



## MWR GSR April 2018 Telecon Minutes

**When:** Saturday, April 21st – 9A Central  
**Recording #** 152

**Call to Order:** Open with the Serenity Prayer, Tradition 11, Concept 11

9:00 CST Dale began meeting

Ilene, IL Schaumburg read Serenity prayer:

Dale read 4th Tradition

Cathy read 4th Concept 4

**Roll Call:** Cathy

Meeting Location - RSC Position	GSR
AR Van Buren Thursday 8:00 pm "The Better Way"	<i>Karen - GSR</i>
IL Elmhurst Tuesday 7:00 pm "Tuesdays Together"	<i>Christina - Alt</i>
IL Geneva Tuesday 7:00 pm "Tri Cities Nar-Anon"	<i>Marvin - GSR</i>
IL Homewood Wed 7:00 pm "Serenity Seekers"	<i>Bill - GSR</i>
IL Maryville (formerly Glen Carbon) Tuesday 7:00 pm "Growing Together"	<i>Kevin - GSR</i>
IL Schaumburg Monday 7:30 pm "Mindful Mondays"	<i>Ilene - GSR</i> <i>Terri - Alt</i>
IL Trenton Wednesday 7:00 pm "Stronger Together"	<i>Craig - GSR</i>
IL Villa Park Thursday 7:00 pm "Thursday's Together"	<i>Christina - GSR</i>
IL WillowSpring Monday 7:00 pm "New Understanding"	<i>Don - GSR</i>
IN Indianapolis Thursday 7:00 pm "Our Needs"	<i>Patty - GSR</i>
KS Emporia Monday 6:30 pm	<i>Carla - Alt</i>



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"Hope NFG"	
KS Shawnee Tuesday 7:00 pm Thursday 7:00 pm "New Perspectives NFG"	<i>Roberta - GSR</i>  <i>Judy - Alt</i>
KS Topeka Saturday 12:00 Noon	<i>Marsha - Alt</i>
MO Chesterfield Sunday 7:30 pm "To Life"	<i>Debbie - GSR</i>
MO Maryland Heights Wednesday 7:30 pm "New Choices"	<i>Laura - GSR</i>
OK Tulsa - RSC Convention Chair	<i>Victoria - GSR</i>
RSC Chair	<i>Dale</i>
RSC Treasurer	<i>Rod</i>
RSC Secretary	<i>Cathy</i>
Delegate	<i>Ruth</i>
Alternate Delegate	<i>Theresa</i>

### Approval of Minutes:

**MOTION:** Motion to accept Minutes from March 17, 2017 as written.

Motion to approve: Bill- IL Homewood

Seconded by: Ilene - IL Schaumburg

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 15 yes – 0 no – 0 abstain

### Financial Report: Rod, Treasurer

*See March 2018 Treasurer Report*

### Outreach: Leanne, Outreach Committee Chair

No report

### Conventions: Victoria, Convention Committee Chair

World Convention Aug 30 - Sept 2 in Orlando, FL

<http://www.nar-anon.org/2018-naranon-world-convention/>

St Louis, MO are Not Nar-Anon sponsored

AIR (Addiction Is Real) Hidden in Plain View



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### Website Report: Rod, Web Committee Chair

New Search box on website

Ilene, IL Schaumburg: *Likes search box - Category above becomes bold*

IL O'Fallon: Finalized meeting plans started a few weeks ago

MO St Joseph: Starting in the middle of May

Webinar on MWR web-site

Will reach out to schedule a time

Marvin - Debbie - Marsha - Carla

### Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate

WSC begins this Thursday

Ruth: New Outreach for fellowship review

Cathy will send out once Ruth sends to her

Theresa: No report

### Old Business

#### Weekend of Oct 19, 2018 in Saint Louis, MO

**Please discuss #1 & #2 with your groups & bring back to May GSR meeting**

#### 1. Looking for volunteers for breakout session leaders for the assembly

- a. Led by GSR for what you would like to see

#### 2. Themes for the assembly, topics for breakout sessions at assembly

- a. Theme

Judy, KS Shawnee: *Organizing local retreat in Aug 'Connection'*

Rod: 'New Life' - 'Turn Over a New Way of Living' - 'Gateway to New Life'

