# Nar-Anon Midwest Region Teleconference Meeting Minutes July 16, 2011 9:00 CST

### Call to Order

Robin M called to order the regular meeting of the Midwest Region at 9:02 am CDT on July 16, 2011 on Free Conference Call.

### Roll Call

Chair - Robin M - Present

Vice Chair – Vacant

Delegate - Tawnee V - Present

Treasurer – Paula(temporary)

Secretary - Sharon S-absent

Convention Committee – Paula - Present

HI/PI - Vacant

Chicago, IL -

Elmhurst, IL – Lori B-absent

Homewood, IL – Donna D-absent

Matteson, IL – Lenita S-absent

Naperville, IL – Marvin-absent

Rockford, IL – Jan - Present

Springfield, IL, Monday –absent

Springfield, IL, Tuesday – Lisa H-absent

Springfield, IL, Wednesday – Paula - Present

Springfield, IL, Thursday – Linda - Present

Worth, IL – Jeremy – absent

Avon, IN – Bertha – absent

Bloomington, IN – David - Present

Camby, IN – Sharon W - absent

Muncie, IN – Niki R - absent

Munster, IN – Marc C - absent

Valparaiso, IN – Lori S - absent

Haysville, KS – Gracie M - absent

Shawnee, KS – Luanne K - Present

Wichita, KS – Shane H - absent

Des Peres, MO – Story - absent

Maryland Heights, MO – Gee V - Present

St. Louis, MO – Janice - absent

Washington, MO – Scott P – Present

(City?) - Amanda – Tues & Thurs - Present

### Approval of Minutes – June 18, 2011:

David Motion to approve; Luanne Seconded - all in favor motion carried

## Midwest Region Reports:

- 1. Delegate's Report Tawnee discussed the Nar-Anon Newsletter information and contest to name newsletter. CAR Deadline is October, 2011. Tawnee will assist any group with questions or assistance.
- 2. Secretary's Report no report
- 3. Treasurer's Report Paula reported that the Bank Acct is open;

Robin & Paula have debit cards currently

Bank Account Balance: \$2,580.65

4. HI/PI Report – no report

Website – Luanne reported that the former site (<u>www.naranonmwr.org</u>) is still owned by Joseph. There are other domain names that are possible.

- 5. Convention Report Paula reported on:
  - a. Springfield, MO Convention August 26-28- Nar-Anon has a table. Volunteers are encouraged to attend and assist with literature and questions.
  - b. Crystal Lake, IL Convention Jan (Rockford, IL) will ask her group for assistance. Homewood & Worth may be able to assist. David (Bloomington, IN) plans on being present and assisting.
    - c. Any other upcoming conventions Please contact Paula

### **Unfinished Business:**

HI Chair Position is open Treasurer Position is open Vice Chair Position is open No letters of intent have been received

### New Business:

- 1. Face to Face Assembly Discussion on what programs to have. Looking for people willing to help pull this important function together. David will report on whether St. Louis is equal distance for all groups. Anticipated date: mid-October.
- 2. Budget Allocation New equalized expense for Delegate is \$1600.00 (increase of \$100 from last conference) Discussion tabled.
- 3. Website discussion General discussion on what to place on website. Calendar feature should be considered (to help with listing conventions).

- 4. Mentorship Discussion of offering mentorship for Service (Luanne suggested); and for GSRs (Tawnee suggested).
- 5. Springfield Convention Discussion of Nar-Anon involvement. Paula needs materials. Luanne has extra materials from previous KC convention, can send if needed.
- 6. Paula asked to that Lisa be reimbursed for the materials for Flight to Freedom Convention in the amount of \$29.95. Luanne made Motion to reimburse; Gee seconded motion. All in favor motion passed.
- 7. Discussion of expectations, wants & needs from Region Discussion of posting meeting topics used by other groups which developed sharing. Luanne discussed the "How to Cope" class offered by National Council on Alcohol & Drug Addiction. Two members from her group spoke on the benefits of weekly meetings, and Nar-Anon groups, literature, web site, etc. David discussed listing meeting topics on the web site.
- 8. WSO appeal for newsletter articles. They should be sent to: newsletters@nar-anon.org

# Next Meeting – August 20, 2011

Luanne made Motion to close meeting; David seconded motion – all in favor – Motion carried.

Nar-Anon 2011 World Convention Bridges to Recovery San Diego, CA September 1-4, 2011

## **UPCOMING AREA NA EVENTS**

Here are upcoming NA events where Nar Anon may request a presence

- NA Indiana Area Unity Day Picnic 2 NW Indiana August 20, 2011
- 2. Springfield, IL Living the Dream August 26-28, 2011
- 3. Joliet Area Convention 14
  Joliet, IL
  <a href="https://www.chicagona.org">www.chicagona.org</a>
  October 28-30, 2011
- 4. Greater IL Regional Convention 15 Champaign, IL November 4-6, 2011 www.centralillinoisna.org
- 5. St. Louis MO Area Convention 6 Show-Me-Region November 18-20, 2011 www.slacna.com
- 6. Kansas City, MO Freedom to Change XVIII
  Overland Park, KS
  December 30-January 1, 2012
  <a href="https://www.ftckc.com">www.ftckc.com</a>
- 7. Indiana State Convention 19 Indianapolis, IN March 2-4, 2012