



## MWR GSR Aug 2018 Telecon Minutes

When: Saturday, August 18th – 9A Central

Recording 160

**Call to Order:**

9:00 Dale began meeting

Serenity prayer: Dale

8th Tradition & Concept: Dale

**Roll Call:** Cathy

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Schaumburg Monday 7:30 pm "Mindful Mondays"	Ilene - GSR	MO Pleasant Valley Wednesday 7:00 pm "Northland Hope"	Kathy S - GSR & RSC Narateen Chair
IL Homewood Wednesday 7:00 pm "Serenity Seekers"	Joni - Alt	MO Chesterfield Sunday 7:30 pm "To Life"	Debbie - GSR
IL Villa Park Thursday 7:00 pm "Thursday's Together"	Christina - GSR	MO Maryland Heights Wednesday 7:30 pm "New Choices"	Laura - GSR
IL Elmhurst Tuesday 7:00 pm "Tuesdays Together"	Christina - Alt	KS Emporia Monday 6:30 pm "Hope"	Carla - GSR
IN Munster Sunday 7:00 pm "Serenity Seekers II"	Deb - GSR	OK Tulsa Friday 6:30 pm "Inner Peace"	Victoria - GSR & RSC Convention Chair
AR Van Buren Thursday 8:00 pm "The Better Way"	Karen - GSR	RSC Treasurer	Rod
RSC Chair	Dale	RSC Secretary	Cathy
RSC Delegate	Ruth		



## MWR GSR Aug 2018 Telecon Minutes

### Approval of Minutes:

**MOTION:** Motion to accept Minutes from July 16, 2018 as written.

Motion to approve:: Ilene - IL Schaumburg

Seconded by: Carla -KS Emporia

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 12 yes – 0 no – 0 abstain

### Financial Report: Rod, Treasurer

*See attached Treasurer Report*

Comments:

One donation

Many new meetings, New literature only about \$50 left for new literature

### Outreach: Leanne, Outreach Committee Chair

No report

### Conventions: Victoria, Convention Committee Chair

World Convention Labor day weekend

[http://www.naranonmidwest.org/event/2018-nar-anon-world-convention/?instance\\_id=71846](http://www.naranonmidwest.org/event/2018-nar-anon-world-convention/?instance_id=71846)

### Website Report: Rod, Web Committee Chair

3 new groups IL Cedar Point - IL Pana - IL Bloomington

Possible new groups: MO Lee's Summit - IN Cedar Lake

New meeting southwest of Kansas city

### Narateen Report: Kathy S, Narateen Committee Chair

Difficult to vet volunteers because of multiple states background checks

Information will

Updated guidelines from old MWR guidelines & WSO to

Approve in Oct during Assembly

Interest from several groups

Using funds for Verified Volunteers

Set up fee of \$100 one time fee to set up MWR Naranon account

Fee \$38 to put a volunteer through check

Some volunteers may have already been cleared by job or other organization

Guidelines recommend 3 facilitators - one male & one female

**MOTION:** To pay one time set up fee of \$100 for MWR Naranon account background checks.

Motion to approve:: Ilene - IL Schaumburg

Seconded by: Theresa - Alt GSR

Discussion: Cathy - Do we need to include name of service?

Dale - Name is Verified Sterling Talent Solutions

**Amend Motion:** To pay one time set up fee of \$100 for MWR Naranon account background checks to Sterling Talent Solutions.

Motion to approve: Ilene - IL Schaumburg

Seconded by: Theresa - Alt GSR

Discussion: Ruth: Handles Girl Scouts of America - Simple private



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information

Ilene: Are there meetings on hold waiting for this? No

Kathy: Speaking to Shannon

Dale: Talk about at Assembly

Unanimously approved

*Refer to attendees listed above*

Final tally: 12 yes – 0 no – 0 abstain

Discussion: To pay the \$38 per facilitator fee to maximum of 3 facilitator fees being reimbursed per group.

