



## MWR GSR May 2017 Telecon Minutes

**When: Saturday, May 20th – 9A Central**

**Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#**

(\*6 to mute phone; \*6 to unmute a muted phone)

**Recording #129**

### **Call to Order:**

9:00 Cyndee began meeting

Serenity prayer ready by Jim

5th Tradition & Concept read by Cyndee

**Roll Call:** Cyndee

<b>Meeting Location - RSC Position</b>	<b>GSR</b>
AR Van Buren Thursday 8:00 pm "The Better Way"	Karen
IL Elmhurst Tuesday 7:00 pm "Tuesdays Together"	Cathy
IL Elmhurst Tuesday 7:00 pm "Tuesdays Together"	Ilene N Terri (Alt)
IL WillowSpring Monday 7:00 pm "New Understanding"	Don
IL Homewood Wed 7:00 pm "Serenity Seekers"	Bill S Joni H (Alt)
IL Vandalia Friday 7:00 PM "HOPE"	Leanne B
IL Maryville Tuesday 7:00 pm "Growing Together"	Kevin B
IN Carmel Tuesday 7:30 pm "By the Books"	Barb H
IN Indianapolis Thursday 7:00 pm "Our Needs"	Patty B



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OK Tulsa	Victoria
KS Topeka	Ginny P
Saturday 12:00 Noon	Sheri (Alt)
MO Chesterfield	Debbie S
Sunday 7:30 pm	
"To Life"	
MO Maryland Heights	Gwen
Wednesday 7:30 pm	
"New Choices"	
RSC Vice-Chair	Dale
RSC Alt-Delegate	Theresa
RSC Outreach Chair	Jim
RSC Convention	Dian
RSC Chair	Cyndee

### Approval of Minutes:

**MOTION:** Motion to accept Minutes from April 15, 2017 as written.

Motion to approve: Bill - Homewood

Seconded by: Gwen- Maryland Heights

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 17 yes – 0 no – 0 abstain

### Financial Report: Rod, Treasurer

*See attached Treasurer Report*

Comments: Cyndee presented report for Rod

Donation from Rockford, IL - "Miracles Happen"

New meeting starter kits for: Eckerty, IN & Sikeston, MO

Alegary fund: ended last day of April 2017, closed & funds rolled into general funds

### Outreach: Jim, Outreach Committee Chair

Working with Theresa & Ilene for regional standpoint for September

Encourage GSR to look at their communities with the family groups to raise awareness

September is National Recovery Month

Anyone has information please share with Jim so he can share with region

Jim & Leanne working to make changes to starter kit, will bring back to RSC & then GSR

### Conventions: Dian, Convention Committee Chair

Calendar sent to Rod & Cyndee, information is on the website

Cyndee will get information sent out

Any other information you may have please let Dian know so she can add to calendar

Victoria: Is there any NA meetings in area during Nar-Anon Oct Convention



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**Website Report:** Rod, Web Committee Chair  
no report

**Delegate Report:** Ruth, Delegate; Theresa, Alternate Delegate  
no report

### Old Business

#### A. 2017 Midwest Region Annual Assembly

- a. Theresa: Kansas City hosting 2017 - Four local groups
- b. Move date: Saturday, October 27-28
  - i. Nascar race, third week of October
  - ii. Motion to move date to Oct 27-29, 2017  
Motion to approve: Bill - Homewood  
Seconded by: Kevin - Maryville  
No discussion - Unanimously approved  
*Refer to attendees listed above*  
Final tally: 17 yes – 0 no – 0 abstain
- c. Use Luanne's clubhouse for assembly
  - i. Dinner catered in, instead of going out to dinner
- d. Rod & Theresa looking at hotels
  - i. One with a large meeting place incase clubhouse does not work out
- e. GSR please share 'save the date' with your groups
- f. BreakOut/Workshops/Panel Discussion topics as voted by GSRs
  - i. Topics
    1. Keeping Meetings Healthy
    2. Keeping Members Coming Back
    3. Welcoming Newcomers
    4. Sponsorship/Share Partners
    5. Service Traditions
  - ii. Some groups shared with Cyndee during meeting
  - iii. Anyone that do not have selection please email list to Cyndee

#### B. Family Guide to Finances

- a. Dale, Leanne & Rod lead effort to create this guide
- b. It is up to each of your groups via group conscience
- c. Motion that Midwest Region adopts this Family Guide to Finances as a resource for all family groups  
Motion to approve: Ginny - Topeka  
Seconded by: Sherry - Topeka  
No discussion - Unanimously approved  
*Refer to attendees listed above*  
Final tally: 17 yes – 0 no – 0 abstain
- d. Family Guide to Finance to be used as part of Newcomers packet  
Motion to approve: Bill - Homewood  
Seconded by: Kevin - Maryville



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No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 17 yes – 0 no – 0 abstain

- C. Regional service opportunity need to fill Secretary position & other RSC positions for next year

### New Business

- A. Approached by other groups outside of our Region

- a. RSC put together a flowchart to help address inquiries, please take a look & this will be discussed in June

- B. Question of the month: Theresa

- a. Reading a book on Principles

- i. New comer given a task & he keeps coming back to do this task
- ii. Girl who moved to a new city, living in a shelter. Goes to meeting early & she starts to help with making the coffee. She opens a meeting because leader fell sick.
- iii. How does service work in our groups? We all share responsibility of health & fellowship.
- iv. What drives your service? Are you getting anything from service?
- v. How are you are going to stay, get replacement, ect?
- vi. How much is work & joy?

- b. Sheri - Topeka: Caring & compassion

- i. Can use after meeting to talk with new comer

- c. Stay within rules & not focus on one person

- d. Barb - Carmel: Retention/return issue

- i. Took group conscious
- ii. At the beginning of the meeting welcome newcomers & that there will be 15 minutes at the end of the meeting
- iii. At the end, last 15 minutes allow cross talk

- e. Ilene - Schaumburg

- i. Traditions & Concepts come before any one person
- ii. Cross talk experience is very negative & newcomer can talk after the meeting
- iii. Saw a need so I have volunteered & committed, sometimes feels like a battle

- f. Sheri - Topeka: Like what Barb commented on. Barb & Sheri will talk.

- g. Don - Willow Springs

- i. Crosstalk can turn into a interrogation
- ii. Thoughts on asking newcomer for input?
- iii. Leanne suggests waiting till they come back second-third time.
- iv. Barb newcomers like the welcome feeling & that the meeting is for them
- v. Theresa encourage newcomers participation on group conscious. Speak our voice out loud.

- C. GSR 'Open Microphone' -

- a. Victoria - Tulsa: Speaker Jam June 10 on calendar
- b. Theresa - Ideas/topics for Question of Month, please contact Theresa
- c. Dale - Literature 'Group Inventory'



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D. Next GSR Teleconference: Saturday, June 17th, 9AM Central

Meeting closed by Cyndee      Respectfully submitted by Cathy

GSRs are ***invited*** and ***encouraged*** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann  
6239 Howe Drive  
Fairway, KS 66205

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)