

**December 2015 Midwest Region GSR Teleconference Minutes**  
*December 19, 2015*

Chair opened call  
Delegate lead group in recitation of the Serenity Prayer  
Chair read Tradition 12 and Concept 12

**Attendees:**

**Groups:**

IL Elmhurst, Janis  
IL Glen Carbon, Kelly  
IL Homewood, Bill  
IL Rockford T, Jan (welcome back as a GSR!)  
IL Rockford TH, Lynn  
IL Schaumburg, Ilene  
IL Willow Springs, Don  
IN Indianapolis, Patty  
MO Chesterfield, Dale  
MO Kansas City, Jane  
MO Maryland Heights, Kim

**RSC Members:**

Chair, Cyndee  
Treasurer/Webmaster, Rod  
Secretary, Shannon  
Delegate, Ruth  
Outreach Chair, Jim  
Convention Chair, Dian

**Other Participants:**

RSC Volunteer, Luanne

**Teleconference Minutes (Shannon):**

([Archive of Minutes Available Here](#) )

No minutes ready to approve at this time.

**Treasurer's Report (Rod):**

( [Archive of Treasurer's Reports Available Here](#) )

A check was sent to pay for the Delegate and Alternate to WSC

Cyndee extends thank you for the group's generosity for contributions through the assembly and donations.

**Outreach Report (Jim):**

He expresses gratitude for the members who have show interest in being on the Regional outreach committee and extends an ongoing invitation for any interested member. He says he received all materials from Joseph and Mike and working on getting himself up to speed. He will engage in a conference call with Lynn k, outreach coordinator for wso, to get their view on outreach and get possible

other points of contact in regards to outreach. He plans to move forward more with the outreach committee when things start to slow down after the holidays.

There is an archive of prior outreach challenges on the Midwest Region Website for use ([Archive of Outreach Challenges Available Here](#)).

**Convention Report (Dian):**

Dian will distribute an interim events calendar and is seeking input.

Please contact Dian with any questions, suggestions, or updates!

**Delegate Report (Ruth/Theresa):**

- (Ruth) The CAR was distributed a few weeks ago, there is more to come. There will be conference calls in January to go over each motion for discussion and questions, dates to come.

**Old Business:**

- 2016 Assembly – Site Selection (Seeking a Motion):
  - Dale from Chesterfield sent out a letter volunteering
  - **MOTION:** Dale (Chesterfield MO) makes a motion to have the 2016 Annual GSR Assembly in Chesterfield MO. Bill (Homewood IL) seconds. Motion passed unanimously (we seemed to have lost Don and Jane).

Thank you to Dale and the Chesterfield MO group for your willingness to host.

**New Business**

- WSC dates and deadlines
- Tradition 6 workshop (please contact Ruth for attachment)
  - Questions posed and comments:
    - 1) Have you ever experienced a diversion from the Nar-anon program in your meeting? How did you feel?
    - 2) What in your recovery has been a diversion to you?
    - 3) What happens in your meeting to create an atmosphere of attraction and inclusion? What may not?
    - 4) How do you feel about this program having a primary spiritual aim? Where you aware of that when you came into the rooms?
    - 5) How have you experienced that spiritual connection in meetings?
    - 6) Have you experienced the words of a fellow member popping into your mind at just the right moment?
- Janis (Elmhurst IL) has experienced a diversion during a meeting when a newcomer comes and starts to ask questions about what they can do, which can be awkward. She shares she also experiences spiritual connection in her home group. She thinks that is the thing that attracts people to their group.
- Dale (Chesterfield MO) In his group, regular attendees share first before the newcomers so that they can witness other members and have a better understanding of the program before they speak. They then offer to sit one on one with newcomers to comfort them and answer questions. They choose to share going around the room to foster inclusion.
- Ruth (Delegate, attends Elmhurst IL). They once had a physician who works with addiction come and share, he spoke about how family members need to help and control etc and it turned out to be a very uncomfortable experience causing her to question having non-naranon

- people participate in naranon meetings. She found this to be a diversion from the program and send a message that might not be consistent with the program.
- Ilene (Schaumburg) shares that this workshop has caused her to want to think this all through a little more and see how it relates to the health of her home group.
  - Shannon (Secretary, attends Rockford IL) encourages people that the talking doesn't have to end just because the call does. The Roster is there so that GSRs can communicate in between conference calls ☺
- Group Talk/Sharing your experiences  
This will give GSRs an opportunity to share with each other and ask questions. Please be thinking about any topics you would like to be added to the Agenda for group talk (challenge, questions, successes etc)
  - The Region is very grateful for everyone's service and contribution. Next call is Saturday January 16<sup>th</sup>, 2016. Happy Holidays! Call Adjourned.