- b. Looking for 6 sessions

Laura, MO Maryland Heights: *Outreach*

Judy, KS Shawnee: *Anonymity*

Karen, AR Van Buren: *How to keep old timers continue to grow*

Marvin, IL Geneva: *Not leaving life to chance - Need outside help*

Theresa: *Focus using principles in everyday life*

Robertta, KS Shawnee: *Commitment to be there for new members*

Marsha, KS Topeka: *Stay in & give back*

**Thank you to Patty for taking over Roster the past year**

**Thank you to Rod for adding Search Bar on website**

#### 3. The search bar is updated and working on the website...thoughts

- a. Mentioned in Website report above

#### 4. How tally sheets were accumulated for regional vote

- a. Track votes for each motion from all home groups, both Ruth & Theresa tally- then compare to be sure they agree

- i. Theresa: Every group gets one vote

- ii. Ex: If one groups sends 3-yes & 2- no that becomes YES

- b. Comments from home groups add to each motion to help understand

- c. Literature preference list - Add number assigned & divide number of groups - Used to rank - Lowest number is the highest priority

- d. Dale: Comments written are they shared to floor in WSC

Ruth: *Motions allow 3 for motion & 3 pro/con - Not ever representative speaks about each motion - If our region had strong comment they would try to communicate them*



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### New Business

#### 1. Question of the month: Tradition 4:

<http://www.naranonmidwest.org/newcomers-info/twelve-traditions/>

“Each group should be autonomous except in matters affecting other Nar-Anon family groups or NA as a whole.”

As individuals - In family groups - As service bodies, we are NOT autonomous.

##### a. Leading meeting

Dale: *He led when first started meeting, now others leads*

Laura, MO Maryland Heights: *Leaders of group might be leaving - Unsure how to move to different members*

Marsha, KS Topeka: *Visitation time 30 minutes prior to meeting - 3 positions:*

*Snack/Greater/Chairperson - Use a calendar to sign up for lead for meeting - One member is organized who provides printed reading all in one book - Then opened up to everyone*

Ilene, IL Schaumburg: *Meeting in closed church that needs to be unlocked - Only a few lead - Likes when others lead - Are others afraid - Seasoned members who chair may intimidate new members to lead - Take turns doing the steps/tradition/concept - Leader does the reading*

Theresa: *WSO literature store - Reading Cards (blue laminated cards) in new group packet*

<https://nar-anon-webstore.myshopify.com/search?q=reading+cards> - *Purchase as treasury is built up - Also in small blue book*

<https://nar-anon-webstore.myshopify.com/search?q=blue+book> - *Can have others reading different materials - Meetings are scripted - Sharing & leading meetings are a big part of personal growth*

Kevin, IL Maryville: *Same situation as meeting location needs to be unlocked by leader*

Cathy: *Seasoned member can share the lead with a new member*

Dale: *Healthy for group to share - The more one person does, the less others that are willing to do - Scared to take task on*

Ruth: *If you chair the meeting they get to select the topic - Others share on topic that can help the leader - Simple - Easy - Light*

Craig, IL Trenton: *Trouble on attendance - Information in newspapers*

Dale: *New groups there will be struggle with attendance - Feel free to reach out to others*

Ruth: *Online or share info with local treatment center*

Laura, MO Maryland Heights: *Made up business cards to hand out*

#### 2. Next GSR Teleconference: Saturday, May 19th, 9AM Central

Dale closed at 10:01 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to “Midwest Region of Nar-Anon” and forwarded to:  
(Please do NOT write “Nar-Anon” on the envelope)

Mr. Rod Seemann  
6239 Howe Drive



## **MWR GSR April 2018 Telecon Minutes**



Fairway, KS 66205

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)