
    - Cyndee responds to Theresa saying that through the GSR survey they found that there are a number of different reasons that a group does not participate on the calls.
    - (St Peters) This group thought sending something to each group might encourage participation. Also thought possibly sending a book or two for each group to put in their city's library might be an idea to consider.
    - (Maryland Heights) Their group thought funding something to get the word out about Nar-Anon, maybe newspaper ad (wondering if there is an acceptable way to do this). Also maybe putting together outreach packets to take to places to spread the word. Their group also thought that the suggested uses were wonderful.
    - (Chesterfield) Their group is very interested in anything related to Outreach efforts. Also didn't know if these groups that are uninvolved knew about using an Alternate GSR when they are unable to be on a call.

- (Elmhurst) Their group liked the thought of using it for outreach. She thought the Library was a great idea, also liked the idea of newspaper ads.
- Cyndee mentioned tradition 11 in regards to “marketing”. Jan mentioned that the outreach packet provides various letters for groups to create packets to bring to places such as doctors offices etc. Also states that newspaper PSAs are acceptable.
- Cyndee thanks everyone for discussing it with their groups. Also suggests that there be a committee formed to create recommendations to propose to the GSRs. The consensus was that it was a good idea. Rod agreed to be the RSC representation on that committee. Two GSRs volunteered and if anyone else would be interested in being on this committee please contact any member of the RSC.
- New Business
  - Step Meetings and Sponsorship  
If anyone is currently doing step meetings, please come to the August GSR meeting ready to share how your group conducts step meetings (How you schedule, resources, format, etc). We would like to create a guide to have on the website for those interested in starting a step meeting.  
Shawnee would like to join a committee for this project. Shannon is also interested being involved in this project. If anyone is interested in joining this committee, please contact any member of the RSC.
  - “New Perspectives” Group is hosting their 2<sup>nd</sup> Annual Fall Retreat “Improving your conscious contact with God” on Saturday October 31<sup>st</sup>. Please contact Theresa with any questions.
  - St Peters is wondering if we would have a monthly conference call in October in addition to the October Assembly.  
Shawnee makes a motion to have our regular monthly GSR call in October prior to the Assembly. Rockford Thursday Seconds. Motion passed unanimously.