Workshop following the Business Portion of MWA

Plan for the Nar-Anon Midwest Region Assembly, Sat., 10/24/15

1:00-4:00 pm

- 1. 10-15 min. Lead on a Spiritual Principle of Service. by 3 members: 1 pm, 2 pm,& 3 pm
- 2. Based on theme, leader asks 2 questions to continue the conversation in smaller groups (Sent to Janis who will type up and cut out to distribute among individual members)
- 3. Large group splits into 4 groups by numbering off so that people can meet w/new people.
- 4. 30-45 min time of effective sharing and discussion of our ESH
- 5. On the hour, come back together to hear another speaker, and then repeat the process.

DALE	Speaker 1
THERESA	Speaker 2; "Faith, Inclusiveness and Humility"
RUTH	Speaker 3; "The 6th Tradition and Gratitude"

4:00-5:00 pm Raffle of Gift Baskets Items also available for purchase, such as hand-crafted Book Covers

5:30 - 7:00 pm Dinner altogether at Famous Dave's (within walking distance from hotel)

7:30-9:00 pm Family Group Nar-Anon Meeting Following Group, you may want to move to a more comfortable seating area in the lobby.

The Meeting Room is located off the lobby, on the 1st fl, with outside access: 1,400 sq '.