



## Midwest Region April RSC Minutes

Saturday, April 1st – 8:30 am Central

**Call to Order:** Chair – Cyndee  
Serenity Prayer – Led by Theresa  
Tradition 4 and Concept 4 – Read by Cyndee

### Roll Call:

Chair – Cyndee  
Vice Chair –  
Treasurer – Rod  
Outreach – Jim  
Convention – Dian  
Delegate – Ruth  
Alt. Delegate - Theresa

**Approval of Minutes:** Deferred discussion/approval of Feb 2017, Mar 2017 RSC minutes until May RSC conference call.

**ACTION:** Jim to consolidate any corrections/comments to minutes & forward to Janis for action

**Financial Report:** Treasurer, Rod (Refer to file Treasurers Report 170331.xlsx)

Begin Bal. (1 Mar 17)	\$5544.91
Donations	\$ 507.28
<b>Total Revenue</b>	<b>\$6052.19</b>
Expenses	\$ 126.45
<b>General Fund Ending Bal. (31 Mar 17)</b>	<b>\$5925.74</b>
Alligare Funds	\$1332.29
<b>Total Resources</b>	<b>\$7258.03</b>

**Website Report:** Web Master, Rod – no further updates

**Outreach Report:** Outreach Chair, Jim – Working with Theresa and Ilene on selecting topic/event for September Recovery Month event(s). More to follow in May

**Convention Report:** Convention Chair, Dian – no further updates

**Delegate Report:** Delegate and Alternate Delegate, Ruth and Theresa  
Discussed how to participate in the 'Fellowship Review Process' for literature conditionally approved by Board of Trustees (BOT) but awaiting conference approval at next WSC. Currently the tri-fold 'Thinking About Attending A Nar-Anon Meeting?' is in this status. Some RSC members have reviewed and submitted their comments back to BOT.

**ACTION:** Jim & Ruth will develop key points regarding this piece to help NFGs review and provide their group conscience to BOT.

**Jim & Ruth to provide this information for inclusion in April GSR conference call**



## Old Business:

- Assembly
  - **Theresa/Rod** are assessing possibility of hosting in KC area
  - **Ruth** – mentioned that Rockford NFG is also considering hosting. Shannon will be addressing with group at their next meeting
- Status updates
  - Potential guidelines document RE: donations – **Dale S – postponed to May RSC call**
  - New Group Info Packet – **Jim and Leanne will have recommendation finalized for May RSC cal**
- Jefferson City MO NFG update
  - **Cyndee will coordinate with WSO to insure proper notifications are made to remove this meeting from WSO website**
- Requests for support and/or inclusion by meetings outside the geographic footprint; how do we recommend that these situations be handled in the future? What is the process that helps insure consistency?
  - OK & WI have expressed interest in joining.
  - Serenity Connection article “Who Do We Serve?” speaks to this issue (March 2017 issue)
  - Excellent discussion about being inclusive vs exclusive. The disease of addiction strives to keep us isolated.
  - Being inclusive does place additional stress on our resources. Need to understand how to balance being inclusive with limited resources.
  - Discussed other ways to help seekers (groups or individuals) connect to Nar-Anon. Use our website to link to resources such as “The Forum” or NFG meeting lists.
  - Ruth/Theresa assess if WSO has any additional information/guidelines regarding this matter.
  - Unity has been a key to the Midwest Region’s recent growth.
  - Action Items
    - Cyndee - develop draft of process letter for review by RSC
    - Theresa - develop revised “Welcome Letter” shift from
    - Rod /Ruth – address how we address other 12-Step resources on our website
- Financial Need Review – Rod (Refer to file Financial Needs Example – 170327.xlsx)
  - Alligare Committee – Recommends returning funds to General Fund. Will be included for April GSR conference call
  - Review how “Prudent Reserve” for Region is established
  - Largest component is Delegate/Alt Delegate WSC expenditure
    - Agreed to prorate total expense (\$4000) over 24 months = \$166.67/month
    - Agreed to hold 3 month reserve = ~\$500
  - Rod/Ruth/Jim/Dale to review and recommend to RSC in May how to present to GSRs
- Transition considerations – Term Expirations
  - Treasurer; Rod – Oct 2018
  - Outreach; Jim – Oct 2017
  - Convention; Dian – Oct 2017
  - Delegate; Ruth – Oct 2018
  - Alt. Delegate; Theresa – Oct 2018
  - Chair; Cyndee – Oct 2017
  - Vice Chair; Dale – Oct 2018

**Please consider soliciting candidates for those whose terms expire Oct 2017**



- Recognized the RSC donation to Tulsa NFG
  - RSC personal donations to support the needs of this NFG
  - This was a totally voluntary, one time donation to assist a group in need outside of the defined Midwest Region.
  - Treasurer mailed total donated funds of \$125.00 to this NFG.
  - Thanks to all those that gave selflessly of their resources.

RSC Conference Call adjourned 11:00am CDT

Next scheduled RSC conference call 6 May 2017, 8:30am CDT

Submitted: Jim D.

Please make donations payable to "Midwest Region of Nar-Anon" and send to  
(Please do not write "Nar-Anon" anywhere on the envelope)

Rod Seemann  
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Fairway, KS. 66205

(Password for the [Member Services](#) section on website: nmw13  
Password for [RSC Documents](#) section on website: service)