

**Midwest Region Teleconference  
Meeting Minutes  
July 31, 2010  
10:00 am EDT/9:00 am CDT**

**Call to Order**

Ron K. called to order the regular meeting of the Midwest Region at 10:04 am EDT/9:04 am CDT on July 31, 2010 in FreeConferenceCall. com.

**Roll Call**

Ron asked Kathy K to conduct the roll call. The following persons were present:

Scott P., GSR, Washington, Missouri  
Jenny P., Alternate GSR, Washington, Missouri  
Donna D., GSR, Homewood, Illinois  
Luanne K., GSR, Shawnee, Kansas  
Jan F., GSR, Rockford, Illinois  
Mark C., GSR, Munster, Indiana  
Joseph L., Treasurer  
Tawnee V., Delegate  
Kathy K., Alternate Delegate  
Ron K., Chairperson

Ron asked Kathy to take the minutes of the meeting.

**Approval of Minutes.**

Ron asked for a motion to approve the minutes of the June 26, 2010 minutes as corrected. Donna made a motion to accept the minutes; Scott seconded that motion. All were in favor. The minutes were approved.

**Midwest Region Reports.**

Delegate's Report. Tawnee reported that on the front page of the WSO website there is a link asking that the GSRs update the information for their meetings. She stated that the WSO is changing its database and is asking that all GSRs enter the information for their meeting directly on the website.

Secretary's Report. No report was available due to Sharon's absence.

Treasurer's Report. Joseph stated that there is currently \$719.97 in the Region checking account and \$125.03 in savings.

HI/PI & Website Committee Report. Joseph stated that he will be emailing a notice to members of the committee setting a date and time for a conference call meeting. Regarding the website, he reported that he needs input from GSRs to be able to continue. There are buttons linked to pages for the HI/PI Committee and the RSC. One idea is to have a monthly or daily message entitled "What Nar-Anon Means to me."

Convention Committee Report. Donna had previously notified the RSC that due to other commitments she would not be able to continue to serve as interim chairperson for the Convention Committee. Ron thanked Donna for her service for the past three months.

### **Old Business**

#### Face-to-Face Assembly.

The date for the face-to-face assembly is set for October 16, 2010 at the Zion Lutheran Church in Maryland Heights, Missouri

### **New Business**

#### Election of Offices.

Nominations are being accepted for the position of Vice Chairperson. Also, since the three months are up for the Interim Chairpersons for the Convention and HI/PI Committees, those positions will also be on the ballot for election at the Assembly on October 16. Nominations may be made now to the RSC and also in person at the Assembly. The GSRs were encouraged to announce the opening at their meetings. Committee chairpersons are not required to be GSRs.

#### Face-to-Face Assembly.

The members present discussed possible topics for workshops to be held at the assembly. Luanne suggested a workshop on how groups handle their meetings, contact lists, etc. (above and beyond finances). Donna suggested topics be chosen that would pertain to all Nar-Anon members, not just to GSRs. Tawnee said that the subject of the importance of sponsorship had been suggested. She stated that the WSO is asking groups to conduct literature writing workshops.

Ron asked for suggestions for a theme for the assembly. Luanne suggested "Reaching Within and Reaching Out." The members in attendance were all in favor of that theme. Ron asked if anyone would be willing to make a flyer for the assembly and Donna offered to do that. Donna asked if the workshop titles should be included on the flyer. The consensus was that it would be best to prepare the flyer without waiting for the workshop subjects to be decided.

Joseph stated that he is in the process of making a list of hotels in the area.

Regarding the registration fee, Joseph stated that he is in favor of having an advance registration fee, as it helps to know how many people will be attending, and then having a higher fee at the door. Tawnee agreed. Tawnee asked what the rent for the space was and Joseph responded that the Region is not being charged any rent. Donna moved that the pre-registration be \$5 and registration at the door be \$10. Mark seconded that motion. A roll call vote was taken. All were in favor. Motion passed.

Joseph will set up a web page for the pre-registration.

Luanne stated that her group would make a basket to be raffled off. She said that it would include items that are unique to their geographical area.

### Date and Time of Region Meetings.

Ron stated that the next item on the agenda is whether to set a specific day of the month and time for the Region meeting as well as the RSC meeting. Joseph suggested that the RSC Committee could hold its meeting on the 1<sup>st</sup> Saturday of the month at 9 a.m. and the regular Region meeting could be held on the third Saturday of the month at 9 a.m. His thought was that it would be easier for GSRs to plan to attend the meetings if they knew ahead of time when they would be held. Donna agreed. Scott so moved. Donna seconded the motion. A roll call vote was taken and all were in favor. Motion passed.

### Length of Meeting.

The Chairman asked the members present for their opinion as to whether there should be a time limit for the meetings. Tawnee said she thought they shouldn't last more than an hour. Everyone was in agreement.

### Donations

Ron reminded the group that it is helpful, but not required, that any donations be designated to a particular fund. Joseph stated that there is a Delegate Fund, Convention Fund, HI/PI Fund, Website Fund and General Fund.

### Upcoming Events

The flyer for the Matteson, IL "Recovery Starts with You" event on August 21<sup>st</sup> will be posted on the MWRConvention Yahoo Group site.

Luanne reminded the group that the "Walk for Recovery" is being held in Kansas City on September 18. All fellowships, as well as rehab centers, will be present. It is an all-day event. She will mail a flyer to the RSC. September is "Recovery Month."

### Next Meeting

The date for the next meeting (third Saturday of the month) is August 21, 2010 at 10:00 am EDT/9:00 am CDT.

### Adjourn

Ron thanked everyone for participating. He stated that he realizes everyone's life is busy but remembers how it felt when he first came to Nar-Anon and how important it is that Nar-Anon be there for other people when they need it.

There being no further business, the meeting was adjourned at 10:46 am EDT/9:46 pm CDT.

---

Acting Secretary