

## **March 2014 Midwest Region GSR Teleconference Minutes**

### **March 15, 2014**

Chair opened call. Delegate lead group in the Serenity Prayer. Chair read Tradition 3 and Concept 3.

Roll Call:      Rockford, IL (Tues) – Roy Y  
                    Munster, IN – Diana K  
                    Shawnee, KS – Theresa C  
                    Branson, MO – Christine Z  
                    Kansas City, MO – Rod S  
                    Maryland Heights, MO – Barbara

RSC:            Chair – Tonia M  
                    Vice Chair – Cyndee D  
                    Delegate – Jan F  
                    Alternate Delegate – Ruth M  
                    Outreach Chair – Mike Z

**Teleconference Minutes:** No minutes are available as of this date.

**Treasurer Report:** As amended (no brackets around positive number), the financial report was approved unanimously.

**Outreach Challenge:** The April Monthly Outreach Challenge is to place literature, meeting list or pull tab meeting information in hair salons, beauty shops and barber shops. Please be certain to speak with the owner or manager, requesting permission to place these items. As an Inreach project, please consider attending other local meetings. It is important that we reach out to all groups within the region, to expand our reach and our recovery. A lively discussion ensued on using specific religious holidays. Please always be mindful of Nar-Anon's spiritual principles and the 12 Traditions while in contact with others and especially the public. "Our program is not a religious one, but a spiritual way of life." Blue Book page 2. "Addiction respects no particular religion; therefore, our program must be designed to help us regardless of our various beliefs." Blue Book page 12. Nar-Anon is an inclusive program – not an exclusive one. All members are welcome, regardless of their personal beliefs.

**Delegate Report:** Over the last weeks, Jan F and Ruth M have held three CAR/CAT conferences calls to inform members of this material, and to share ideas or ask questions. A separate email was sent with information on the number and access code to listen to those calls for any interested member. The deadline for sending your home group's CAR tally sheet is April 3; and, the CAT tally sheet is due on April 10, 2014. This provides time for our Delegate and Alternate to reconcile the numbers and provide a report on the April 19<sup>th</sup> GSR conference call. This is all in

preparation for the 2014 Nar-Anon World Service Conference, May 1-5, 2014 in Torrance, California. Ruth M reported that there is a discrepancy between several of the CAR Motions and CAT material, concerning Narateen (essentially changing sponsor to facilitator). Our Mentor provided information that the CAR Motions will come up for discussion and vote first, and that the outcome of those Motions will change the CAT materials accordingly. If your members have any questions or comments on these items, please email Jan F Delegate ([naranon@scorpio57.com](mailto:naranon@scorpio57.com)) or Ruth M Alternate Delegate ([ruthnowhere@gmail.com](mailto:ruthnowhere@gmail.com)).

#### **OLD BUSINESS:**

1. Should the region purchase two (2) color banners @ \$200/banner for use within the region? These banners do not need approval (as all the items are copyright protected – name/logo – or slogans). It is hoped that WSO will provide the same or similar banners for purchase. The other suggestion is a black and white version for \$150.00, with no slogans. Discussion is tabled until after WSC, to determine whether a banner will be available. The Outreach Committee will consider using their budget to purchase these banners.
2. Interim positions for Treasurer, Secretary and Convention Committee (proposed to be one person from each state) are open and in need of filing in order to fully conduct regional business. Please see the GLS (Guide to Local Services) 6-2 and 6-7 for a list of qualifications and responsibilities. Please encourage your members to volunteer, even if on a short-term basis.

