



MWR GSR July 2018 Telecon Minutes

When: Saturday, July 21st – 9A Central
No Recording

Call to Order:

9:00 Dale began meeting

Dale read Serenity Prayer

Cathy read 7th Tradition & Concept

Roll Call: Cathy

Recording: None

Meeting Location - RSC Position	GSR
IL Schaumburg Monday 7:30 pm "Mindful Mondays"	Ilene N (GSR)
IL O'Fallon Sunday 6:30 pm "Highway 64 Nar-Anon"	Anna P (GSR)
IL Homewood Wed 7:00 pm "Serenity Seekers"	Joni H (Alt GSR)
IL Vandalia Friday 7:00 PM "HOPE"	Leanne B (GSR & Outreach Chair)
IL Villa Park Thursday 7:00 pm "Thursday's Together"	Christina G (GSR)
IL Elmhurst Tuesday 7:00 pm "Tuesdays Together"	Christina G (Alt GSR)
IL DuQuoin Tuesdays 7:00 pm	Maria (GSR)
IN Munster Sunday 7:00 pm "Serenity Seekers II"	Deb E (GSR)
MO Chesterfield Sunday 7:30 pm "To Life"	Debbie S (GSR)
MO St Peters/O'Fallon Tuesday 7:00 pm "St Charles Serenity Seekers"	Liz R. (Alt GSR)



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MO Maryland Heights Wednesday 7:30 pm "New Choices"	Laura D (GSR)
MO Pleasant Valley Wednesday 7:00 pm "Northland Hope"	Kathy S (GSR & Nara-Teen Chair)
AR Van Buren Thursday 8:00 pm "The Better Way"	Karen (GSR)
KS Topeka Saturday 12:00 Noon	Marsha S (GSR)
OK Tulsa Monday & Thursday 6:30 pm "Restoring Serenity"	Janet (GSR) Visitor
RSC Chair	Dale
Treasurer	Rod
Secretary	Cathy
Delegate	Ruth
Alt Delegate	Theresa

Approval of Minutes:

MOTION: Motion to accept Minutes from June 15, 2017 as written.

Motion to approve:: Ilene - IL Schaumburg

Seconded by: Liz - MO St Peters/O'Fallon

No discussion -

Refer to attendees listed above

Final tally: 16 yes – 0 no – 0 abstain

Financial Report: Rod, Treasurer

See attached Treasurer Report

Comments:

Outreach: Leanne, Outreach Committee Chair

'Outreach Growth in our Family Groups - 180616' document on website



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<http://www.naranonmidwest.org/wp-content/uploads/2018/06/Outreach-Growth-in-our-Family-Groups-180616.pdf>

Check locations where posters are located to make sure they are updated & in good condition

Conventions: Victoria, Convention Committee Chair
No report

Website Report: Rod, Web Committee Chair
Closed meetings: IN Michigan City & IL Lake Bluff
New meeting: IL Cedar Point

Delegate Report: Ruth, Delegate; Theresa, Alternate Delegate
Ruth: WSO email Service Literature, approved from WSC is on service page for download & purchase
Spoke to Tawnee: Fellowship review on same page; available to provide feedback sent out or send link
<https://www.nar-anon.org/service-literature/?rq=service>
Rod: Guide to Local Service
<https://www.nar-anon.org/news/2016/9/30/now-available?rq=local%20service>

Old Business

1. **The theme for the assembly is:**
A New Way of Living and Loving Life
2. **Topics for breakout sessions at assembly: the numbers are in and the leaders are...**
What Type of Boundaries Do You Set For Yourself and how do you deal with them
Tools of Recovery-Don't Leave it to Chance;
What is Most Challenging While Dealing With Your Qualifier and How Do You Handle It;
How to be There for the New Folks;
What is a Complete and Moral Inventory of Yourself (step 4) and What Does it Mean;
Continued Growth (for old timers who get it);
What Do You Do to Keep People Coming Back?;
How do You Keep Shares Focused On Us;
3. Volunteers for those interested in facilitating the above
GSR ask group members if they are interested in
Contact
Debbie: MO Chesterfield ultconn@att.net
Chris: MO Chesterfield Chriss.burkey@gmail.com
4. The hotel flyer for the assembly went out....the Drury at 270 and Olive Blvd
Contact Dale - Cathy
<http://www.naranonmidwest.org/midwest-regions-annual-assembly/>
Financial difficulty please contact Dale or Deb to arrange
5. Flyer for registration
6. Flyer for baskets
Janet Tulsa: Unable to attend but can contribute by donating a basket
Rod: Want to place on website
Janet Tulsa: Tradition 7: Guidelines to asking for donations



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Dale: Donator has relationship with Nar-anon program or member
Theresa: Individuals & groups can donate
Cathy will send out all Assembly information once fliers are complete

New Business

1. **New pamphlet:** *'Men Sharing Experience, Strength, and Hope'* is now available
<https://nar-anon-webstore.myshopify.com/products/men-sharing-their-experience-strength-and-hope?variant=12264856354912>
Looking for more writings to be submitted
2. **Review RSC responsibility on new materials:**
Get items for review to GSR's, then groups can give feedback to BOT @ WSO
Does our region want to set up a Literature Review Committee?
Ruth: Service Lit used to assist FHG for Fellowship Review - Not conferenced approved but available for group use & input on document
Interest in a Literature committee for MWR
Phone call - Maybe monthly for about an hour
Provide WSO feedback
Individuals can provide feedback as well as a group
Interested: Janet OK Tulsa - Ilene IL Schaumburg - Ruth - Cathy
Please contact Ruth or Cathy if you are interested
Recovery Lit: Not posted on web-site , PDF are emailed
Questions:
Ilene IL Schaumburg: Bring to FHG to get group conscious
Ruth: Can do group conscious or just pass out to members
Dale: Way to get literature out - Literature constantly being written
3. **GSR 'Open Microphone' –**
What is on your mind?
Discussion to set pricing of literature within group
Ilene IL Schaumburg: Asked question. Sell Step & SESH
Joni IL Homewood: Do sell.
Liz MO St Peters/O'Fallon: Sell SEHS \$14 Workbook \$12 - Sell bigger blue book \$2 - Give away small blue book
Maria IL DuQuoin: Sell SESH & Workbook for cost minus shipping -
Group paying for shipping cost - Little Blue book handed out free at first
Laura MO Maryland Heights: Sell SESH -Giveaways
Dale: \$15 SESH Step book cost off website - Purchase in bulk
Theresa: Sell pamphlets 40 cents a piece or 75-1.50 larger ones
Cathy MO Pleasant Valley: \$20 SESH group too small
Can these be purchased at Assembly for \$15 & Outreach pamphlets
Liz MO St Peters/O'Fallon: Just hand out from group collects - 20 questions is free
Ruth: Other pieces that are free
Outreach page on Naranon website
<https://www.nar-anon.org/outreach/?rq=outreach>
Interest to have available at Assembly for less cost
Rod: Have done this....end up with leftover literature
Book that show all literature
SESH can purchase: Dale is there interest?



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Liz MO St Peters/O'Fallon: Would have to check - Could be interested

Ruth: Great idea

Elmhurst & Villa Park purchase together

Pre-order

Ilene IL Schaumburg: Groups communicate so they

Janet OK Tulsa:

Dale: Create flyer by Chesterfield host group

4. Question of the month: Tradition 7

No time but all received document

5. Next GSR Teleconference: Saturday, August, 9AM Central

Looking for Vice-Chair

Dale closed: Adjourned 10:05 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann
6239 Howe Drive
Fairway, KS 66205

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)