

Minutes of the 7th Annual Assembly of the Midwest Region of Nar-Anon
Chesterfield, MO
October 15, 2016

8:30 am **Business Meeting**

Chair calls business meeting to order.
Delegate leads group in recitation of the *Serenity Prayer*.
Twelve Traditions read
Twelve Concepts of Service read

8:35 am

Roll Call of Voting Members

Assembly Attendees: 60 registered Family Groups in MWR of Nar-Anon:
13 Voting Members present;

AR Van Buren, Karen	IL Glen Carbon, Jamie
IL Elmhurst, Janis	IL Rockford, Jan
IL Rockford, Lynn	IL Springfield, Candy
IL Vandalia, Leanne	IN Bloomington, David
KS Leawood, Rose	KS Shawnee, Mary
MO Chesterfield, Dale	MO Maryland Heights, Gwen
MO St. Peters, Dana	

RSC Members:

RSC Chair, Cyndee	Treasurer/Webmaster, Rod
Secretary, Interim, Janis	Outreach Chair, Jim
Delegate, Ruth	Delegate, Theresa
Convention Chair, Dian	

8:40 am

MOTION

To approve of the *Minutes of the 6th Annual Assembly - Midwest Region of Nar-Anon, 2015* (See [link](#))

Moved by Dale; Seconded by Gwen, and unanimously approved.

Y - AR Van Buren, Karen	Y - IL Glen Carbon, Jamie
Y - IL Elmhurst, Janis	Y - IL Rockford, Jan
Y - IL Rockford, Lynn	Y - IL Springfield, Candy
Y - IL Vandalia, Leanne	Y - IN Bloomington, David
Y - KS Leawood, Rose	Y - KS Shawnee, Mary
Y - MO Chesterfield, Dale	Y - MO Maryland Heights, Gwen
Y - MO St. Peters, Dana	

8: 45 am

Host Committee Chair Welcome (Dale, GSR Chesterfield)

9:05 am

Regional Service Committee Reports

(See [link](#))

State of the Midwest Region (Chair Cyndee)

Chair appeals to GSRs to help insure meetings have accurate and current info.

Past year: Unprecedented levels of donations to Midwest Region of Nar-Anon Reviews, "Leaders are but trusted servants. Unity; Principles above personality"

TNT: Touch and Talk – a new method of outreach to Family Groups by the RSC

New: GSR calls include "open mic"

Website Committee has been and continues to update the site.

During this 10/15/2016 Assembly we will set "Regional Goals, decided by GSRs

--Ask yourself, 'What are you willing to do to give service to Nar-Anon?'"

9:10 am

Outreach Report (Outreach Chair Jim D) NEW Posters: GSRs: pls Vote on Top 5 today

Events - Cooperated w/ (St. Louis area) NCADA Town Hall Mtg

NA – Cabin Fever Prevention Convention: Ozarks

MWR on WSO Outreach Committee- Jim is on subcommittee;

"How do, or can we, use Social Media?"

([Outreach Report.docx](#))

9:20 am

World Service Convention Report, *Top Ten* (Delegate Ruth)

(See [link](#))

Non-voting member of RSC: 20 delegates; 9 trustees have voting rights

Key motion outcomes (out of 60!!); #1 Outreach/Start New Meetings

Attempt to remove "drug" from "addiction" failed; "drug" remains as did

Attempt to remove "drug" addiction from *Letters* to doctors, lawyers, etc.

Regional affairs; all officers have 1 vote only.

Narateen: 2 hour talk! Some approved; some not (See: Narateen Report)

1. Table Card by teens

2. Keeping meetings Closed

New Literature:

Boundaries & Consequences and the Step Guide; 10-11-12 approved

Midwest Region of Nar-Anon's Motion tabled at 2016 WSC, re groups becoming more autonomous; There has been a committee formed to simplify the tally process in regard to motions involving the steps, traditions and concepts so the Midwest Region tradition motion is currently on hold until the next WSC.

MOTION A-1: (Motion 16 – WSC 2014)

That the tally process be initiated ([2012] Guide to World Services, page 20) to amend Tradition 4 from “Each group should be autonomous except in matters affecting other Nar-Anon Family Groups, or NA as a whole” to: “Each group should be autonomous except in matters affecting other Nar-Anon Family Groups or Nar-Anon as a whole.”

