

Greetings MWR NFG's,

As a new theme we are addressing reaching **within** our region and family groups. As growth within our groups, is as important as growth of the groups.

We all know that; **"The newcomers are the lifeblood of this program. But the old-timers are the arteries that carry the message.** "

With all the new groups forming and some groups struggling, we as the old-timers really need to visit other meetings. To share your experience, strength, and hope, with other family groups. To give them more knowledge and experiences to draw from. To let the newcomers see that serenity can be found. That there is hope with working the program and the steps.

By taking some time and visiting other Nar-Anon family groups near by we will be working step 12 and bringing our Nar-Anon family closer together. By sharing what others before you have done for you, and paying it forward.

Visit Neighboring Groups !

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