



When: Saturday, November 4th - 8:30A Central

## **Call to Order:**

9:03 Dale began meeting

Theresa read Serenity prayer:

'God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference.'

Dale read 11th Tradition & Concept:

'Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, internet, and other forms of mass media. We need guard with special care the anonymity of all NA members.'

'Nar-Anon funds are used to further our primary purpose to carry the message, and must be managed responsibly.'

## Roll Call: Cathy

<b>RSC Position</b>	<b>RSC Members</b>
Chair	Dale
Treasurer	Rod
Web Master Chair	
Secretary	Cathy
Delegate	Ruth
Alt Delegate	Theresa
Outreach Committee	Leanne
Chair	
Convention Committee	Victoria
Chair	
Outgoing Chair	Cyndee
Outgoing Outreach	
Committee Chair	Jim

## **Approval of Minutes:**

 MOTION: Motion to accept Minutes from Oct 7, 2017 as written. Motion to approve:: Leanne Seconded by: Rod No discussion - Unanimously approved *Refer to attendees listed above* Final tally: 7 yes – 0 no – 0 abstain

## **Approval of Minutes:**

 MOTION: Motion to accept Minutes from July 1, 2017 as written. Motion to approve:: Theresa Seconded by: Leanne No discussion - Unanimously approved *Refer to attendees listed above* Final tally: 7 yes – 0 no – 0 abstain





## 2017 Assembly Minutes:

Tabled Jim to send out to RSC members, will review & respond to be ready for Nov GSR meeting

## Dale

Thank you to all of our officers stepping down Congratulations and thanks to those stepping up for their new positions

## Financial Report: Rod, Treasurer

Previous balance: \$5553.91 Revenue: Assembly - Donations: Chesterfield/Maryland Heights donations \$5,183.28 Expenses: Starter kits & Assembly expenses \$1136.20 New balance: \$9,601.99 Financial needs: \$2,669.27 WSO Delegate payment: \$3800, Ruth checking & will forward to Rod

Outreach Report: Leanne, Outreach Committee Chair

No report Getting together with Jim Focus on more groups Jim: spoke to Darla (St Louis NA Public Relations Chair). Shared Chicago NA Public Relations Chair forward to Ilene & Ruth. Also looking for Kansas City Chair. Lori GSR: float in Halloween parade, won 2<sup>nd</sup> place Jim to connect Darla with Leanne Dale has three items for Outreach: table cloth, banner, flag

## Conventions Report: Victoria, Convention Committee Chair

Use roster to assign corresponding NA conventions in each area Dale suggests Victoria should connect to Diane, updated calendar

Website Report: Rod, Web Committee Chair

4 new meeting since October: Frankfort, IN - Lafayette, IN - Mount Olive, IL - Rolla, MO Dale wants email about new groups & contact info to connect new mentoring program Dale asking group think about interest level for mentoring report

**Delegate Report:** Ruth, Delegate; Theresa, Alternate Delegate Ruth have not see motions yet Theresa has nothing

## **Old Business:**

## 1. Assembly debrief: Rod/ Theresa

a. Survey results presented by Theresa Survey attached 36 surveys turned in Four plus average Best part of the day: Accessing information - Web-site Ideas/ topics to interject into weekly meetings Waking people up to do meetings Highlights was singing group & # of baskets Dale & Theresa have each other's forms





