

*Midwest Region Teleconference*  
*January 19, 2012*  
*9:00 am CST/10:00 am EST*

**To ENTER the conference, please dial 1-605-475-4700**  
**Our access code is 338671#**

IF YOU ARE LOCATED IN A LOUD/NOISY AREA, PLEASE PLACE  
YOUR PHONE ON MUTE UNTIL YOU ARE EITHER READY TO SPEAK  
OR VOTE.

\*6 mutes and unmutes

IF YOU KNOW YOU WILL BE UNABLE TO ATTEND, PLEASE EMAIL SHARON.

**Call to Order:** Meeting opened at 9:05am CST - Open with the Serenity  
Prayer & Concepts of Service

**Roll Call** - 11 GSR's in attendance

Chair - Luanne - present  
Vice Chair – Robin - present  
Delegate - Tawnee V – present  
Alt Delegate – Jan - present  
Treasurer – Donna - present  
Secretary - Sharon S - present  
Convention Committee – Paula - present  
Outreach Committee – David - absent  
Elmhurst, IL – SoYoung - present  
Homewood, IL – Bill - present  
Matteson, IL – Lenita S- absent  
Naperville, IL – Marvin - left early  
Rockford, IL – John – present  
Springfield, IL, Thursday – Linda - present  
Worth, IL – Jeremy – absent  
Bloomington, IN – David - absent  
Muncie, IN – Julie - present  
Munster, IN – Mark C - present  
Valparaiso, IN – Jan – present  
Shawnee, KS – Rod - present  
Wichita, KS – Shane H –absent  
Des Peres, MO – Story - present  
Maryland Heights, MO – Joseph - present  
St. Louis, MO – Janice -absent  
Washington, MO – Scott P –absent

**Approval of Minutes**

Motion to approve minutes. Motion carried unanimously.

### **Midwest Region Reports**

Chair - Luanne

I am extremely excited about what's going on in our Region. Our RSC has worked incredibly hard to come up with new ideas to capture the items that need to be handled and to continue to work on the 2 goals each of you have established as important to the Midwest Region – Unity and Outreach. In keeping with that, I will try to keep our agenda full. We may not reach everything in this meeting but will have many things to carry forward. If anyone has any ideas or suggestions, please feel free to call or email any member of the RSC. We are trying to use education as well as a commitment to unity of the groups within the Region and our Outreach goals as our most important focus this coming year.

In our last meeting, we talked about the approved Motion to fund our Alternate Delegate to attend 2012 WSC. The WSC is an extremely important function for Nar-anon as a whole to pass on literature and to pass on motions pending before the body. Each of the home groups has a distinct voice in that approval process. Tawnee will be speaking on that in her report. To review, I contacted WSO about the possibility of a scholarship for funding our Alternate's expenses. The Region was turned down for a scholarship, due to the funding of a new delegate from Africa. The WSO's scholarship focus was to provide new regions the financial assistance for attendance. As an alternative, I have sent a request to make 3 monthly payments to cover Jan's expenses. This way our Regional budget is not depleted. We have authorized the first payment to WSO in January for \$534.00 and again in Feb and March. My understanding from the WSO was that as long as the full payment is received by the end of March, Jan will be permitted to attend the WSC. This will be a wonderful opportunity for our Region to have our Alternate Delegate attend and participate in the WSC.

The RSC will be working on a number of projects over the next few months. If you have any suggestions or ideas, please let us know. We are going to be making a list of special small projects helpful to the Region. I ask that you look within your groups for people that can be matched with those projects. Service is one way we give back to this program. It is our hope that matching needs with passions will carry forward an easier model for service. That's the conclusion of my report. Does anyone have any questions?

Delegate's Report- [1/21/2012 10:35:35 AM] Tawnee V:

Today is the deadline for the Conference track material. This material may include additional recovery, service and outreach literature for fellowship review. As soon as I receive it I will forward to Sharon, along with a tally sheet, for distribution to the GSR's. The GSR's responsibility is to get the material to the Home Group, so that they can have a group conscience taken. My hope is to receive a group conscience on the CAR report and track literature from all the

groups within our Region. It is imperative that the Region's voice be adequately reflected at the upcoming WSC. Just a reminder that March 4th is the deadline to submit the CAR tally sheets. You can put check marks in the yes, no or abstain column and send it via email. I have also included my home address in case anyone wants to send it by mail. I will give you a deadline for the Track materials as soon as I receive it. That will be the due date for your group conscience vote on this additional material.

An additional reminder that the Newsletter Committee is in need of submissions. Sharon had sent out email to that effect but I'm going to briefly go over some topics we're looking for.

Some topic ideas include:

- How the program has helped you.
- What a favorite slogan means to you or how it help you.
- How you applied the program to your life.
- How you came to accept addiction is a disease.
- How you used the steps to change your life.
- How you applied the traditions to a particular difficult situation.
- Why do you keep coming back even after your addicted loved one has found recovery.
- How service has benefited your personal program of recovery.
- How being involved in service has deepened your understanding of traditions and
  - Concepts of service
  - How has sponsorship helped you?
  - Special convention memories

I would like to say that I appreciated your phone call Rod. We can't know what the GSR's don't know if they don't ask. So it is very important that we maintain open communication between the GSR's and the Delegate. If you have any questions pertaining to anything addressed in the CAR, please let me know. I am available by telephone or email.

