## 7<sup>th</sup> Annual Assembly of the Nar-Anon Midwest Region



# Why not make it a vacation/long weekend in the St Louis area?

The Assembly provides a great opportunity to take a longer weekend to do things in and around the area. We have a great many things to do for the outdoors person as well as the shopper. In addition to the Assembly and local points of interest, there is an area NA picnic on Sunday.



### Between the hotel and the Assembly:

Creve Coeur Lake: Canoe, kayak, paddleboard, and bicycle rentals (Crevecoeurlakerentals.com) (9 minutes) Walking/running, bicycling, rollerblading, walking trail of any length desired

Go Ape zipline program (Goape.com)

**Fishing** 

Dave & Busters and Hollywood Casino are both within short drive from the hotel (7 minutes) Thies Farms for fresh produce and a wonderful pumpkin selection; both in the field and in store (6 minutes)

#### Just West of the assembly:

#### 10 minutes from the Assembly:

Faust County Park - home to one of a few Butterfly Houses in the country, the 1904 World's Fair Carousel (available to ride) and a multi building historic village

Chesterfield Mall - an indoor shopping mall surrounded by some excellent dining options Chesterfield Commons - the longest strip mall in the country, with over 80 restaurants Taubman Prestige Outlet Mall

St Louis Premium Outlets Mall

Raumbach's Farm - another pumpkin farm

River's Edge Park - walking trail around a small lake

Chesterfield Sports Complex - a premier youth sports complex (hosting a major softball tournament the weekend of the Assembly)

#### East of the Assembly, approximately 13 to 18 miles:

St Louis Zoo - one of the premier zoos in the country -- and admission is FREE; St Louis Art Museum; Busch Memorial Stadium; St Louis Arch and new grounds; Forest Park (second largest city park in the country, only behind NYC' Central Park); InBev (formerly Anhueser Busch); Soulard Market, the Central West End, the Delmar Loop - with a brand new trip from the past trolley car, and much, MUCH more!!!