



### **MWR July RSC Teleconference Minutes**

Saturday, July 1st - 8:30 am Central

#### Chair call to Order 8:30am CDT

Open with the Serenity Prayer led by Theresa Tradition 7 and Concept 7 read by Chair

### Roll Call: Chair

Chair - Cyndee (left call @ 10:00am)	Treasurer – Rod	Convention – Dian
Vice Chair - Dale (led call after 10:00am)	Delegate – Ruth	Outreach - Jim
Secretary –	Alt. Delegate – Theresa	

**Approval of Minutes:** No minutes presented for approval

Financial Report: Treasurer, Rod

(See attached Treasurer Report to be reviewed with GSRs.)

Chair asked for update on Finance Committee work developing recommendation for what the Region should give to WSO.

Rod indicated that the committee (Bill – Homewood; Leanne – Vandalia; Amanda – Emporia) had met to discuss the amount that the Region should consider giving to WSO. After reviewing Region's financial position, the committee recommends that Region consider sending \$1400.00 to WSO.

This donation amount would consume 70% of the Region's overage. Rod will discuss with committee to insure that they are comfortable with this donation amount.

The Committee is prepared to make this recommendation to the GSRs on the July Teleconference.

Website Report: Web Master, Rod

Added Al-Anon and Forum to website. These are offered for those seekers looking for assistance and don't have access to a local meeting.

Outreach Report: Outreach Committee Chair, Jim

September Recovery Month. Discovered a St. Louis NA PR person that is interested in working with Nar-Anon for September. Plans to be developed and shared.

**Convention Report:** Convention Committee Chair, Dian

No report

**Delegate Report:** Delegate and Alternate Delegate, Ruth and Theresa

Ruth - Received equalized WSC expenses for 2018 and forward to RSC.

Rod will modify financial reports based on this new information for balance of 2017.

Theresa – what remaining items need to be done for 2018 Conference?

Vote of Confidence - Done @ Assembly

Region votes to send Delegate and Alt. Delegate – Done @ Assembly

### **Old Business:**

- Assembly Update from 2017 Assembly Co-Hosts Theresa
  - Things progressing well
  - o Using quote from little blue book "Changing ourselves". Changing individuals and groups
  - Have two lodging options:
    - Hilton Garden Inn \$139/night + taxes
    - Holiday Inn Express \$119/night + taxes
  - Hospitality room manned by Rod
  - o Reviewed Agenda
  - o Finalize details for meals, events, transport, etc.





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- Rod reviewed proposed assembly costs:
  - Registration Fee will cover costs for meeting room (\$300), lunch (\$16/person w/ tip), plus in-room beverages.
  - Base Registration Fee prior to 30 Sep = \$30.00. After that \$40.00.
- Appreciate that the host committee has been flexible with planning changes and keeping the cost associated with assembly in the affordable range.
- Supporting Midwest Regional family groups
  - What does RSC support for these groups look like; change from TNT to a mentoring program
  - Track our activities to avoid being repetitive. Use spreadsheet created by Rod
    - Refer to "New Meeting Contact Form" worksheet on the Midwest Region's website (go to Member Services; then to RSC Documents (password: service); then to 'New Meeting Contact Form')
    - After discussion, RSC members felt that having a single point of contact for the new group worked best.
    - Didn't resolve how this point of contact would be assigned to the new group. One option
      was to have Chair assign. Another was to ask RSC committee to see who would
      volunteer.
  - Discussed how mentors will be selected/assigned.
    - Currently this is done by Chair during monthly RSC conference call.
    - Initial notification of New Group is sent from WSO to Chair.
    - Chair forwards information to Rod and he contacts via phone.
    - Rod waits until he has made verbal contact with new GSR before sending new group packet.
  - Dale suggested that RSC members review new spreadsheet. Be prepared to discuss under old business during August RSC conference call.
  - Theresa requested that the new form and procedure be prepared for "roll-out" at October Assembly to facilitate sharing with new RSC Committee members.
    - Design the form
    - Develop the process
  - o Follow recommendation from Serenity Connection article "Who do we serve?" [March 2017]
    - Fold TNT program into Mentor program
    - Provide to information to all NFGs those that find value will participate. Those that
      have no value will go their way.
    - Newly **elected** GSRs may have same issues that new **group** GSRs have
  - Ruth shared that we need to consider all means of contacting GSRs. For example, she had
    recently tried texting and had exceptional results. People vary in their preferred method of
    being contacted, so we should use all that are available to us.

### **New Business:**

- Building a ballot for Assembly elections
  - o Chair discussed the need to prepare a ballot for the Assembly
  - o Preparing a ballot ahead of time facilitates overall election process at the Assemble
  - Chair encouraged RSC members to think about potential members that might consider serving in RSC positions up for election at the Assembly

Conference call ended at 11:05am CDT 1 July 2017

Respectfully submitted by Jim D.





# **MWR July RSC Teleconference Minutes**

## MWR Financial Report July 2017 RSC Telecon Review

Midwest Region of Nar-Anon							
Treasurer's Report							
June 30, 2017							
General Fund Starting Balance - 6/1/2017	,		\$	6,859.66	<u>Comments</u>		
Revenue							
Donation - Elmhurst, IL	\$	100.00					
Donation - Homewood, IL	\$	40.00					
Interest (estimated)	\$	0.28					
Total Revenue			\$	140.28			
<u>Expenses</u>							
New Meeting Literature Starter Kit - Emporia, KS	\$	126.45					
New Meeting Literature Starter Kit - Indianapolis, IN -							
Monday	\$	126.45					
Total Expenses			\$	252.90			
General Fund Ending Balance - 6/30/2017	7		\$	6,747.04			
General Fund Ending Balance - 0/30/2011			Ψ	0,171.07			
Financial Needs for Region							
Delegate/Alt.			\$	3,633.33	This number represents the amount that we should have set aside to send our Delegate and Alternate Delegate to the 2018 WSC. Total cost is estimated to be \$4000 for the 2 year perior which is equivalent to \$166.67/mo. This cost represents the number of months since Dec. 7, 2015(when we paid for them to go to the 2016 WSC) times \$166.67/mo. An additional 3 months is also added to this item as a reserve. Last 6 months of 2017 adjusted for actual cost to send Delegate and Alternational Delegate - \$3800		
Outreach			\$	125.00	Annual Budgeted amount divided by 4 which is equivalent to 3 months of anticipated expenses		
Website			\$	130.00	Website hosting and URL registration is due in Sept. 2019. The total cost for this item in 2019 is estimated to be ~\$360. This will cover the cost for the next 3 years. The cost for this service is approximately \$10/month. An additional 3 months is also added to this item as a reserve.		
Banking/RSC			\$	12.50	Annual Budgeted amount divided by 4 which is equivalent to 3 months of anticipated expenses		
New Group Literature			\$	345.00	Annual Budgeted amount divided by 4 which is equivalent to 3 months of anticipated expenses. This is equivalent to about 3 Starter Kits.		
Contingency			\$	450.00	The total budgeted Contingency should be available anytime during the year for unanticipated expenses.		
Total Financial Needs for Region			\$	4,695.83			
Funds Available above (below) Financial Needs for Region			\$	2,051.21	General Fund Ending Balance less Total Financial Needs for Region		