#### **NEW BUSINESS:**

1. Christine Z has sent out a flyer regarding proposed themes and workshops for the 5<sup>th</sup> Annual Assembly, being held in Branson, MO October 18, 2014. Motion was passed unanimously approving the Assembly theme of “Hope and Recovery in the Ozarks.” Thank you to Christine Z and her committee for all the information and suggestions provided.
2. Several workshops have been suggested: 12 Traditions, led by Jan F and Ruth M; and, Outreach and Inreach lead by Mike Z. Please poll your members on workshop suggestions. Please bring those suggestions to the next GSR teleconference or email them to Tonia M chair ([tonia4moore@yahoo.com](mailto:tonia4moore@yahoo.com)).
3. A flyer was sent on April 9 regarding the 5<sup>th</sup> Annual Assembly. This flyer will be placed on the region’s web site ([www.naranonmidwest.org](http://www.naranonmidwest.org)). Please take copies of this flyer to your home group meetings, and encourage member attendance at our Assembly. Please send any other workshop topics or any suggestions for the Business portion of the Assembly to Tonia M Chair ([tonia4moore@yahoo.com](mailto:tonia4moore@yahoo.com)).
3. GSR questionnaire – Mike Z has sent out an email concerning several home groups he has personally contacted. Two new email contacts have been obtained to add to our roster. Thank you Mike Z for all the hours spent on Inreach (contacting home groups within our region). Cyndee D and Luanne K have prepared a new group excel spreadsheet, to save information and

- contacts on all newly formed groups in the region. Together with information from all our home groups, this will provide the region with valuable information to proceed forward, and open the lines of communication between all groups. Only one person contacting each group would be a monumental task. It was suggested that a committee be formed, or a group of volunteers, to gather information from every home group within the region, and to compile a report for the GSRs and RSC.
4. Please remember that all Motions are to be in writing, sent to the Chair for inclusion on the GSR Agenda (approved regional motion). Please be mindful of early submission, to permit time to canvas your home group before discussion in the teleconferences. Any proposed Motion should be emailed to Tonia M Chair ([tonia4moore@yahoo.com](mailto:tonia4moore@yahoo.com)). Once a Motion has been read, the Chair will call for 2<sup>nd</sup> to the Motion. Discussion on the Motion will be held after a 2<sup>nd</sup> has been made. Discussions may be tabled to provide additional time to investigate, ask questions, seek additional information, and to obtain group conscious decisions.
  5. Joseph L's motion (concerning Robert's Rules of Order) was read. There being no second, the Motion dies.
  6. Jan F Delegate reminded members that our meetings should follow fellowship approved guidelines using the 12 Traditions; 12 Concepts of Service; Guide to Local Service; Guide to World Service; and, current parliamentary rules adopted by the World Service Committee.
  7. Upcoming NA conventions or activities: Joseph L is planning to attend Flight to Freedom; and, Tonia M is planning to attend Up the Creek Float Trip. Joseph L has requested an outreach package, for use at Flight to Freedom.

#### **FRIENDLY REMINDERS:**

1. Please send proposed topics or written motions to be added to the agenda for future GSR teleconferences to Tonia M Chair ([tonia4moore@yahoo.com](mailto:tonia4moore@yahoo.com)).
2. A location for the 6<sup>th</sup> Annual Assembly (2015) is being sought. If your home group (or several home groups), is interested in hosting the next Assembly, please contact Chair Tonia M ([tonia4moore@yahoo.com](mailto:tonia4moore@yahoo.com)).
3. If any member is interested in assisting with various needed projects, or working on any portion of the Assembly, please email Christine Z ([ozarksnewhorizon@yahoo.com](mailto:ozarksnewhorizon@yahoo.com)).
4. To ensure that your home group's information is correct, please regularly check the following web sites: WSO ([www.nar-anon.org](http://www.nar-anon.org)) and Regional ([www.naranonmidwest.org](http://www.naranonmidwest.org)). If you have any closings (due to holidays) or other information of special note (accessibility, interpreters, etc.), please email Rod S ([rodsee1947@gmail.com](mailto:rodsee1947@gmail.com)) to add to your home group meeting information.
5. Please send any flyers for NA conventions or activities, where Nar-Anon has a presence, to Rod S ([rodsee1947@gmail.com](mailto:rodsee1947@gmail.com)) to be placed on our region web site.
6. To access the Members Only section of our web site see [www.naranonmidwest.org](http://www.naranonmidwest.org), GSR access code is nwr13. There you will find

valuable information to assist your home group members in carrying the message of experience, strength and hope to the public. You will also find prior GSR minutes, financial reports, agendas, Monthly Outreach Challenges and other important information to fulfill responsibilities as GSR.

Having no other business, the teleconference call was adjourned.

Next meeting: Saturday, April 19, 2014, at 9:00 a.m.

Respectfully submitted,

Luanne K  
Secretary Pro Tem