

September 2014 Midwest Region GSR Teleconference Minutes

September 20, 2014

Chair opened call. Chair lead group in the Serenity Prayer. Chair read Tradition 9 and Concept 9.

Roll Call: Homewood, IL – Bill S
Indianapolis, IN – Patty B
Topeka, KS – Terri S

RSC: Chair – Tonia M
Treasurer – Rod S
Alternate Delegate – Ruth M
Outreach Chair – Mike Z
Special Projects – Luanne K

Guests: Fort Smith, Ark – Brandy
Van Buren, Ark – Karen

Teleconference Minutes: There are no minutes available for review.

Treasurer Report: Rod S reported on this month's donation (Homewood, IL) and expenses (new group literature Columbia, MO and outreach Rockford, IL), with an ending balance of \$991.75. Motion to approve Treasurer's Report unanimously passed.

Outreach Report: Mike Z reported on the September Monthly Outreach Challenge. This will be emailed after the meeting. The focus is on detox centers, an area that is often missed. Google your city or zip code for a list of local detox centers. Most are very happy to receive Nar-Anon literature and meeting lists. In addition to resources for the addict, this provides a great resource for involved family members. September is National Recovery Month; please check with your local area to see what events you can attend. Consider bringing Nar-Anon information to these events. Bill S shared that one group member regularly speaks at a local detox/rehab during their family meeting. Mike Z shared his experiences with approaching various detox/rehabs, covering both the problems and successes.

Delegate Report: Jan F and Tawnee V are attending Nar-Anon's ECC 5 (East Coast Convention), in Tampa Florida, where the theme is Nar-Anon Traditions.

OLD BUSINESS:

1. No new information has been received on the purchase of banners.
2. Nominations are still open for the service positions of Secretary and Convention Committee Chair.

3. 6th Annual Assembly location – The region is still in need of a location to hold this Assembly.

NEW BUSINESS:

1. 5th Annual Assembly update – Tonia M reported on her update from Christine Z that preparations for this assembly are going well. Taping of the business portion for minutes is being handled.
2. Nominations for open office positions: Tonia M shared information from Cyndee D that one nomination has been received. Please submit any nomination forms to Tonia M or Cyndee D, such that a ballot can be prepared for voting purposes. Nomination forms, as well as the duties/responsibilities are listed on the regional website, under Assembly information.
3. Narateen Update - Ruth M reported that she has volunteered to be a member of the World Service Conference Committee (WSCC) on Narateen. This committee is working on a package of information on how to start a Narateen meeting. Although there is much to learn about working with teens, and especially teens affected by addiction, they are working to make the process simpler. Ruth M is hoping that this region will form a committee made up of members from each state who are interested in Narateen, or working with teens. Narateen groups and the process are in the infancy stages, and much can be learned from the experiences of Alateen. The rate of addiction in children of addicts and alcoholics is very high, and it is important to share healthy tools with impacted young people. Each region is to oversee safety guidelines being met for Narateen groups. There are established Narateen meetings in California, Florida and New York. This World Committee is also looking into providing facilitator workshops. Local Alateen meetings can be canvassed to assist in providing experience. Any interested individual should contact Ruth M (ruthnowhere@gmail.com) for further details.
4. Request from two groups in Arkansas to join region – Brandy, Fort Smith, AR, and Karen, Van Buren, AR, have submitted forms and their request to have their Home Groups join the Midwest Region. There are four (4) current Nar-Anon groups in Arkansas. After discussion concerning including just these two groups vs the whole state, it was determined that these two groups' request will be taken up at the 5th Annual Assembly.
5. Rod S reported that he is on the World Service Conference Committee on Website. WSO's website has been redone, with a whole new look. Rod is asking that members check the site for the new method of finding a local group, and to provide feedback. Please check this site to see if the format makes it easier for a newcomer to locate a meeting. Zip codes, as well as city, can be placed in the search box – as well as the option to zoom in/out. This option may also be used on our regional website.
6. Bill S notified members of a 1st annual picnic being held by "Tuesdays Together", Elmhurst, IL. Ruth M reported that the flyer was finalized, and was sent to all Chicago area groups. The date/time are: October 5, 2014 from noon to dusk. Costs are \$10.00 for adults, children 13 and under are free. This group is asking for a head count. The picnic will be held at Wooddale Forest Reserve

- Park, at their shelter. A number of activities are available for family participation. This flyer will also be placed on the regional website.
7. Luanne K reported that while members are on the newly improved WSO website, they should look at the latest edition of the Serenity Connection. There is a plea from for donations, as well as a good discussion on donating at the local, regional and world level.

Next meeting: 5th Annual Assembly, Saturday, October 18, 2014 in Branson, MO. Looking forward to meeting each of you there!

Please forward all Midwest Region Donations to:

Rod Seemann

Treasurer – Midwest Region

6239 Howe Dr.

Fairway, KS 66205

Please make checks payable to **Midwest Region Nar-Anon**

Respectfully submitted,

Luanne K

Secretary Pro Tem