

# 7<sup>th</sup> Annual Assembly of the Midwest Region

October 15, 2016 – Chesterfield, MO



# The State of the Region



Cyndee D., Midwest Region Chair

# Objective Review

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- ▶ As of October, 2015, the Midwest Region was comprised of 47 meetings across our 5 state region
- ▶ As of October, 2016, an additional 13 meetings were added for a total of 60 meetings



# Midwest Region Meeting Locations

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## ▶ In 2015

- ▶ AR – 2 meetings
- ▶ IL – 20 Nar-Anon,  
1 Narateen
- ▶ IN – 9 meetings
- ▶ KS – 4 meetings
- ▶ MO – 11 meetings

## ▶ In 2016

- ▶ AR – 4 meetings
- ▶ IL – 24 Nar-Anon,  
1 Narateen
- ▶ IN – 11 meetings
- ▶ KS – 7 meetings
- ▶ MO – 13 meetings



# Meeting Changes in 2015 - 2016

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## ► Additions since the 2015 Assembly

- ☐ Michigan City IN
- ☐ Fayetteville AR
- ☐ Brazil IN
- ☐ New Melle MO
- ☐ Godfrey IL
- ☐ Benton IL
- ☐ Rogers AR
- ☐ Dixon IL
- ☐ Excelsior Springs MO
- ☐ Sheffield IL
- ☐ DuQuoin IL
- ☐ Concordia KS
- ☐ Wichita KS (Tuesdays)
- ☐ Springfield MO
- ☐ Vandalia IL
- ☐ Newton KS

## ► Meetings Closed since last Assembly

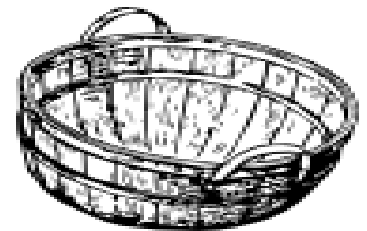
- ☐ Dixon IL
- ☐ Branson MO
- ☐ North Chicago IL



# Objective Review

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- ▶ Donations to the Midwest Region are at unprecedented levels
- ▶ THANK YOU for continuing to send your group donations up the service structure!



# Nar-Anon Service Structure Preamble

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- ▶ The fellowship consists of members who are ALL equals
  - ▶ No one gives orders
- ▶ The Regional Service Committee is made up of volunteers “...who are but trusted servants...”
- ▶ The Regional Service Committee and/or Standing and Ad Hoc Committees may make recommendations but the fellowship – that’s YOU! -- makes the decisions



# Subjective Review

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- ▶ The region feels more unified
- ▶ Service is more fulfilling, rewarding, positive
- ▶ Reflective of an unwavering focus on our mission
  - ▶ “...to carry the message of hope to those affected by the addiction of someone near to them...”





# Subjective Review – Something New

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## ▶ Touch 'N Talk (TNT)

- ▶ Initiated in 2016
- ▶ Goal: improve overall communication
- ▶ Regional Service Committee Members began to proactively and routinely contact family groups' GSRs
- ▶ Conversation topics
  - ▶ Monthly teleconferences
  - ▶ Available resources
  - ▶ Important deadlines
  - ▶ Timely issues
- ▶ Will be asking you how we are doing as we go into 2017 and approach the one year anniversary



# Subjective Review – Also New

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- ▶ “Open Mike” time during monthly GSR teleconferences
  - ▶ Last 10 – 15 minutes
  - ▶ GSRs and Alternate GSRs get to talk about what is on your mind
    - ▶ Questions or concerns
    - ▶ Challenges
    - ▶ Successes
    - ▶ No holds barred – all is ‘fair game’
  - ▶ Opportunity for others to share their experience, strength and hope



# Subjective Review – See for Yourself!!

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- ▶ Information on Sponsorship/Share Partners and Step Work
  - ▶ A number of RSC members along with the Website Committee have been busy
  - ▶ Restructuring and updating of the website was done in hopes of making it even more user friendly
  - ▶ Meaningful additional resource information has been added



# What's Next?

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- ▶ Regional goals/priorities for 2016-2017 will be determined here by the Assembly
- ▶ Once set, the Regional Service Committee will discuss potential recommendations regarding strategies and seek your voice and vote
- ▶ We know with certainty: your help is needed!





## In Closing...

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- ▶ The region is a healthier place because of YOU
- ▶ Our future looks bright – and we continue to need passionate people to ‘raise their hands’ and commit to service
- ▶ The only ‘ask’ of you is to thoughtfully consider what that means for YOU
- ▶ While our PROGRAM is the glue that holds us together, YOU are the energy that keeps us strong, healthy and growing in service to those who love someone with the disease of drug addiction



# A Whole Host of Thanks!!

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- ▶ **Thank you** for reflecting our program “...in all (your) affairs...”
- ▶ **Thank you** for your service to your Nar-Anon Family Group
- ▶ **Thank you** for your service to the Midwest Region
- ▶ **Thank you** in advance for your attendance and participation as a member of the 7<sup>th</sup> Annual Assembly
- ▶ **Thank you** for the service you **will** do

*Thanks*