Kathy S: Some may be previously screened - Can donate the cost of the fee

Rod: Open \$ amount - Fee might increase

Ilene: Baseball, each coach pays for their own

Why would we not require each person pay their own fee

Christina: Financial hardship of volunteer

Kathy S: There is an option to pay for own check

Rod: If person already has back ground approval - We do not need to pay for another check

Kathy S: Need to find out specifics if volunteer has check from another service or same service

Dale: Through same service might not have to pay again - Another service doubt it would be waived

Theresa: Like to leave out \$ amount out & approve coverage of 3 people per group -Keep it simple

**Motion:** To cover the costs of up to 3 facilitators per Narateen group

Motion to approve: Kathy S - Narateen Chair

Seconded by: Theresa - Alt GSR

Additional discussion: None

Unanimously approved

*Refer to attendees listed above*

Final tally: 12 yes – 0 no – 0 abstain

**Delegate Report:** Ruth, Delegate; Theresa, Alternate Delegate

Ruth: Literature Review committed in the works - Meet monthly

Proposed literature

Janet - Ilene - Cathy C

Theresa: No report

### Old Business

#### 1. *The theme for the assembly is*

- a. A New Way of Living and Loving

#### 2. *Topics for breakout sessions at assembly*

- a. What Type of Boundaries Do You Set For Yourself and how do you deal with them



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- b. Tools of Recovery-Don't Leave it to Chance
  - c. What is Most Challenging While Dealing With Your Qualifier and How Do You Handle It
  - d. How to be There for the New Folks
  - e. What is a Complete and Moral Inventory of Yourself (step 4) and What Does it Mean;
  - f. Continued Growth (for old timers who get it)
  - g. What Do You Do to Keep People Coming Back?
  - h. How do You Keep Shares Focused On Us
- 3. *Volunteers for those interested in facilitating the above***
- a. Dale: Share your creative thoughts & ideas - Opportunity to give back
  - b. Theresa: Gladly take topic, waiting for GSR to jump in first
  - c. Dale: 3 time slots on Saturday with 2 choices
  - d. Anyone to be a facilitator or speaker - reach out to Debbie S
- 4. Flyers for hotel registration,**
- a. 1 hotel room made & 2 registration form
  - b. Jonie: How far is lodging from assembly? 12 minute drive
  - c. Can arrange transportation from hotel to facility
  - d. Laura: Several going to attend
- 5. Baskets**
- a. zLaura MO Maryland Heights: 2 baskets
  - b. Still looking groups to donate basket/ funds for baskets
- 6. SESH book orders**
- a. Cathy has not received any orders
- 7. Friday**
- a. Laura MO Maryland Heights: Several going to attend - Help on Friday -
- 8. Sunday added....guest speakers, more selfcare times, low cost with higher return**
- a. 1 speaker Sunday morning
  - b. 8-11 with breakfast
- 9. Why come to the assembly?**
- 10. Open offices for region: Vice Chair and Treasurer**

### New Business

**1. GSR 'Open Microphone' –**

- a. What is on your mind?
- b. What is going on in your meeting that you would like to discuss?  
Joni- 2 newcomers last week, enriching that they are taking their first step, find group on line  
Theresa: attended several different meetings - opportunity to take

**2. Question of the month: Tradition 8: Theresa**

Talk about service  
2 office Vice Chair & Treasurer  
Service is rewarding - Grown personally & program -Co-operate & respect of others  
We are non professionals - No boss or leader  
Dale is Chair to keep order - He does not direct us  
Vice Chair- Become chair year from Oct Organized lead a variety of people  
Clearify points & put them into understandable order  
Will learn how to be a chair from Dale  
Treasurer  
Does not like to be in limelight  
Work at home & create monthly report  
We should do it - Entire time we are in program  
Program asks us to take turns - Set up meeting room



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Learned to do the next right thing - Various time periods of position

Do your part & then let others do their part

Rod: Alternate delegate

Working with Theresa Guide to Local & World service

Represent MWR at WSC every other year

RSC team is great & supportive of each other

No need to recreate the wheel

If you know of a member of FHG bring up the topic

Ruth: Encourage who is willing - Service is an act of faith & in the program

Allows others to help me when I need personal help -

Program allows us to change our minds learn by getting involved

### 3. Next GSR Teleconference: Saturday, September 15, 9AM Central

Dale closed: thanks

Adjourned 9:59 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann  
6239 Howe Drive  
Fairway, KS 66205

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)