



**7th Annual Assembly of
the Midwest Region**

***“Gateway to a
New & Better Way”***

Saturday, October 15, 2016



**Please share this information with your family group, family and friends
looking forward to a
wonderful day of fun, fellowship, caring and sharing!**

7:30a – 8:15a Breakfast (full, hot breakfast, served at Assembly site)

8:30a – 12:30p Midwest Region Business Meeting (all attendees – GSRs, Alternate GSRs and Family Group Members -- are invited, encouraged and most welcomed to attend)

12:30p – 1:30P Lunch – Italian St Louis Style (on site)

1:30p – 2:00p “Mindfulness” (starts promptly after lunch) (by Theresa, Alternate Delegate)

2:00p – 2:50p Choose One of Two Available Breakouts:

- Outreach (by Jim, Outreach Committee Chair)
- Keeping Meetings and Personal Shares Healthy (by Karen)

3:00p – 350p Choose One of Two Available Breakouts:

- Welcoming Newcomers (by Maureen)
- Practical Applications of Service Traditions (by Ruth, Delegate)

4:00p – 450p Choose One of Two Available Breakouts:

- Keeping Members Coming Back (by “New Perspectives” NFG)
- Sponsorship/Share Partners (by Cathy)

5:00p – 530p Raffles, Silent Auction and 50/50

5:30p – 8:00p Entertainment/Cocktails/Dinner (on site – for those purchasing dinner option)
We are fortunate to have a talented sleight-of-hand entertainer who will amaze us with his “magical gifts” and “magic tricks extraordinaire”, along with a light-hearted evening of laughter (we all know laughter heals the soul!), as we enjoy an amazing comedian while we rejoice in recovery and experience fine dining at its best!

8:00p ish Join us for a Nar-Anon Family Group Meeting (starts immediately after dinner and is open to **all** attendees)

Adjourn At the Conclusion of the Family Group Meeting