b. Number attendin		
	no show - 62 lunches	
c. Finances by Rod		
Income expe	ense statement attached	
30 ł	oaskets - \$830 profit	
50-50 - \$600		
	vention cost- \$ 4743.00	
	ense - \$ 2657.35	
	- \$ 2085.65	
-	document attached	
Dale comme	ent: basket 2016 live	
	Local group involvement	
	onvention: Cyndee, Past-Chair	
Cyndee:Con	nment document attached	
	Decide what event is about	
	Region business meeting	
	Fellowship-unity-recovery-regional service	
	Discussed in RSC – never brought to GSR Currently use funds for the following year	
Rod:	Goal might be bringing in money	
Kou.	May not get volunteers if monetary goal	
	Not able to breakout session- no separate rooms-liked breakout	
Theresa:	Increase in speaker-workshop, outside of assembly	
Thereba.	Interfacing with other groups	
	Change need for assembly need for workshops	
	Feed thought of recovery of group	
	Victoria thinking of day long event	
Ruth:	Carry out business	
	Engage service	
	Expense of a day long event	
	Early registration discount	
	Important to move around to different areas	
	Collect demographic data	
Dale:	Increase number of voting groups over last 3 years	
	17 pre-register	
	15 voting numbers	
Teerree	How to proceed with the 'purpose	
Leanne:	Discuss within RSC Network with attendees of past assemblies	
Theresa:	Mentoring doc	
Theresa.	Breakfast on Sunday, discussions	
	Do not commit to top goals until review of sheets & GSR want for year	
	Feels RSC is dictating year & not GSR up	
Hold till #5		
	Table to discuss with RSC first	

## 3. Tabulation results for MWR GSR wishes for regional assistance this next year

- a. Presentation ideas for the GSR call on their priority listb. Suggestions on how we frame up this discussion to max input and participation by GSRs

## Flow of Call ---

Dale:	How can RSC help with family groups
	Help with Steps
	Meetings healthy & people coming back
	Some write ins





	Comments	
	More opportunity to for GCR talk with each other	
Theresa:	Ask GSR what they need help, greater clarification	
	GSR call minimize agenda for greater opportunity for Open Mic	
	Use two surveys to help with monthly GSR calls	
Rod:	TNT poor response from old groups	
	Mentoring program might be different for seasoned vrs new groups	
	Asking new members their opinions	
	Rod mentioned this is a piece of helping the groups	
Cathy:	GSR needs fall under mentoring	
Leanne:	Communication is important - GSR take status of region back to group	
	Maybe every other month is a business meeting	
	Every other meeting business- GSR focus	
	Friendly & warm feeling in meeting - comfort level will grow	
	Some people will never speak up	
	Encourage interaction	
Victoria:	New - just being on call in awesome	
Dale:	focus help new groups	
	Mentoring is hand in hand	
	Continue question of the month for GSR	
	Theresa to create this question	
Cyndee:Impor	tant to touch base with GSR what is the most important	
	Reality of WSC preparation needed	
	Number of write insmight have adjusted outcome	
view of Montoning Dogument as proposed by Pod and Therese		

## 4. Review of Mentoring Document as proposed by Rod and Theresa

Cathy:	All of this in mentoring
Theresa:	Need for new GSR groups
Ruth:	Local groups in GSR can connect
	GSR in close proximity to other GSR can connect - local connection
	GSR & RSC work together depending on need
Rod:	Have outline with Theresa
	Fact sheet – Welcome letter need to be re-written
	Leanne – Ruth will handle this
Cyndee:Two	groups New GSR (old & new groups)
	GSR not able to make Saturday call, how else to reach out

# **5. Question of the month-continue? Thoughts for GSR's or just open mic** Tabled by Dale

## New Business:

- 1. GSR Teleconference Agenda for November
  - If anyone has something send to Dale
- 2. Open discussion for the time and day for RSC conf call and the structure of it moving forward Victoria: Most important in first 30 minutes
  - Call a little long
  - Ruth: Earlier





Streamline - require communication off the call

Both calls on the same day - difficult bringing RSC info to GSR meeting Leanne & Theresa:

Two separate days

Hour and half time frame

Evening call - unable to find an open evening

Shorter meeting - RSC members need to be prepared for meeting No longer than hour & half

Document sent in advance & review before meeting not at meeting Ruth: Cyndee: Chair reports - supplement with emails off call

## Call will move to 8:00 AM CST beginning in December

- 3. Thoughts for Question of the Month for GSR call
- 4. Speak Up: Anything else you wish to add? No more comments

Convened at 10:19 AM CST

Respectively submitted by Cathy

Dale: