

## **December 2013 Midwest Region GSR Teleconference Minutes**

*December 21, 2013 9:00 a.m. Central*

Called to order by Chair. Delegate led group in reciting the Serenity Prayer. Chair read Concept 12 and Tradition 12.

### **GSR Attendees:**

Rockford, IL - Always Hope Never Alone - Shannon  
Rockford, IL - Focusing on Me – Roy Y.  
Branson, MO - Ozarks' New Horizons - Christine  
Kansas City, MO - Saving Our Selves – Rod S.  
Maryland Heights, MO - Choices – Joseph L.  
Springfield, IL - Focusing on Me - Linda

### **Region Attendees:**

Tonia - Chair  
Cyndee – Vice Chair  
Marge - Secretary  
Jan - Delegate  
Ruth – Alternate Delegate  
Mike – Outreach Chair

Guest – Susan, Harrison, AR

The Region is looking into how to get Arkansas into the Midwest region.

**Teleconference Minutes:** November minutes not keyed, not approved.

**Treasurer's Reports:** Treasurer's Report was unanimously approved.

### **Delegate report:**

Jan and Ruth explained CAR (Conference Agenda Report) and what is on the agenda for the World Service Conference.

A tentative GSR teleconference call is scheduled for January 19, 7:00 p.m. to go over CAR, motions, and answer questions.

The call will be recorded, no minutes to be taken. Instructions to listen to the recorded call will be sent to all GSRs.

### **Outreach Challenge:**

Outreach Chair reviewed January Challenge, 211 - United Way. See documents sent previously. Outreach Chair asked that groups fill out the survey so Region can be of better help to groups.

Discussion of what is working/not working for groups:

- Rockford:
  - Distributed literature to treatment facilities, law enforcement agency, churches.
  - Attended family sessions at local recovery center and passed on Nar-anon information, dropped off literature at libraries. Libraries taking SESH book in.
- Elmhurst:
  - Nar-anon info distributed to local police departments. Outreach Chair will give others in group info if desired. Elmhurst has provided speakers to rehab centers to speak to family members. Elmhurst was involved in start-up of one new group. Schaumburg assisted in Elmhurst start up.

**ACTION:** Mike asked Ruth's Outreach Chair to reach out to Mike, Outreach Chair.

**MOTION:** Maryland Heights, MO, motioned to vote Marge as temporary secretary for 90 days. Approved unanimously.

**DISCUSSION:** Need for GSR home group to host 5th MWR assembly in October 2014. Branson is willing to host if no one else is willing. Maryland Heights is willing to answer questions and advise.

**Old business:**

Purchase of banners tabled to January 2014.

What can we do to improve attendance? Suggestions/discussion:

- Ask groups what they are doing.
- Ask groups to complete a survey, leaving off asking a group if they want to be part of the Region. When a new group is formed they are a member of the Region.
- Informal gathering after the meeting for socializing, connecting.
- Flow chart – group list, phone numbers, who, when contacted. Delegate Jan has the sheet. Needs to be updated on an ongoing basis and it is too much for one person. Consider forming a committee for this job.
- Visit other groups.

**ACTION:** Jan will send to Chair flow chart in early January for January call. Joseph (Maryland Heights) to forward survey to Chair. There will be discussion on moving forward.

- Delegate Jan looking for info from WSO to make sure we are getting information on people wanting to start new groups and new groups forming.

Discussion

Should we include an outreach folder for new home groups?

First changes/corrections need to be made to the welcome letter

Current welcome letter used does not have a WSO-approved logo.  
Mission statement needs to be updated.  
RSC has an outreach committee  
RSC does not have a convention committee  
RSC does not have a website committee

**MOTION** to change logo to a WSO-approved logo. **Motion passed** unanimously.

**ACTION:** Vice Chair will confirm logos are WSO approved and help Chair update letter.

How do we receive info on new groups forming?

Information is supposed to come from WSO. It is not clear who is first contact in region. WSO contact is Ahou. Delegate Jan is having discussion with WSO to streamlining information to Delegate Jan first, then Delegate passing it on to RSC.

Discussion regarding sending Delegate and Alternate Delegate to WSO and the cost.

There was discussion as to whether a vote needed to be taken to send delegate and alternate delegate to WSO in May. It was noted that this vote was done at assembly. It is documented in the amended minutes which are not completed. It is not necessary to vote. Money was not voted on at Assembly.

**MOTION:** Send delegate and alternate delegate at a cost of \$1800 each.

There was discussion that there is a \$220.02 shortage in the Delegate/Alternate Delegate fund to send two delegates.

**MOTION:** Send delegate and alternate delegate to WSC conference in May. (Mentioned that two years ago WSO gave Region a loan. Region is no able to get a loan going further; Region must fund itself.)

**MOTION AMMENDED:** Transfer money allocated as needed into WSC fund and send delegate and alternate delegate. **Unanimously approved.** (Rockford, IL, had left call.)

Donna, former Treasurer, will stay on to process check for WSC.

Meeting adjourned at 10:21 a.m. central.