

SHARING OUR EXPERIENCE, STRENGTH AND HOPE - SERVICE IN ACTION

New Literature Now Available, passed approval process at WSC (www.nar-anon.org webstore)

1. "Boundaries & Consequences" (pamphlet) .40
2. Continuing Our Journey After Loss (booklet) \$3.00
3. Nar-Anon 36, Steps 10-12 (workbook) \$4.00
4. Nar-Anon 36, Steps 1-12 (workbook) \$10.00
5. Sharing Recovery, the Serenity Connection Collection (book) \$7.00
6. CEFE (SESH book in Spanish)
7. Outreach Posters (13, colored, 8 ½" x 11") \$1.50 each
8. Nar-Anon Guide to Local Services, 2016 download for free or purchase \$6.00

Writing Literature for the Nar-Anon Fellowship

The Serenity Connection, contact newsletters@nar-anon.org

1. "The voice of the Nar-Anon fellowship."
2. Quarterly newsletter compiled of members' personal stories of recovery, struggle, successes, insights, slogans at work, poems, announcements and events.
3. Free subscription via email. \$8.00/yr. postal mail.

The Literature Committee, contact litcom@nar-anon.org

1. Collecting writing submissions on **The Twelve Traditions and The Twelve Concepts**
Asking members to write text or share personal real-life stories pertaining to the traditions and concepts to complete Nar-Anon 36.
2. The fellowship benefits from writings by its members. Sharing your ESH to the fellowship is likened to sharing at your home group meeting. We are all in this together, with our hearts and our minds open and willing.

How to Submit Writings to Nar-Anon

1. Go to **www.nar-anon.org** (the official site)
2. Click on **Members**
3. Click on **Literature Submissions**
Read the Guidelines for Submitting Literature
Read the Literature Writing Guidelines pamphlet for great topic ideas
Download, print and sign the copyright release form
4. **Submit your writing and copyright release form to** litcom@naranon.org or to newsletters@nar-anon.org

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Literature Priority List

1. Traditions 1-12 for Nar-Anon 36
2. Concepts of Service 1-12 for Nar-Anon 36
3. 4th Step Workbook
4. Parents of Addicted Minors
5. What Now? (When active addiction ends)
6. Why Nar-Anon?
7. Narateen - 31 Days
8. Addiction in Marriage
9. Adult Children of Addicts
10. Narateen- Steps 1-12
11. 7th Tradition pamphlet
12. Pamphlet for Men

Continuing Our Journey After Loss: Continue to submit stories of grief from all perspectives.

Topics to Consider for writing prompts:

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|---------------|----------------|
| 1. Fear | 7. Faith |
| 2. Anger | 8. Harmony |
| 3. Exhaustion | 9. Peace |
| 4. Panic | 10. Serenity |
| 5. Despair | 11. Hope |
| 6. Resentment | 12. Acceptance |

Questions to Consider, writing prompts for the Nar-Anon 36 Traditions and Concepts:

1. What led you to Nar-Anon? What was your mindset? How have you changed?
2. What have you learned from a particular tradition or concept?
3. How do you see unity expressed in your NFG? In your personal family structure?
4. How have you used a tradition or concept in other groups? Work? Volunteer groups? Social circles? Family?
5. What does it mean to you to “practice these principles in all my affairs?”
6. What does it mean to “place principles over personalities?”
7. What one tradition has done the most to improve your life? How?
8. What service concept has led you to pray about, meditate on or talk with someone about how this concept has affected you?

