

July 2014 Midwest Region GSR Teleconference Minutes

July 19, 2014

Chair opened call. Delegate lead group in the Serenity Prayer. Chair read Tradition 7 and Concept 7.

Roll Call: Glen Carbon, IL – Kelly S
Homewood, IL – Bill S
Rockford, IL (Thurs) – Shannon E
Springfield, IL – Linda
Bloomington, IN – David D
Indianapolis, IN – Patty B
Munster, IN – Diana K
Shawnee, KS – Theresa C
Maryland Heights, MO – Joseph L
RSC: Chair – Tonia M
Vice Chair – Cyndee D
Treasurer – Rod S
Delegate – Jan F
Outreach Chair – Mike Z
Guests: Karen, Van Buren, AR
Brandy, Fort Smith, AR

Teleconference Minutes: Six months of minutes are now transcribed and will be emailed to GSRs this week. These will be discussed in the August 2014 GSR call.

Treasurer Report: Rod S reported that the Midwest Region's bank account has been established at US Bank. The opening balance on the account was \$1,241.16. Since the report there was a donation from Elmhurst; and, a disbursal of \$300.00 for Assembly expenses. The June 20, 2014 Treasurer's Report was unanimously approved. The following Motion was unanimously approved: The Midwest Region will accept use of one signature as valid for distributions from the treasury.

Outreach Report: Mike Z presented the July Monthly Outreach Challenge – placing Nar-Anon information and meeting lists in County Health Departments. There is at least one Health Department for each county in the state. Larger counties often have more than one office. People of all socio-economic levels visit the Health Department, and having literature about our program and meeting lists may reach families seeking information. Please remember to ask permission before leaving any flyers or lists. September is National Recovery Month, with events planned all over the country. Information and ideas (banners) may be found at www.recoverymonth.org.

Delegate Report: Jan F clarified information on WSC Motion #10. The regional vote was not changed at WSC (as stated during last month's call). Motion #10 was a

Policy & Guidelines Motion, which needed 2/3rds majority to pass. The original motion failed. There was a motion for reconsideration, with considerable discussion. After discussion, the revote failed to obtain the required 2/3rds majority vote. Ruth M has joined the World Narateen Committee. Worth, IL has opened the region's first Narateen meeting. Discussion of Narateen information will be tabled until Ruth M can give a report.

OLD BUSINESS:

1. Purchase of banners has been tabled. The region is awaiting further information from WSO Literature Committee.
2. Currently, there are two (2) RSC positions open and available for service within the region: Secretary and Convention Committee Chair. Please continue to canvas your home group members for volunteers. The responsibilities formerly listed in the GLS (Guide to Local Services) were amended by WSC 2014. Please see the regional website (www.naranonmidwest.org) for the GLS 2014 changes. If anyone is interested in a service role, please suggest they contact a current or former RSC member. Questions can be asked and experiences shared.

NEW BUSINESS:

1. Last month there was discussion of how various groups used different ideas to welcome newcomers and keep people coming back. If there are other topics you want feedback or want to discuss, please email Tonia M (tonia4moore@yahoo.com) to have this added to future agendas.
2. Patty B asked about an inquiry at a recent meeting by a couple of people who wanted to start a new meeting. Rod S discussed the information available on both the regional website (www.midwestnaranon.org) and WSO website (www.nar-anon.org). Additionally, there are other resources available from the region (new group literature package) as well as many members who have recently started a new group who can share their experience, strength and hope (ESH) with interested individuals.
3. Assembly Update – Christine Z was not available to provide an update. Any member interested in assisting with the Assembly, or having questions, should contact Christine Z (ozarksnewhorizon@yahoo.com).
4. Springfield MO GSR Linda asked for the ins and outs of holding an Assembly for her group's consideration of possibly holding a future Assembly. Mike Z offered his assistance in answering questions. The regional website (www.midwestnaranon.org) has information and suggestions from prior Assembly Committees under the Member Services Section.
5. Nominations for open office positions: Cyndee D has prepared the Midwest Region's Regional Service Committee Nominations form, which was forwarded with the Agenda. Please take this form to your home groups for possible candidates for service. Many interested people say "but I have never done this before." Please remind your members that this concern should not prevent someone from service work. Being a new region, each of our past and current RSC members were new at one time. Along with Sharing, Steps,

and Sponsors - Service (the 4th S) work is one of the main principles of the Nar-Anon recovery program. It will enhance your personal recovery program, as well as giving you valuable experience in living the Traditions and Concepts of Service.

6. Please consider forwarding all donations above your Home Group's prudent reserve to the next service level – the Midwest region. WSC Motion #11 passed, which has an excellent definition of prudent reserve. Tradition 7 speaks to groups being fully self-supporting. Donations flow from individual members to their Home Groups. Once the Home Group's financial needs are met, all contributions flow to the Region. Once the Regional financial needs are met, any excess over prudent reserve flows to World Service.
7. Rod S discussed updates on the website. There are three (3) new meetings in the Midwest Region – Lawrenceburg, IN; Evanston, IL; and, Wichita (2nd meeting). Group codes have been assigned by WSO to all formed groups. This permits WSO to better keep track of meeting changes and literature orders. Each of the Home Group's Codes is listed on the regional website on the Meetings Page. The "Contact Us" form has been worked on. Yahoo accounts presented a problem. A work around has been added to correct this problem. More people are needed to work on the website committee – to review possible changes, and offer suggestions.
8. Upcoming NA Conventions – Tonia M Will attend NA's "Up the Creek" float trip.
9. Shawnee KS Theresa is planning a Spiritual Retreat in November, and had questions regarding Traditions and any guidelines for such a retreat. Jan F and Ruth M, as Delegate and Alternate Delegate, are excellent resources with any questions regarding guidelines or Traditions when holding special events open to Nar-Anon members.
10. Please remind members about the Serenity Connection, Nar-Anon's quarterly publication. Anyone may sign up, using his or her email address, to receive this publication. Please go to WSO website (www.nar-anon.org) and follow the directions. Prior issues are also available on line. Members may also send in proposed articles or stories for consideration.
11. Welcome to our Guests from Arkansas!

Next meeting: Saturday, August 16, 2014, at 9:00 a.m.

Please forward all Midwest Region Donations to:

Rod Seemann

Treasurer – Midwest Region

6239 Howe Dr.

Fairway, KS 66205

Please make checks payable to **Midwest Region Nar-Anon**

Respectfully submitted,

Luanne K

Secretary Pro Tem