

## **March 2016 Midwest Region GSR Teleconference Minutes**

*March 19, 2016*

Chair opened call

Delegate lead group in recitation of the Serenity Prayer

Chair read Tradition 3 and Concept 3

### **Attendees:**

#### **Groups:**

AR Van Buren TH, Karen

IL Elmhurst, Janis

IL Homewood, Bill

IL Rockford T, Jan

IL Rockford TH, Lynn

IL Schaumburg, Ilene

IL Springfield, Linda

IN Indianapolis, Patty

IN Munster, Diana

MO Chesterfield, Dale

MO Maryland Heights, Gwen

### **RSC Members:**

Chair, Cyndee

Treasurer/Webmaster, Rod

Secretary, Shannon

Delegate, Ruth

Alternate Delegate, Theresa

Outreach Chair, Jim

Convention Chair, Dian

### **Other Participants:**

RSC Volunteer, Luanne

### **Teleconference Minutes:**

([Archive of Minutes Available Here](#) )

August, September, and October of 2015 approved unanimously.

### **Treasurer's Report (Rod):**

( [Archive of Treasurer's Reports Available Here](#) )

### **Outreach Report (Jim):**

Shared that the main goal of outreach is simply to increase awareness that Nar-Anon exists. There is an archive of prior outreach challenges on the Midwest Region Website for use ([Archive of Outreach Challenges Available Here](#)). Please contact Jim with any questions or suggestions!

### **Convention Report (Dian):**

Please notice any additions to the calendar, she will continue to update this and get the information to you. Please contact Dian with any questions, suggestions, or updates!

**Website Update (Rod):**

Shares that he is adding a page on the Regional Website about step work and sponsorship. He hopes to have something finalized in a month or so. Theresa has some literature on long-distance sponsorship from a convention she attended to share with Rod as a resource.

**Delegate Report (Ruth/Theresa):**

Ruth shares that they are officially all set to carry the Regions vote at the assembly and Theresa that she hopes to receive lots of tally sheets.

**Old Business:**

- Carrying Your Home Group's voice to the World Service Conference
  - Contact Ruth or Theresa with any questions
  - Important resource for You: CAR/CAT Teleconference Recordings  
Dial in #: 712-432-1202 Access Code: 900219#
    1. Reference 4# for Motions 1 – 14
    2. Reference 5# for Motions 15 – 25 and 40 – 49
    3. Reference 6# for Motions 26 – 39
    4. Reference 7# for CAR Amendments and CAT
  - Tally Sheet (attached to the March GSR Teleconference eMail for your convenience)  
Due to Ruth or Theresa no later than April 2<sup>nd</sup> and Submit via:  
eMail to Ruth ([ruthnowhere@gmail.com](mailto:ruthnowhere@gmail.com))  
USPS to Theresa (Ms Theresa Cleaves, 416 Valley Dr, Lansing, KS 66043)
- Touch and Talk (ie, TNT) Status Update (connecting with the Region's Home Groups)  
This service will be ongoing and extended to every group within the Region since it is anticipated to be challenging to keep track of which groups are participating at any given time.

**New Business**

- 2016 Midwest Region's Annual Assembly  
Saturday October 15 in Chesterfield, MO  
Content possibilities for Breakouts/Workshops:
  - Service traditions
  - Service concepts
  - Welcoming Newcomers
  - Keeping meetings healthy
  - Outreach workshop
  - Sponsorship/Share Partners
  - Keeping Members Coming Back
  - Home Group Celebrations/Challenges
  - Additional topics of YOUR choosing
- Luanne suggested the topic of using the traditions in your work life, home life etc. Theresa suggests that all of these topics can be related to our whole life (in all our affairs).
- Dale (Chesterfield MO) suggested having several breakouts with different topics happening at one time. If anyone is interested in facilitating a workshop, please let hosting committee know.
- Group Talk/Sharing Your Experiences
  - How does your group address crosstalk between members?
- Ilene (Schaumburg IL) She printed out appropriate sharing and crosstalk and put it out in the middle of the table.

- Patty (Indianapolis IN) She noticed a problem of crosstalk with mostly seasoned members due to comfortability. She appreciates how the new meeting format addresses crosstalk. Janice says her group does the same thing.
- Bill (Homewood IL) says that they explain that when a person is sharing, they have the floor. When we live with an addict, we cannot always share a complete thought and the group has to be a safe place to be able to do that.
- Dina (Convention Chair, attends Des Peres) They address crosstalk at the beginning and they do not have an issue with crosstalk since they are a fairly small group. Will give it further consideration.
- Please contact any member of the RSC with any topics you would like to address during our April GSR Teleconference
- The Region is very grateful for everyone's service and contribution. The next call is Saturday April 16<sup>th</sup>, 2016. Call Adjourned.