



## MWR GSR May 2018 Telecon Minutes

**When: Saturday, May 19th – 9A Central**

Recording # 154

**Call to Order:**

9:00 Dale began meeting

Read Serenity prayer: Lead by Dale

Read 5th Tradition & Concept: Dale

**Roll Call:** Cathy

Meeting Location - RSC Position	GSR
IL Schaumburg	Ilene N (GSR) Terri S (Alt GSR)
IL Homewood	Joni H (Alt GSR)
IL Vandalia Outreach Committee Chair	Leanne B (GSR)
IL Villa Park IL Elmhurst	Christina G (GSR) Christina G (Alt GSR)
IL Maryville	Kevin B (GSR)
KS Emporia	Carla D (Alt GSR)
MO Chesterfield	Debbie S (GSR)
MO Maryland Heights	Laura D (GSR)
OK Tulsa Convention Committee Chair	Victoria (GSR)
OK Tulsa Tuesday 6:30 pm "New Perspectives"	Shalee (Visitor)
OK Tulsa Monday & Thursday 6:30 pm "Restoring Serenity"	Janet (Visitor)
Chair	Dale
Treasurer	Rod
Secretary	Cathy
Alt Delegate	Theresa



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### Approval of Minutes:

**MOTION:** Motion to accept Minutes from April 16, 2018 as written.

Motion to approve: Leanne IL Vandalia

Seconded by: Laura MO Maryland Heights

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 10 yes – 0 no – 0 abstain

### Financial Report: Rod, Treasurer

*See attached Treasurer Report*

Comments:

Three donations: IL Vandalia, IL Rockford Tuesday, IL Elmhurst

One expense: New meeting literature for MO St Joe

Donations are keeping up with expenses

Dale: Assembly in Oct 2018 decide on Regional excess to World Service Office

### Outreach: Leanne, Outreach Committee Chair

Completed a document that will be placed on MWR website after discussed during June RSC

Group closed after 4-5 months - goal to help

RSC will review during June 2018 then presented during June GSR for vote

Feel free to call if feeling discouraged

Kevin, Maryville: Did you talk to Craig - shutting down. IL Trenton

Shalee, OK: Share challenges

Ilene, Schaumburg: mentoring comes in to give realistic expectations

Dale: Mentoring program & Document Leanne is putting together

### Conventions: Victoria, Convention Committee Chair

Camp Outs

Vacation destination: Galveston, TX Convention at the Beach

World Convention: Aug 30 -Sept 2

### Website Report: Rod, Web Committee Chair

St Joe, starting

Mt Olive, closed last month

Trenton, just found out during this meeting

GTM on MWR & WSO website: No one attended - Next GTM will be May 31 @ 7:00

Cathy will send out reminder

### Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate

Theresa: New Literature for Fellowship Review for 1 year - Business meeting - New Perspective

Aug 25 retreat 8-4 'Connection' - Is there a flyer?

3 new pieces - coordinate with Cathy to send out to GSR

2 kinds Conference approved & Recovery

Some literature worked on & approved by members

Membership review: We can comment - Unable to have on website

Print from WSO website & discuss with groups add hyperlink



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### Old Business

#### 1. Themes for the assembly: suggested thus far:

- a. Topics
  - Roll Call for Theme
  - Connection to our Higher Power, to Ourselves, and to Each Other
  - Victoria
  - 1 vote
  - New Life, New Way of Living and Loving
  - Ilene N, Joni H, Leanne B, Kevin B, Carla D, Debbie S, Laura D
  - 7 votes
  - Flier will be completed & then Cathy will send out
  - If anyone would like to stay with someone because of hotel cost. Contact RSC member
- b. GSR vote
  - Janice, Tulsa (visitor to MWR)- Will talk to group
  - Theresa: Likes second idea, embracing recovery part instead of problem part, topics need to support theme
  - Leanne, IL Vandalia: Likes second idea
  - Laura, MO Maryland Heights: Likes second
  - Dale: Any additional ideas

#### 2. Topics for breakout sessions at assembly: suggested thus far:

- a. Outreach-How to Be Out There;
- b. Anonymity-How to do it Right;
- c. Continued Growth (for old timers who get it);
- d. Tools of Recovery-Don't Leave it to Chance;
- e. You Can Choose to do it Alone, But You Don't Have To;
- f. How to be There for the New Folks;
- g. Stay In and Give Back;
- h. What Do Others Do;
- i. What is Most Challenging While Dealing With Your Qualifier and How Do You Handle It;
- j. What Type of Boundaries Do You Set For Yourself;
- k. What is a Complete and Moral Inventory of Yourself (step 4) and What Does it Mean;
- l. How do You Keep Shares Focused On Us;
- m. Making Boundaries and Enforcing Them;
- n. What Do You Do to Keep People Coming Back?;
- o. What Do You Do for Outreach? PSA's etc
- p. New suggestions
  - Laura, MO Maryland Heights: When does helping become enabling
  - Rod: J&M combined, have not been discussed in the past
  - Theresa: Encouraging & Understanding our addicts
  - Dale: Anything outside of Nar-Anon, Theresa's comments below
  - H unclear
  - Discourage discussion of war stories
  - J&M ; all boundaries are for ourselves
  - Chesterfield host group: Take a look - Create list & then Cathy will send out to circle top 6 GSR



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### 3. Hotel reservation info

Cut off Sept 17 - \$112 before tax -  
Flier to Cathy to send out next week  
If would like to stay with a member please call RSC to arrange

### 4. How is the search bar working for you?

- a. Thank you Rod
- b. Leanne- Has used, works fine

## New Business

### 1. Need a Narateen Process Person, Kathy S is willing to be that person...interim until Assembly

Motion: Kathy S will be interm Narateen  
Motion to approve: Leanne, IL Vandalia  
Seconded by: Carla, KS Emporia  
Discussion/Questions: None  
Final tally: 9 yes – 0 no – 0 abstain

### 2. GSR 'Open Microphone' –

No discussion

### 3. World Service Convention in Orlando over the Labor Day Weekend

### 4. Question of the month: Tradition 5

No discussion

### 5. Next GSR Teleconference: Saturday, June 16th, 9AM Central

Dale closed: thanks

Just for today: 'I will be happy. This assumes to be true what Abraham Lincoln said, 'Most folks are as happy as they make up their minds to be.'

Adjourned 9:55 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann  
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[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)