



MWR GSR June 2018 Telecon Minutes



**When: Saturday, June 16th – 9A Central
Recording # 157**

Call to Order:

9:00 Rod began meeting

Serenity prayer: Lead by Rod

6th Tradition & 6th Concept: Read by Rod

Roll Call: Cathy

Meeting Location - RSC Position	GSR
IL Springfield Thursday 7:00 pm "Focusing On Me"	Barb (GSR)
IL Homewood Wed 7:00 pm "Serenity Seekers"	Joni H (Alt GSR)
MO St Peters/O'Fallon Tuesday 7:00 pm "St Charles Serenity Seekers"	Dana M (GSR)
IL Vandalia Friday 7:00 PM "HOPE"	Leanne B (GSR) Outreach Committee Chair
IL DuQuoin Tuesdays 7:00 pm	Maria (GSR)
IL Schaumburg Monday 7:30 pm "Mindful Mondays"	Ilene N (GSR)
IL Maryville (formerly Glen Carbon) Tuesday 7:00 pm "Growing Together"	Kevin B (GSR)
MO Chesterfield Sunday 7:30 pm "To Life"	Debbie S (GSR)
KS Leawood Monday 7:00 pm "Touched by Addiction"	Rose (GSR)
KS Shawnee Tuesday 7:00 pm Thursday 7:00 pm "New Perspectives NFG"	Judy L (Alt GSR)
KS Topeka Saturday 12:00 Noon	Marsha S (GSR)



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KS Emporia Monday 6:30 pm "Hope NFG"	Carla D (GSR)
OK Tulsa	Victoria (GSR) Convention Committee Chair
OK Tulsa Tuesday 6:30 pm "New Perspectives"	Shalee (GSR - visitor)
Treasurer	Rod
Secretary	Cathy
Alt Delegate	Theresa

Approval of Minutes:

MOTION: Motion to accept Minutes from May 19, 2018 as written.

Motion to approve:: Kevin, IL Maryville

Seconded by: Leanne, IL Vandalia

No discussion - Unanimously approved

Refer to attendees listed above

Final tally: 13 yes – 0 no – 0 abstain

Financial Report: Rod, Treasurer

See attached Treasurer Report

Comments:

One donation: MO St. Peters

Outreach: Leanne, Outreach Committee Chair

Outreach document MWR website under **Member Services-Outreach**

<http://www.naranonmidwest.org/wp-content/uploads/2018/06/Outreach-Growth-in-our-Family-Groups-180616.pdf>

Tool for all to use

Snapshot of WSO website under **Members - Outreach**

<https://www.nar-anon.org/outreach>

Leanne would encourage comments, please contact

Carla, KS Emporia: Great tool - please post

Ilene, IL Schaumburg: Printed it out to bring to meeting

Rod, RSC Treasurer: If each NFG (**Nar-Anon Family Group**) has Outreach Chair

They should receive & know MWR & WSC website

Conventions: Victoria, Convention Committee Chair

World Convention

MWR website: http://www.naranonmidwest.org/event/2018-nar-anon-world-convention/?instance_id=71846

WSO website: <https://www.nar-anon.org/2018-naranon-world-convention/?rq=convention>

NA website for Nar-Anon members who want to attend NEED to register

Events: Blue October concert



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Discounted tickets for attraction
Victoria will be speaking on Thursday @ 8:00 PM
Theresa will be speaking (do not have date/time)

Website Report: Rod, Web Committee Chair

Contact form on MWR needs to update with captcha
Webinar Carla & Rod attended MWR & WSO
Carla thought it was beneficial & informative
Rod - Anyone in group that would be interested, can set another

Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate

Ruth: Working on developing getting information out on New Literature
WSO will not load PDF documents on pieces you need to purchase
If you use REVIEW literature that you communicate concerns
Theresa: Difficult to sort out what is recovery -service- conf approved
Comments before approval is very important - service of reviewing literature
Minutes of World meeting should come out in July
Literature brochure for men & welcome piece
Service Literature & Outreach- Not sent out for Fellowship review in time for 2018 WSC
Can use in meetings, just not posted, still in review
Rod: Not allowed to post on MWR
WSO member section service literature down at bottom fellowship review -
WSO website service/ outreach PDF in blue can print can make copies on white paper
<http://www.nar-anon.org/service-literature/?rq=service%20li>

Old Business

1. The theme for the assembly is:

A New Way of Living and Loving Life
Debbie- Hotel The Drury
Tax 501 document for hotel no tax working with hotel
Cut off date is Sept 17th
Registration coming out soon
Basket donations are needed, bring back to groups for discussion
Looking into Sunday availability
On MWR website

<http://www.naranonmidwest.org/midwest-regions-annual-assembly/>

2. Topics for breakout sessions at assembly:

- Top 6 as of meeting are highlighted & other
- NFG (**Nar-Anon Family Group**) can still submit until July 1st to Cathy C

TOPICS

- Outreach-How to Be Out There;
- Anonymity-How to do it Right;
- Continued Growth (for old timers who get it);
- **Tools of Recovery-Don't Leave it to Chance; #1**
- You Can Choose to do it Alone, But You Don't Have To;
- How to be There for the New Folks;
- **Stay In and Give Back; #5**
- What Do Others Do;
- **What is Most Challenging While Dealing With Your Qualifier and How Do You Handle It; #3**



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- What Type of Boundaries Do You Set For Yourself; #2
- What is a Complete and Moral Inventory of Yourself (step 4) and What Does it Mean;
- How do You Keep Shares Focused On Us;
- Making Boundaries and Enforcing Them; #4
- What Do You Do to Keep People Coming Back?; #5
- What Do You Do for Outreach? PSA's etc

New Business

1. GSR 'Open Microphone' –

Debbie, MO Chesterfield: United Way speaker on Thursday setting a table there

Joni, IL Homewood: Focus is more on recovery - Not bringing in horrible life stories - Hard not to give advise - Concerned about other family members affected by addicts, Hard to understand boundaries - Everyone recovers in their own time

Rod, treasurer: Advise use - 'This is what I have done...'

Shalee, OK Tulsa: Do they have a sponsor? - Share more boundaries - Control what you can

- Good opportunity to talk about sponsorship

Joni, IL Homewood: No sponsors within their group

Rose KS Leawood: Involved with daughter & grandchildren - Helped anyone in group with similar

Offline talk situation - Online blog search grandchildren read others shares

(official nar-anon) - Eastern Pennsylvania different naranon.com wso links to it

<http://www.naranonepa.org/>

Judy, KS Shawnee: Distant sponsors - MWR sponsorship section

Ruth, Delegate- Cross talk directly to someone else's situation - Talk after the meeting

- May benefit with taking to person after meeting and can also offer another person - outside of their group - Do not use sponsorship word - Use tools in share to offer different perspective

Judi, KS Shawnee:

Flier sent out to GSR from Cathy

MWR website: http://www.naranonmidwest.org/event/connection-retreat/?instance_id=65603

Ilene, IL Schaumburg: Guidelines to price out materials - Group are adding to the purchase cost - Lets - talk next month How to Price literature

2. Question of the month: Tradition 6

Encourage to take Tradition topics to your groups

Rescuing people - Provide literature beyond new

Emailed with this meetings information

3. Next GSR Teleconference: Saturday, July 21st, 9AM Central

Adjourned 10:13 CST / Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann

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www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)