



## MWR February RSC Teleconf Minutes

**Saturday, February 2, 2019– 8 AM Central**

**Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#**

**(\*6 to mute phone; \*6 to unmute a muted phone)**

**Recording #170**

### **Chair call to Order 8:00 AM CST**

Open with the Serenity Prayer led by Dale

Tradition 2 and Concept 2 read by Dale

### **Roll Call: Cathy C**

Chair – Dale	Treasurer – Rod	Convention –
Vice Chair –	Delegate –	Outreach - Leanne
Secretary – Cathy C	Alt. Delegate – OPEN	Narateen -

### **Approval of Minutes:**

**MOTION:** Motion to accept Minutes from January 5, 2019 as written.

Motion to approve: Leanne

Seconded by: Rod

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 4 yes – 0 no – 0 abstain

Assembly minutes Oct 2018: Will be added GSR February call

### **Financial Report:** Treasurer, Rod

*(See Treasurer Report sent by Rod/Website to be reviewed with GSRs.)*

2 donations: IN Muncie & IN Bloomington

New meeting starter kits purchased: MO Kansas City (Saturday) & KS Topeka (Wednesday)

### **Outreach Report:** Outreach Committee Chair, Leanne

Reviewed World website looking for updates

Familiar w/ it makes it easy when questions are asked

### **Website Report:** Webmaster, Rod

3 new meeting in the last couple of months

MO Kansas City (Saturday)

MO Pleasant Valley - Narateen

KS Topeka (Wednesday)

Tips for meetings: separate under Member Service

IL O'Fallon sent information on their meeting format

Capture ideas during Open Mic

Cathy will pull with anonymity

A few months ago someone called Cathy & did not want their name with comments because they share with their group

Not password protected

### **Narateen Report:** Narateen Chair, Kathy S

No report

### **Convention Report:** Convention Committee Chair, Victoria

No report



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**Delegate Report:** Delegate, Theresa and Alternate Delegate, Open  
No report

### Old Business:

- Narateen on website
  - o Rod has added Kathy's meeting Pleasant Valley started first of Jan
    - Phone numbers are listed on Narateen meetings
    - Important for counselors so they can contact for information
  - o Narateen in IL Nakomis: Leanne will inquire with Pam - Nothing on their facebook page  
Nothing on WMR website - not listed on WSO website
  - o IL Palos Hills: has had some ups & downs - does not necessarily meeting weekly
  - o There was interest in Chesterfield but the teen that was attending Naranon meeting stopped attending - No follow through to start Narateen
  - o Rod will reach out to Kathy S for update
- Family Group Goals
  - o 9 goals - 6 as top priorities
    - 1 - How to start a meeting: Leanne - Rod
    - 2 - Review starter kit: Leanne - Rod
    - 3 - Increase member volunteerism
    - 4 - Local networking between FHG
    - 5 - September recovery month
    - 6 - Support for members when loved one in hospital/facilityOn list, but at the bottom:
    - 7 - Follow-up on closed meetings
    - 8 - Mentorship proximity and follow-up
    - 9 - Yard signs, banners, tablecloths for outreach
  - o Theresa sent email
    - Feels that 1-4 'need fall into one goal for new groups to be successful right out of the gate'
    - Leanne: Question the logistics of all being physically together to bring these 4 together  
Requires collaboration
    - Rod: #1 a bit more forceful to a commitment  
#2 been a few years & there is new literature  
Theresa brings up to look at the overall  
Been talking about Mentorship for years (old TNT)
    - Dale: Need to look at pieces first & that would reflect overall piece
    - Rod: Might be better to look at pieces  
Not so many closed meeting
    - Dale: Has decreased closed meetings an outcome of change of Mentorship program  
#1 & 2: primary foundation - committed members to work  
Then fold in # 3 & 4
    - Theresa: Surprised how meeting flounder - trouble understanding
    - Cathy: Mentorship across the board - an existing meeting does not mean it is healthy
    - Dale: Meeting starts from a healthy meeting, appear to be healthy also  
Attended a meeting that was told their meeting was not healthy but they like the way it is functioning - can't attract new members because focus is addict  
Leanne, Rod, Theresa start working # 1 & 2  
Mention in GSR meeting
    - Theresa: Great Open Mic question about FHG started their meeting



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- Dale: Great to attend other meetings
- o September Recovery Month
  - Get some suggestions out to GSR months before
  - Connects with other goal of contacting other local FHG
  - Speaker Jam - Pot luck
  - Gather in central place within region
  - Can also do something uniformed across region
    - Take to the streets or keep with membership
  - Community awareness event - Work with NA
  - Talk to local community leaders to put no subposium
  - Not our place to rescue - people need to ask for help - do they do not know they need help
- Update from Theresa and Leanne on new WSO quarterly outreach conf call Jan 27
  - o Internation
  - o Used Skype
  - o Leanne informed on call about Mentorship program
    - Will provide outline to RSC so it can be voted on
  - o Fundraising
    - No publishing outside group -OK within
  - o One hour

### New Business:

- How to remind GSR's that (thank you Theresa)
  - o 12 Steps are for individuals
  - o 12 Traditions are for group behavior
  - o 12 Concepts are for service
  - o Blue Book addresses it - MWR website paragraph
  - o Possible open Mic question
  - o Bulk of group should be focused to the Traditions - make us healthy
    - Group is where we practice to be different & better in our lives
- 10<sup>th</sup> Assembly-outside of business meeting, survey results say breakouts focused on individual recovery most important plus much more; will scan results in and send out (to Cathy C and Theresa?)

Conference call ended at 9:34 am CST

Respectfully submitted by Cathy C.