9:30 am

World Service Convention Report (Alternate Delegate Theresa) (See [link](#))

Sharing our Experience, Strength and Hope – Service in Action

1. The Serenity Connection: newsletters@nar-anon.org
2. Rod requests “your stories of how you came into the fellowship” which stories will be edited and posted: rod@nar-anon.org
3. Submit your writing and Copyright release form to: litcom@naranon.org or newsletters@nar-anon.org

9:40 am

Alligare Donation Committee Update (Karen, GSR Van Buren) (See [link](#))

MOTION

Amendment 1 to the Distribution of Outreach & Study Step Material Process presented to the GSRs who attended the Assembly held on October 15, 2016 reads:

Existing and new groups will be allowed to order these materials until the Alligare funds are depleted or until April 30, 2017, whichever comes first. Any new group that starts in April, 2017 will have 30 days to complete their order.

Moved by Karen; Seconded by Candy, and unanimously approved

Y - AR Van Buren, Karen	Y - IL Glen Carbon, Jamie
Y - IL Elmhurst, Janis	Y - IL Rockford, Jan
Y - IL Rockford, Lynn	Y - IL Springfield, Candy
Y - IL Vandalia, Leanne	Y - IN Bloomington, David
Y - KS Leawood, Rose	Y - KS Shawnee, Mary
Y - MO Chesterfield, Dale	Y - MO Maryland Heights, Gwen
Y - MO St. Peters, Dana	

10:00 am

Midwest Region Goals/Priorities: ranked 1-4, GSR votes selected;

1. Guest Speaker Resource List
2. Increased GSR Participation
3. Increased Member Volunteerism
4. Talking with Groups about Service

10:15 am

Regional Service Committees Reports Resume

Narateen: An Update (Janis, GSR Elmhurst, Narateen ad hoc Com Chair) (See [link](#))

- Discussion: 1. Identify the NPP for Midwest Region of Nar-Anon
2. Term Limits on Chair of Subcommittee of Narateen

10:25am

Website Committee Report (Committee Chair Rod) consists of; Theresa, Janis and Rose
(See [link](#))

Website for MWR is paid up for 3 years.

Any NFG or groupings of NFGs wanting their own domain, cost @\$16/yr

Please send “your story.” 50 hits/day; 20 visitors/day

“How To” find and navigate the online Midwest Region Nar-Anon Website.

10:30 am

Treasurer’s Report (Rod)

(See [link](#))

Current budget analysis 2015-1016 and the 2016 Budget Review/2017

Resources Available: \$4,707.00

Total Need: \$2,477.00

MOTION

To approve Proposed Budget; Oct 1, 2016- Sept. 30, 2017 (See [link](#))

Moved by Gwen; seconded by Leanne, and unanimously approved.

Y - AR Van Buren, Karen

Y - IL Glen Carbon, Jamie

Y - IL Elmhurst, Janis

Y - IL Rockford, Jan

Y - IL Rockford, Lynn

Y - IL Springfield, Candy

Y - IL Vandalia, Leanne

Y - IN Bloomington, David

Y - KS Leawood, Rose

Y - KS Shawnee, Mary

Y - MO Chesterfield, Dale

Y - MO Maryland Heights, Gwen

Y - MO St. Peters, Dana

11:10 am

MOTION

To send a \$300.00 donation from the MWR of Nar-Anon, to the World Service Organization of Nar-Anon, to demonstrate our commitment to funding all service levels within the Nar-Anon Fellowship.

Moved by Mary, seconded by Janis, and unanimously approved.

Y - AR Van Buren, Karen

Y - IL Glen Carbon, Jamie

Y - IL Elmhurst, Janis

Y - IL Rockford, Jan

Y - IL Rockford, Lynn

Y - IL Springfield, Candy

Y - IL Vandalia, Leanne

Y - IN Bloomington, David

Y - KS Leawood, Rose

Y - KS Shawnee, Mary

Y - MO Chesterfield, Dale Y - MO Maryland Heights, Gwen
Y - MO St. Peters, Dana

Roll Call of Voting Members (Janis A)

Election of Regional Service Committee Members - all positions unopposed

Vice Chair: Dale, Beginning 1st of 2-year term

Treasurer: Rod, Beginning 1st year of 2nd 2-year term

Secretary: Janis as Interim position, until a Secretary comes forward

Narateen Subcommittee Chairperson: Dana, Beginning 1st of 1-year term

12:30 PM Business Meeting Adjourned

Afternoon Agenda

1:20 PM -- Mind-ful Meditation – Delegate Theresa

2:00 PM – Keeping Meetings and Our Personal Shares Healthy – GSR Karen

2:00 PM – Outreach Workshop – Outreach Chair Jim

3:00 PM – Service Traditions – Delegate Ruth

3:00 PM – Welcoming the Newcomer – GSR Maureen

4:00 PM – Sponsorship; “The Spiritual Journey toward a New Way of Life” GSR Cathy

4:00 PM -- How to Keep Members Coming Back; “Family Feud” – Delegate Theresa

5:30 PM -- Dinner

7:30 PM -- Family Group Meeting