



MWR GSR May 2019 Telecon Minutes

When: Saturday, May 18, 2019– 9A Central
Where: Free Conference Call, Dial 1-605-475-4700; Access code: 338671#
(*6 to mute phone; *6 to unmute a muted phone)
Recording #177

Chair call to Order 9:00 AM CST

Open with the Serenity Prayer led by Dale

Roll Call: Dale

Meeting Location - RSC Position	GSR	Meeting Location - RSC Position	GSR
MO Chesterfield	Debbie S (GSR)	IL Schaumburg	Ilene N (GSR) Terri S (Alt)
KS Atchison	Melisa (GSR)	KS Emporia	Carla D (GSR)
IL Vandalia	Leanne B (GSR - Outreach)	IL Villa Park	Christina G (GSR)
IL Homewood	Bill S (GSR)	IL DuQuoin	Maria (GSR)
KS Topeka	Geri A (Alt)	RSC	Dale (Chair)
IL Maryville	Kevin (GSR)	IL Geneva	Barb (GSR)
RSC	Rod (Treasurer-Web)	RSC	Theresa (Del)

Approval of Minutes:

MOTION: Motion to accept the Minutes from April 19, 2019 as written
Theresa spelling issues 4 - Minutes accepted per spelling corrections
Motion to approve: Bill - IL Homewood
Seconded by: Kevin - IL Maryville
No discussion - Unanimously approved
Final tally: 13 yes – 0 no – 0 abstain
Refer to attendees listed above

Financial Report: Rod, Treasurer

See Treasurer Report sent via email & posted on MWR website

<http://www.naranonmidwest.org/member-services/treasurers-reports/>

Comments:

One Donation: Emporia, KS

Outreach: Leanne, Outreach Committee Chair

<https://www.nar-anon.org/events> & <https://www.naranonmidwest.org/?s=outreach&id=m>

Will put together for RSC then can be shared with GSR

Document with information from other groups

List of materials & picture of mock up table Leanne uses on her table

GSR please inform Leanne on any events they are attending



MWR GSR May 2019 Telecon Minutes

Website Report: Rod, Web Committee Chair
KS Phillipsburg: Potential new meeting

Narateen Report: Kathy S, Narateen Chair
No report

Delegate Report: Theresa, Delegate
WSO is preparing for next WSC in 2020
Draft of Initial Traditions Booklet
Each of the 12 Traditions are listed along with examples
Sent out to GSRs about a week ago
Any comments please sent to Theresa by the end of May
Motions will be voted on in Spring of 2020 by FHG

Conventions: Victoria, Convention Committee Chair

Old Business (For your review, we will not discuss unless someone has questions)

1. 10th Annual Assembly
 - a. Oct 18-20 2019
 - b. Addison Hampton Inn- IL Addison
2. Retreat KS Shawnee
 - a. August 3, 2019
 - b. https://www.naranonmidwest.org/event/2019-kc-retreat/?instance_id=101555
3. Recording of GSR meeting on MWR website
 - a. Bottom of the minutes one recording is loaded for testing
 - b. Three recordings loaded at a time
 - c. Vote about 6 years ago that phone call would not be loaded on MWR website
 - d. Would like GSR members to listen to recording
 - e. Send comments to Rod or Cathy
 - f. Vote next month to decide if we should move forward & load
 - g. Comments
 - Ilene: Brings up anxiety - Possibility of invasion of privacy - Do not want anything she says recorded & on a website - Can we just share with one person who is not able to attend
 - Rod: Main reason we bring this up, we have one GSR that is not able to attend the CSR call & wants to participate

New Business

1. GSR 'Open Microphone' –
 - Dale: My son is living with him - Brings females to the house - Drew line that particular female in his home - Female has passed - Son does not want Dale at funeral - Struggling with setting of boundary Dale set for himself - Son is now sharing information on female & sons relationship
 - Leanne: Attending funeral - Father may need you



MWR GSR May 2019 Telecon Minutes

Ilene: When situations like this come up with her son, it is usually him transferring his pain & anger onto her - More him working through it - Would have done what Dale did

Geri: Many people chose not to live with their qualifier - Brought qualifier back to home because she was pregnant, but that did not work so she had to find her own place She decided to clean up her act without more helping by her - Our serenity & program is the only thing we can control

2. Question of the month: Tradition 9

<https://www.naranonmidwest.org/newcomers-info/twelve-traditions/>

'Our groups, as such ought never to be organized, but we may create service boards or committees directly responsible to those they serve.'

Parts where we interact with each other ought not be organized - love, caring, compassion
No right way - no wrong way

Each group gets to choose for themselves how to do what needs to be done to keep group alive & functioning

Everything is a guide except for you can not break a Tradition - That is what holds us together

Question is not who is doing service right/correctly. It is, what your group is doing to getting your needs met, working? Do you have the service volunteers for what you need to take care of in your groups? DO you have a system in place that works? Have you had to create service boards or committees? Do you have a group leader, treasurer-secretary? If you don't have these, how do you run your group so it works for you?

Ilene: I have an old established group - Couple started the group - They are everything to the group - Took a long time for them to allow a GSR - She is the first & only GSR - Difficult situation & tread lightly - Couple did not want outside of Naranon in - Ilene has been able to create structure - Outreach is a huge issue - Lost a lot of newcomers - Newcomers are sort of attacked - Not too many volunteer Had a large room & we were not getting the attendance, so they moved us to a tiny room without group conscious - Have not had a newcomer since - Ilene has spoken to person & he has said if people do not like the meeting they can go to another or start their own - Uncomfortable to bring things up - Ilene would have quit if it was not for GSR calls

Kevin: Our group is pretty much the same way - There was a GSR but did not know she was a GSR until the day she said she did not want to continue in that role - Have to be delicate - Changes will only be made over the long haul - Bullying, had to pull that person aside to talk to - Reached out to newcomers to explain about person

Theresa: Destructive member is another opportunity where there is a service need - Someone has to take that role to deal with it - If not dealt with will fester Deal with issue as it is having a negative effect on the group - Depends on what type of meeting you are introduced to

Dale: At the beginning had perception that it was the responsibility of the person who led the meeting if there was a disruptor they need to reign them in - It is our meeting so we each have the responsibility to step up - Outreach so important for those who do not come through the doors - How to keep new members coming back - Sometimes we need to step aside so another has the opportunity to step in

Geri: If meeting is not healthy will not attract newcomers - Question of autonomy- Created a meeting agenda, anyone can lead a meeting

Theresa: Anyone found a solution that is unusual but working for your group. Does



MWR GSR May 2019 Telecon Minutes

anyone sharing roles?

Bill: Groups tend to go through cycles - Service, let people do what they will do - Meeting has been around for about 20 years

4. Next GSR Teleconference: Saturday, June 15th, 9AM Central

Dale closed: thanks

Just for today: 'I will be happy. This assumes to be true what Abraham Lincoln said, 'Most folks are as happy as they make up their minds to be.'

Adjourned 10:00 CST

Respectfully submitted by Cathy

GSRs are **invited** and **encouraged** to eMail any RSC member with discussion topic recommendations for next month's agenda prior to the first Saturday of the month.

Donations to the Region should be made payable to "Midwest Region of Nar-Anon" and forwarded to:
(Please do NOT write "Nar-Anon" on the envelope)

Mr. Rod Seemann
6239 Howe Drive
Fairway, KS 66205

www.naranonmidwest.org

(The password for the Member Service section on the Midwest Website: nmw13)