



## MWR GSR APRIL 2019 Telecon Minutes

**When: Saturday, April 20, 2019– 9A Central**  
**Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#**  
(\*6 to mute phone; \*6 to unmute a muted phone)  
**Recording #175**

### Chair call to Order 9:02 AM CST

Open with the Serenity Prayer led by Dale

Tradition 4 and Concept 4 read by Cathy

**Roll Call:** Cathy

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
IL Schaumburg	Ilene N (GSR)	MO Chesterfield	Clinton S (Alt GSR)
IL Evanston	Maria (GSR)	MO Maryland Heights	Laura D (GSR)
IL Villa Park	Christina G (GSR)	KS Topeka	Gerri A ( Alt GSR)
IL Geneva	Barb (GSR)	KS Shawnee	Judy L (GSR)
IL Elmhurst	Ruth M (GSR)	KS Topeka	Ruth R (GSR)
IL Vandalia	Leanne B (GSR & Outreach Chair)	KS Emporia	Carla D (GSR)
IL Homewood	Bill (GSR)	KS Atchison	Melisa (GSR)
RSC Delegate	Theresa	RSC Secretary	Cathy
RSC Chair	Dale	RSC Treasurer	Rod
IL Springfield	Marilyn (Alt GSR) joined meeting late		

### Approval of Minutes:

**MOTION:** Motion to accept Minutes from March 16, 2017 as corrected. Correction of spelling to Gerri from KS Topeka - Grammar errors - Correct spelling to MO Sikeston

Motion to approve:

Bill - IL Homewood

Seconded by: Carla - KS Emporia

No discussion - Unanimously approved

*Refer to attendees listed above*

Final tally: 15 yes – 0 no – 0 abstain



## MWR GSR APRIL 2019 Telecon Minutes

### **Financial Report:** Rod, Treasurer

*See Treasurer Report sent via email & posted on MWR website*

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Comments:

Donations: IL Evanston - KS Topeka (Sat) - MO St Peters - IL Rockford (Thur)

### **Outreach:** Leanne, Outreach Committee Chair

<https://www.nar-anon.org/events>

Conventions & Retreats

High School in IL Vandalia is doing a documentary titled 'A Heroin Project' May 2, 2019

Dale: NA & Naranon related events in our Region are listed on MWR website calendar

NA & Naranon related events in NOT in our Region are listed on WSO website

Not sponsored by NA & Naranon information can be sent out GSR to GSR / individual to individual. Must be vetted by RSC before sent out.

Judy - KS Shawnee: Opportunity to run a Naranon group at a national social work convention.

What is OK? Same weekend at Naranon MWR Regional Convention 2019

Dale: Anytime we have opportunity to put up a booth/table that is fine - Each group can decide on literature. Reachout to Leanne, Rod, Dale if need be - See if others can handle the social work convention

### **Conventions:** Victoria, Convention Committee Chair

No report

### **Website Report:** Rod, Web Committee Chair

No new groups

Three meetings closed: IL Rockford (Thur) - OK Tulsa - KS Wichita

Recording on website: Looking into the possibility of loading the call onto the sight

<https://www.naranonmidwest.org/member-services/conference-call-meeting-minutes/>

At the very bottom

Would need to override/vote past motion in 2011-2012, would not have recordings available to listen to

Concern was that deletion of recording was possible

Placing on website would bypass above issue

Would only previous last 2-3 months

Password needed: Depends where we place it. Rod feels we would probably want password protected

Password protection: There are currently 2 passwords. One for RSC & One for GSR

We now only have One password 'nmw13'

### **Narateen Report:** Kathy

No report

### **Delegate Report:** Theresa, Delegate

Theresa: No report

**Old Business (For your review, we will not discuss unless someone has questions)**



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1. Start planning on your involvement/participation in the 10<sup>th</sup> Midwest Region Assembly in the Chicago area next Oct 18-20, 2019
2. We are working on a way for GSR's to be able to listen to conference call recordings from our website
3. Fundraising for family groups
  - Theresa: Must be kept within NA or Naranon - Not in public
  - Can have a public fundraiser without NA or Naranon name
  - Dale: 'Guide to Local Service' 9.2
4. What expenses can be paid for with Naranon family group funds per suggested guidelines
  - Theresa: Not allowed to pay for the quality of speaker - Can only pay for travel & lodging
  - Dale: 'Guide to Local Service' 9.2
  - Theresa: 'Guide to Local Service' is a guide if it is not specified in the Traditions

### New Business

#### 1. GSR 'Open Microphone' –

What is going on in your meeting that you would like to discuss?

Judy - KS Shawnee: Local group hosting a retreat subject on detachment with love

'Detaching ABCs: Acceptance, Boundaries & Change'

Aug 3rd Holis renewal center

[https://www.naranonmidwest.org/calendar/action~month/exact\\_date~1564635600/c\\_at\\_ids~3,6,5,4/request\\_format~html/](https://www.naranonmidwest.org/calendar/action~month/exact_date~1564635600/c_at_ids~3,6,5,4/request_format~html/)

#### 2. Question of the month: Question of the Month Tradition 8 & Step 12

<https://www.naranonmidwest.org/newcomers-info/twelve-traditions/>

##### Sponsorship

Ruth - KS Topeka: Sponsorship is a big questions mark? - When I asked about a sponsor was told the group did not do that - No one had ever sponsored

Gerri - KS Topeka: Difficult when a new group starts up - Can you pursue at convention/assembly

Theresa: Did not ask for a sponsor until she started a Step Class - Questions hit you in the heart - Sponsors others - One on one relationship talking about Naranon - Pose questions to sponsee - Concentrated on person not addict - Teach sponsee how to help themselves - Back to Steps & Traditions - Personal trusted friend - Sponsee is responsible to keep relationship going/continuous - No harm stating relationship is not working out

Dale: How do I find a sponsor?

Theresa: As you attend meeting & you see someone that has what you want - Not many people are willing to be sponsors

Dale: By asking someone to be a sponsor might open the door to someone who mat never had thought of being a sponsor

Theresa: Step classes call each other Step brother/sister - Often we sponsor each other

Ruth - IL Elmhurst: When you hear people speak in a meeting that bring peace & serenity - Work Steps with sponsor/sponsee - Relationship you trust - Sponsee must want to work Steps - Sponsor does not have other people answers, can only share from personal experience -

Judy - KS Shawnee: Assisting with Step class - Get so much out of it

Rod: People have questions there 3 pamphlets from WSO & 2 sections on MWR website Working the Steps & Sponsorship

<https://www.naranonmidwest.org/sponsorship/>

#### 3. Next GSR Teleconference: Saturday, May 18th, 9AM Central



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Dale closed: thanks

Just for today: 'I will be happy. This assumes to be true what Abraham Lincoln said, 'Most folks are as happy as they make up their minds to be.'

Adjourned 9:56 CST

Respectfully submitted by Cathy

GSRs are ***invited*** and ***encouraged*** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:  
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann  
6239 Howe Drive  
Fairway, KS 66205

[www.naranonmidwest.org](http://www.naranonmidwest.org)

(The password for the Member Service section on the Midwest Website: nmw13)