#### Secretary's Report – Sharon

Only thing is a friendly reminder to send all correspondence to the RSC through me and I will funnel it along to the proper persons. That way we ensure that all the people who need the info receive it.

Joseph asked when a new GSR list may be sent out. Sharon stated she will have it out by the beginning of the week.

Luanne stated that Sharon and Tawnee have been trying to contact new and existing groups within our Region to determine whether they are open or closed or in hiatus.

#### Treasurer's Report - Donna

Midwest Region of Nar-Anon  
Treasurer's Report  
Saturday, January 21, 2012

Starting Balance December 17, 2011	\$3,874.29
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Revenue

Donation/Homewood Serenity Seekers	\$ 170.00
Meeting Collections/CRC Convention	\$ 64.00

Total Revenue	\$ 234.00
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Expenses

WSO/Delegate Registration	\$(1,600.00)
Bank of America/Cashier's Check	\$ (10.00)
Post/Priority Mailing to WSO	\$ (5.21)

Total Expenses	\$(1,615.21)
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Ending Balance January 21, 2012	\$2,493.08
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Motion to accept Treasurer's report. Unanimously approved.

Outreach Report - No report due to David's absence

Convention Committee Report- Paula

I have communication out to Tim, Chair for Freedom to Change (KC) just basically for feedback. Feedback has also been requested from Jorey, Chair of the Chicago convention. I have not heard back.

I did make contact with Cabin Fever. Joseph had obtained a literature table and Tracy (NA Chair) has a room open on Saturday. She just found out about it and is willing to allow Nar-anon to utilize the room. They would like a donation made, but have not specified an amount yet. Their point being they do not want to support another organization. Our conversation was that if we did have some meeting, we would give a donation. Joseph has organized the literature table, but doesn't want to organize the room and meetings. We do have a room available for Saturday for meetings. We can have it for as long as we want. I need someone to organize any meeting. We have distributed a flyer to all GSRs. I will not be able to attend. It is being held at Lodge of the

Four Seasons, Lake of the Ozarks, Missouri. Joseph is being sent the literature packet that Donna ordered on behalf of the Region. Does anyone know in the St Louis area if you took it to your groups and have anyone attending?

Joseph is attending with another member to man the lit table. Possibly a few others from New Choices to attend.

Luanne asked if anyone else is planning to attend. Bill asked the location. Joseph clarified the location as the Lodge of the 4 Seasons in Lake of the Ozarks, MO.

Paula asked if anyone from our group is going. She stated that she didn't know but would check on Monday night. Paula asked that someone be in contact with her on this.

The next NA Convention being held is in March - NW Indiana in Indianapolis. David has made contact with someone and needs to follow up. The next NA Convention is April 22 in Rockford, IL. Jan is organizing a literature table. She is working on the pre-conference checklist just to get info to see what's available.

If anyone has any NA Conventions they know of, please let Sharon or Paula know.

Changes in the Region's Convention form.  
Luanne suggested we use it for the next 3 months and re-evaluate then.

Telephone conference to discuss the CAR

Based on discussion and feedback, it appears that there are new groups and new GSRs within the Region, who may need to have an understanding of the CAR and what their responsibility is for it. We are offering a few dates for a teleconference call to discuss what the CAR is, how votes are made, and the impact of the Home Group's vote.

The dates we have available that we would like you to vote on are 2/3 and 2/10 at either 7 or 8pm, both Friday evenings. At that time, Tawnee and Jan will go over the service structure for Nar-Anon; items on the report for general education; and, the individual motions. Is that something that the GSRs would be interested in?

Discussion had. Motion to hold teleconference on 02/03/2012 at 7 pm CST. Motion unanimously approved.

Please remember to mark on your home group calendars March 4 as the deadline for the CAR tally sheets to be sent to Tawnee, Midwest Region Delegate.

Outreach Goal – First Quarter's Conventions in the Region have been covered. Luanne would like to develop a list of Nar-Anon speakers and topics for speakers within the Region. If you have heard a speaker who has a wonderful Nar-anon message, please forward that info to Paula.

Next is our Unity goal, since we are spread so far apart geographically, I would like to open the discussion of how we can build unity with all home groups within the Region.

Discussion opened.

Unknown status of the Danville, IL & St Joseph, MO meetings. WSO website is current with the exception of these 2 groups.

Lu inquired about groups providing their telephone lists to the RSC to keep communication open between the Region and the members. All groups have a call list. Would each group be willing to provide a few numbers from their home group to the Region?

Home Group quarterly reports – Sharon will send out, and GSRs requested to return by the next meeting.

Any other issues?

Jan said she is overwhelmed with appreciation for sending her to the 2012 WSC.

Motion to adjourn at 10:03am CST

Thank you for your time and service to Nar-Anon and the Midwest Region.

PLEASE SEND ALL DONATIONS TO:

Donna Dockus  
19542 Division Street  
Mokena, IL 60448

**Next Meeting** - February 18, 2012