



When: Saturday, December 16th – 9A Central Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671# (*6 to mute phone; *6 to unmute a muted phone) Recording #143

Call to Order: Open with the Serenity Prayer, Tradition 12, Concept 12 9:00 Dale began meeting Rod read Serenity prayer: Theresa read 12th Tradition & Concept **Roll Call:** Dale

Meeting Location - RSC Position	GSR
AR Van Buren	Karen
KS Shawnee	Roberta H
KS Emporia	Carla D (alt)
IL Villa Park	Christina
IL Geneva (Tues)	Marvin
IL Arlington Heights	Kristie C (alt)
	llene N
IL Schaumburg	Terri S (alt)
IL Maryville	Kevin B
IL Homewood	Joni H (alt)
IL Vandalia	Leanne B
IL Lake Bluff	Jenny S
IL Rockford (Tuesday)	Jan F
MO Chesterfield	Debbie S
MO Maryland Heights	Laura D
OK Tulsa	Victoria
IN Indianapolis (Thursday)	Patty B
IN Carmel	Barb H
Chair	Dale
Treasurer	Rod
Delegate	Ruth





Alt-Delegate

Theresa

Approval of Minutes:

MOTION: Motion to accept Minutes from November 18, 2017 as amended below. 'Rod- Correction Financial Needs \$6932.72 & Funds Above \$2669.27' Motion to approve as amended: Ilene N - IL Schaumburg Seconded by: Barb H - IN Carmel No discussion - Unanimously approved Refer to attendees listed above Final tally: 21 yes - 0 no - 0 abstain

Financial Report: Rod, Treasurer

See attached Treasurer Report, also posted on MWR web-site Comments: Two donations: MO St Peters/O'Fallon & IL Rockford (Thurs) Everything paid from assembly Three new meetings: IL Mt. Olive, MO Anutt, IL Nokomis Paid \$3800 to WSO for 2018 WSC for two delegates 2nd page: Budget vrs actual that was sent is incorrect, error in formulas. Correction is on MWR website Graph: Revolves around our expense of sending delegates to WSC every other year Two year cycle Blue line is financial needs for region

Red line is actual balance on hand

Outreach: Leanne, Outreach Committee Chair

Cabin Fever Convention Feb 2-4: NA Meeting with support for Nar-Anon Will be posted on website

IL Nokomis meeting: Leanne has been to a few meetings to get them started People from 35-40 miles away, possible new meeting

Marvin: Starting a group in Geneva, IL

Working on Outreach, looking for old letters that were targeted to different groups Theresa: Last WSC voted to have only 2 letters (professionals & non-professionals)

Take & customize

Dale: Old letters no longer being used by Nar-Anon

Leanne: Will work with Marvin on editing of new letters

Conventions: Victoria, Convention Committee Chair

Chicagoland NA Convention @ McCormick Hyatt: Jan 25-28, will edit website Ruth: There will be a room & table for Nar-Anon can use

Cabin Fever Convention: Laura & Debbie to discuss with their groups & intouch with St Peter's Oklahoma NA Convention: March 24, Rod will place on website & added to events calendar

Website Report: Rod, Web Committee Chair

Five new meetings being added: IL Nokomis, IL Geneva (Tues), IL Arlington Heights, IL Trenton, IN Plymouth

Barb: New one in IN Indianapolis, nothing as of this meeting

Kevin: IL Trenton, formed by Craig/Deb. Is there feed money for literature?

Rod sends out a Starter Kit from MWR to all new meetings





Jodie: What is contained in Newcomers Packet.

Rod advised to look at WSO for detail - Will post on website Dale: New meeting form from WSO then we send out Starter Kit from MWR Leanne: If anyone knows of interested parties, feel free to refer them to her

Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate

- Ruth: Information on motions for WSC on end of April 2018 32 motions
 2 pieces of new literature
 1 survey
 Approval of service & literature
 Couple conference calls to review with GSR
 GSR then brings to their groups to vote
 Abbreviated walk through
 Jan: Has WSC information been sent out? No, not yet. Will do that within the week. Set up a new number for this recording
- Dale: Record meeting for call on review, maybe an audio file
- Carla: When are votes due back? Beginning of April

Old Business

- 1. Midwest Region Mentoring Program (No longer alone serving together)-service opportunity Dale: Documents are complete
 - Anyone interested in being a mentor for a new group? Please contact Dale Ilene N - IL Schaumburg (Arlington Heights & Geneva)
 - Like to arrange geographically

Leanne: Follow up at next RSC meeting in January

2. Midwest Regional Objectives for 2017-2018 -

- Dale: Top three listed, if GSR could review, what are you exactly looking for Focus on this in January meeting
 - a. How can we maintain healthy meetings and keep folks coming back
 - b. How can the regional service comm help our family groups
 - c. How can I work the steps if there are no steps meetings in my area/how does sponsorship work
- **3.** Opportunity to host the 9th Annual Assembly of the Midwest Region Oct 19-21, 2018 Dale: Anyone speak to their group, who may be interested?





New Business

1. GSR 'Open Microphone' -

Laura:	Some members went to training session on narcan. Given 5 free prescriptions.
	Allowed through insurance. Not a Nar-Anon program, meet after meeting.
	NCADA
Barb:	Local Board of Health offer classes
Leanne:	Training in Nokomis area
Roberta:	Very important to be educated & separate meeting
Ruth:	Make us crazy of we think we are responsible.
	At a meeting during a meeting & handed out documents.
	Did not belong in Nar-Anon meeting.
	Look at similar manner as epipen for bee sting.
Barb:	Thank you to Ruth for comment
Dale:	Guidelines for speakers

3. Next GSR Teleconference: Saturday, January 20th, 9AM Central

Dale closed: thanks Adjourned 10:00 CST

Respectfully submitted by Cathy

GSRs are *invited* and *encouraged* to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to: (Please do NOT write "Nar-Anon" on the envelope) Mr. Rod Seemann 6239 Howe Drive Fairway, KS 66205

<u>www.naranonmidwest.org</u> (The password for the Member Service section on the Midwest Website: nmw13)